

Reference:	FOI.19974.26
Subject:	Life support
Date of Request:	20 March 2026

Requested:

1. Is Basic Life Support course mandatory for the medical professionals working for the Health Board?
2. How many courses per year does your Resus Training Department deliver?
3. What percentage of doctors/nurses/midwives and other allied health professionals have done BLS training in the last 1 year?
4. What percentage of your medical personnel have profession specific Advanced Life Support (ALS) training?
5. What is the required frequency for statutory BLS training?
6. What incentives or measures has the trust adopted to encourage annual BLS training for medical professionals with patient facing duties (no pay progression if mandatory training not completed, departmental sessions, ESR alerts, managerial supervision of mandatory training etc)?
7. Does the organisation require resus teams to have Advanced Life Support training?

Response:

1. Hywel Dda University Health Board (UHB) confirms it does provide Basic Life Support (BLS) mandatory courses to medical professionals.
2. The UHB provides within the table below, the approximate number of courses delivered by the Resus Training Department within a year. BLS is covered within each of the courses delivered.

Course Type	Number
Resuscitation Level 2 Course:	
Adult	500
Paediatric	100
Resuscitation Level 3 Course:	
Adult	330
Paediatric	50
National Course:	
Advanced Life Support (ASL)	15
European Paediatric Advanced Life Support (EPALS)	2
Newborn Life Support (NiLS)	2

3. The UHB provides within the table below, the percentage of doctors/nurses/midwives and Allied Health Professionals (AHP) who have participated in BLS training, as at 28 February 2026.

Staff Group	Percentage
Nursing and Midwifery	60%
Medical	10%
AHP	45%

4. The UHB does not hold this information as it is not a requirement to detail this information on ESR. Furthermore, there is no mechanism for medical personnel to report on whether they hold this qualification.
5. The UHB confirms all clinical staff should undertake annual updates of their BLS training. Furthermore, 'hands-on' simulation training and assessment is also recommended.
6. The UHB confirms it does not offer any additional incentives to medical staff to be compliant with this mandatory training. However, the Electronic Staff Record (ESR) does record mandatory training compliance, which is monitored by line managers/departmental leads. Furthermore, the Resus Training Department has started to offer departmental training sessions across all four (4) acute hospital sites to encourage uptake.
7. The UHB confirms that all medical staff within the Medical Emergency Team are required to be ALS accredited.