

<b>Reference:</b>	FOI.19614.26
<b>Subject:</b>	Menopause care
<b>Date of Request:</b>	15 February 2026

**Requested:**

1. Policy and pathways

1a. Does your Trust have a written policy, guideline, or clinical pathway addressing menopause symptoms in patients treated for breast cancer?

- Yes / No
- If yes, please provide the document or a web link.

1b. Is menopause care for breast cancer patients addressed within:

- a. Breast cancer service guidelines
- b. Oncology service guidelines
- c. Menopause service guidelines
- d. Not formally addressed

2. Service provision

2a. Does your Trust provide specialist menopause support specifically for patients with a history of breast cancer?

- Yes / No

2b. If yes, which of the following are available? (Please tick all that apply)

- Dedicated menopause clinic
- Joint oncology–gynaecology clinic
- Breast cancer nurse–led service
- Referral to general menopause clinic
- External referral only

3. Staffing and expertise

3a. Are any of the following routinely involved in menopause management for breast cancer patients?

- Breast care nurses
- Oncologists
- Gynaecologists
- GPs with special interest in menopause
- Menopause specialist nurses
- Sexual health specialist (including clinician/oncologist trained in sexual health and wellbeing)
- Other, please specify.....

3b. Does your Trust provide specific training or education on menopause management in breast cancer patients for clinical staff?

- Yes / No

4. Patient information and support

4a. Does your Trust provide written or digital patient information, other than publicly available information, specifically addressing menopause symptoms after breast cancer treatment?

- Yes / No
- If yes, please provide copies or links.

5. Data collection and audit

5a. Does your Trust routinely collect or audit data on menopause symptoms or menopause-related quality of life in breast cancer patients?

- Yes / No

5b. Has your Trust conducted any audit, service evaluation, or quality improvement project related to menopause care in breast cancer patients in the last 3 years?

- Yes / No
- If yes, please provide the title and date.

**Response:**

1a. Hywel Dda University Health Board (UHB) confirms it does not have a written policy, guideline or clinical pathway addressing menopause systems in patients treated for breast cancer. However, the UHB does adhere to the British Menopause guidelines.

1b. The UHB confirms menopause care for breast cancer patients is addressed within its breast cancer service guidelines, oncology service guidelines and menopause service guidelines. Furthermore, there is a formal menopause service that sits within the Sexual Health Service. This service is supported by three (3) Specialist Practitioners accredited by the British Menopause Society.

2a. The UHB confirms it does provide specialist menopause support specifically for patients with a history of breast cancer. There is first line support available within the Breast Service from the Breast Team, with a Breast Cancer Surgeon having a special interest in menopause. Additionally, Breast Cancer Clinical Nurse Specialists (CNS'), Oncology CNS' and Cancer Pharmacists operate a weekly menopausal side effects clinic which started in February 2026. If more specialist support is required for the individual, they are referred to the Specialist Menopause Service.

2b. Further to the response provided within 2a, the UHB provides a list of clinics that apply:

- Dedicated menopause clinic
- Referral to general menopause clinic

3a. The UHB provides a list of any staff members involved in menopause management for breast cancer patients below:

- Breast cancer nurses
- Oncologists
- Breast Surgeons
- Gynaecologists
- GPs with special interest in menopause
- Sexual health specialist (including clinician/oncologist trained in sexual health and wellbeing)

- 3b. The UHB confirms it does not provide specific training or education on menopause management in breast cancer patients for clinical staff.
- 4a. The UHB confirms it does not provide written or digital patient information, other than publicly available information, specifically addressing menopause symptoms after breast cancer treatment.
- 5a. The UHB confirms it does not routinely collect or audit data on menopause symptoms or menopause-related quality of life in breast cancer patients.
- 5b. The UHB confirms it has not conducted any audit, service evaluation, or quality improvement project related to menopause care in breast cancer patients in the last three (3) years.