

<b>Reference:</b>	FOI.9753.22
<b>Subject:</b>	Mental Health (MH) therapy/counselling waiting lists
<b>Date of Request:</b>	30 August 2022

**Requested:**

1. How many individuals were on a waiting list to receive mental health therapy/counselling within your health board on
  - a. 01/08/2022;
  - b. 01/08/2021;
  - c. 01/08/2020;
  - d. 01/08/2019;
  - e. 01/08/2018?
2. Between 01/08/2020 and 01/08/2022, how long did it take, on average, for an individual to receive mental health therapy/counselling within your health board?

**Response:**

1. Hywel Dda University Health Board (UHB) provides, within the table overleaf, the number of individuals on a waiting list to receive MH therapy/counselling, as recorded at 1 August for the years 2018 to 2022.

<b>Period</b>	<b>Number</b>
1 August 2018	1,075
1 August 2019	937
1 August 2020	1,015
1 August 2021	1,122
1 August 2022	1,041

2. The UHB confirms that during the period 1 August 2020 and 1 August 2022, the average wait to receive MH therapy/counselling was fifty four (54) weeks.