

Reference:	FOI.3976.20
Subject:	Mental health referrals
Date of Request:	11 September 2020

Requested:

1. The number of referrals to each tier of your mental health services, by month, for 2020 to date.
2. The number of referrals to each tier of your mental health services, by month for 2019.
3. The number of discharges from each tier of your mental health services, by month, for 2020 to date.
4. The number of discharges from each tier of your mental health services, by month for 2019.
5. The current waiting list for initial assessments in each tier of mental health services.
6. The current waiting list for each specialism (eg community psychiatric nurse, psychologist, psychiatrist) in each tier of mental health services – i.e. if someone was referred to a service today, how long would it take for the required intervention/course of treatment/sessions to begin?

Please include figures separately for CAMHS and adult services.

Response:

Hywel Dda University Health Board (UHB) is unable to provide you with all of the information requested as it is estimated that the cost of answering your request would exceed the “appropriate level” as stated in the Freedom of Information (Fees and Appropriate Limit) Regulations 2004. The “appropriate level” represents the estimated cost of one person spending 18 hours or (2 ½ working days) in determining whether the UHB holds the information, and locating, retrieving and extracting the information.

In order to provide you with all of the requested information, the UHB would need to undertake a manual trawl of all Child and Adolescent Mental Health Service (CAMHS) and Adult Mental Health (AMH) records to identify any information that fulfils your request. The UHB’s Mental Health services are currently implementing a new electronic patient administration system; as a result, not all information is recorded centrally at this time.

The UHB is therefore applying an exemption under Section 12 of the Freedom of Information Act 2000 (FOI), which provides an exemption from a public authority’s obligation to comply with a request for information, where the cost of compliance is estimated to exceed the appropriate limit.

Under section 16 of the FOI, we are required, as a public authority, to provide advice and assistance so far as it is reasonable, to individuals who have made a request under the FOI and therefore can provide you with some of the information requested.

1. The UHB provides, within the tables below, the number of referrals to Tier 1, Primary Care and Tier 2, Secondary Care for CAMHS and AMH services, by month, for the period requested.

CAMHS		
2020 to date	Tier 1	Tier 2
January	96	51
February	108	46
March	91	53
April	42	7
May	67	9
June	67	33
July	83	47
August	86	33
Total	640	279

AMH				
	Tier 1	Tier 2		
2020 to date		Community MH teams	Crisis teams	Inpatient admissions
January	355	715	376	68
February	349	630	382	66
March	365	452	339	60
April	143	248	239	43
May	116	345	319	60
June	145	474	339	81
July	208	491	298	54
August	*Data currently unavailable – Section 12			
Total	1,681	3,355	2,292	432

2. The UHB provides, within the tables below, the number of referrals to Tier 1 and Tier 2 for CAMHS and AMH services, by month, for the period requested.

CAMHS		
2019	Tier 1	Tier 2
January	95	59
February	104	38
March	113	27
April	80	44
May	113	36
June	99	44
July	114	44
August	73	23
September	130	41
October	129	52
November	128	40
December	88	46
Total	1,266	494

AMH				
	Tier 1	Tier 2		
2019		Community MH teams	Crisis teams	Inpatient admissions
January	434	378	429	89
February	454	615	368	69
March	451	629	388	70
April	375	590	389	69
May	389	618	396	63
June	445	635	395	62
July	367	649	385	53
August	364	567	344	62
September	350	631	374	53
October	491	733	407	60
November	442	610	380	63
December	339	489	309	58
Total	4,901	7,444	4,564	771

3. The UHB does not hold a central record of CAMHS discharges; however, the total number of CAMHS discharges during the 2020/21 financial year to date is two hundred and fifty-nine (259).

Additionally, the UHB provides, within the table below, the number of AMH discharges for Tier 1 and Tier 2, by month, for 2020 to date as requested.

AMH				
	Tier 1	Tier 2		
2020 to date		Community MH teams	Crisis teams	Inpatient discharges
January	376	606	374	67
February	438	467	374	67
March	534	444	376	89
April	326	406	230	55
May	107	331	337	44
June	109	324	329	73
July	145	300	300	49
August	*Data currently unavailable – Section 12			
Total	2,035	3,018	2,320	444

4. The UHB does not hold a central record of CAMHS discharges; however, the total number of CAMHS discharges during the 2019/20 financial year was one thousand two hundred and eighteen (1,218).

Additionally, the UHB provides, within the table below, the number of AMH discharges for Tier 1 and Tier 2, by month, for 2019 as requested.

AMH				
	Tier 1	Tier 2		
2019		Community MH teams	Crisis teams	Inpatient discharges
January	435	648	430	96
February	368	614	363	65
March	439	657	387	60
April	458	631	406	80
May	371	668	390	56
June	385	593	384	51
July	414	733	363	58
August	400	603	362	57
September	322	644	372	63
October	384	680	390	60
November	423	632	387	56
December	393	782	324	60
Total	4,792	7,885	4,558	762

5. The UHB is unable to provide you with current waits for AMH services due to the transition to a new system. However, the UHB can confirm that the CAMHS' current waiting time for an initial routine assessment is four (4) weeks and for urgent assessment its forty-eight (48) hours.
6. The UHB confirms that dependent on a variety of factors, specific intervention can vary from one (1) day to six (6) months for CAMHS. However, all CAMHS patients on the waiting lists are contacted regularly for updates.

The average waiting time for an AMH assessment to the Primary Care (PC) team is sixteen (16) days. Crisis teams aim to see urgent referrals in four (4) hours and non-urgent referrals in twenty-four (24) hours. As of July 2020, 96.5% of PC referrals were seen within the target time of 28 days.