

Reference:	FOI.17485.25
Subject:	Mental Health Services (MHS) relating to unemployment
Date of Request:	3 June 2025

Requested:

I kindly request the following information for the years 2023, 2024 and 2025 (January - end of May 2025).

If you do not collect or cannot provide data for one of the categories below, please provide data for the categories that you do or can provide data for.

1. The number of individuals referred to NHS mental health services broken down by month.

Of those identified please specify:

- a. Age category
- b. Employment status
- c. Those not in Education, Employment or Training
- d. Source of referral (e.g. GP, job centre, self-referral)

2. The number of crisis admissions or interventions related to unemployment or job loss

3. The number of hospital admissions or A&E presentations for self-harm or attempted suicide

Of those identified please specify:

- a. Employment status
- b. Those not in Education, Employment or Training (NEET)

4. Any internal reports, studies, or audits since 2022 examining the mental health impacts of unemployment or economic hardship.

Response:

Hywel Dda University Health Board (UHB) is unable to provide you with all of the information requested, as it is estimated that the cost of answering your request would exceed the “appropriate limit” as stated in the Freedom of Information Act 2000 and the Data Protection (Appropriate Limit and Fees) Regulations 2004. The “appropriate limit” represents the estimated cost of one person spending 18 hours (or 2½ working days) in determining whether the UHB holds the information, and locating, retrieving and extracting the information.

To provide you with the data requested for question 2, the UHB would need to undertake a manual trawl of all crisis assessments for the requested periods, to identify any information that may fulfil your request, as it is not recorded centrally.

The UHB is therefore applying an exemption under Section 12 of the Freedom of Information Act 2000 (FoIA), which provides an exemption from a public authority’s obligation to comply with a request for information where the cost of compliance is estimated to exceed the appropriate limit.

However, under Section 16 of the FoIA, the UHB has a duty to provide advice and assistance. Therefore, the UHB provides the accessible information it holds below.

Where the figures in the tables have been replaced with an asterisk (*), the UHB is unable to provide you with the exact number of patients due to the low number of cases (less than 5), as there is a potential risk of identifying individuals if this was disclosed. The UHB is therefore withholding this detail under Section 40(2) of the FoIA. This information is protected by the Data Protection Act 2018 (DPA)/UK General Data Protection Regulations (UK GDPR) as its disclosure would constitute unfair and unlawful processing and would be contrary to the principles and articles of the UK GDPR. This exemption is absolute and therefore, there is no requirement to apply the public interest test.

In reaching this decision, the DPA and UK GDPR define personal data as data that relates to a living individual who can be identified solely from that data or from that data and other information, which is in the possession of the data controller.

1. The UHB does not hold the information requested for questions for b and c. However, provided within the table overleaf is the number of individuals referred to MHS, by age group and source of referral, during the 2023 and 2024 calendar years and the period 1 January to 31 May 2025.

Calendar year	2023			2024			2025		
	Under 18	18-64	65+	Under 18	18-64	65+	Under 18	18-64	65+
111 Service	56	434	41	156	732	58	58	346	31
Accident and Emergency (A&E)	436	1,732	117	299	1,833	171	82	667	58
Admiral Nurse - Community Hospital	0	*	6	0	*	14	0	0	*
CAMHS	211	*	0	245	9	0	115	5	0
Care Home	0	21	11	0	16	23	0	5	10
Clinical Nurse Specialist	0	6	*	*	8	*	0	*	*
Community Mental Health Team (CMHT)	0	334	44	6	473	83	*	262	34
Community Health	*	36	*	*	19	*	*	7	*
Consultant	93	28	65	138	47	71	40	21	27
Consultant - Other Trust	0	8	7	0	8	8	0	*	*
Courts Police & Probation	0	75	9	*	32	5	0	14	*
Community Psychiatric Nurse	5	41	*	*	18	8	0	7	0
Dietitian	*	7	*	0	11	0	0	*	*
Drugs and Alcohol Service	0	35	*	0	25	*	0	25	0
Family or Friends	0	*	0	0	*	*	0	*	*
GP	1,309	7,730	2,884	1,214	7,097	2,841	486	2,769	1,145
Health Visitor	0	6	0	*	*	0	0	*	0
Memory Assessment Service	0	*	*	0	*	21	0	*	5
Mental Health Crisis Team	77	145	9	82	113	16	21	45	*
Intensive Psychological Therapies Service Team	0	65	*	*	82	*	0	27	*

Mental Health Liaison Team	0	570	73	*	417	73	*	192	27
Local Primary Mental Health Service	94	237	8	114	286	25	24	106	7
Older Adult Mental Health CMHT	0	5	25	*	11	31	0	*	27
Occupational Therapist	*	10	*	*	*	0	0	*	0
Other	146	301	32	186	492	55	58	174	25
Pain Management Clinic	0	6	*	0	22	*	0	6	0
Physiotherapist	0	*	0	0	5	*	0	5	0
Psychologist	5	13	5	*	19	*	0	8	*
School	208	*	0	168	*	0	63	0	0
Self referral	0	130	60	*	119	71	0	57	27
Social Services	75	128	20	92	98	24	42	40	11
Specialist Nurse	*	7	*	5	13	*	0	*	0
Speech and Language Therapist	0	*	0	*	5	0	0	0	0
Wards	29	602	498	84	636	571	25	223	218
Welsh Ambulance Services University NHS Trust	0	6	*	*	*	*	0	0	*
Total	2,751	12,738	3,938	2,810	12,667	4,189	1,019	5,028	1,670

2. Section 12 exemption applied.

3. The UHB does not hold the information requested for questions for a and b. However, the UHB provides the number of hospital admissions or A&E presentations for attempted suicide or deliberate self-harm, during the 2023 and 2024 calendar years and the period 1 January to 31 May 2025.

Calendar year	Number
2023	440
2024	390
2025	129

4. The UHB does not hold the requested information.