

Reference:	FOI.10000.22
Subject:	Mental health services
Date of Request:	11 October 2022

Requested:

1. Please can you provide information on the current **wait time to access mental health services** in your Trust, by the number of days/weeks between initial referral to receiving the support.
2. Please can you provide information on **how many people are currently on your waiting list** to access mental health support?
3. Please can you also provide the number of referrals to mental health services made **for young adults aged 16-25**:
 - a. Per month for 2022 (year to date), 2021, 2020, 2019, 2018
 - i.If a breakdown by month is not possible, please provide a breakdown by year or year to date

Clarification

1. Please can you provide the wait times for September this year from referral to first appointment for adults.
2. Please can you provide figures for adults mental health.
3. Please can you provide data for all mental health related services you offer, can these be broken down by service type?

Response:

1. The table below provides the wait time for each adult mental health service within Hywel Dda University Health Board (UHB). Where there is no wait list as such for the service, the UHB has provided the percentage of patients seen within the target.

Service	Wait time
Adult Integrated Autism Service	88 weeks
Adult Integrated Psychological Therapy Service	63 weeks
Adult Local Primary Mental Health Service	93.6% seen within 28 days
Adult Crisis Resolution Teams	96% seen within 24 hours
Adult Community Mental Health Teams	4 to 6 weeks

2. The table below provides the total number of patients waiting for each of the UHB's adult mental health services as at 31 August 2022.

Service	Number waiting
Adult Integrated Autism Service	1,230
Adult Integrated Psychological Therapy Service	912
Adult Local Primary Mental Health Service	Waiting list numbers not held

Adult Crisis Resolution Teams	The CRT do not have a waiting list for urgent referrals
Adult Community Mental Health Teams	78

3. The UHB has provided the number of referrals received for patients aged 16-25 years for each of its mental health services within the attached spreadsheet, Attachment 1.