

Reference:	FOI.2095.19
Subject:	Mental health treatment waiting list for adults
Date of Request:	4 December 2019

Requested:

1. What is the current waiting list for Mental Health treatment for adults (from 18 upwards) at your University Health Board? (Should this be broken down into divisions/counties please provide the waiting list for each division/county.) **
2. What is the current average waiting time to be seen by a Psychologist/Therapist in your Health Board? Should services be broken down into counties/divisions please provide a breakdown of the average waiting time in each county/division.)**
3. What is the longest length of time an individual patient has waited for mental health treatment in the past three years? 2016 - present. Please provide a breakdown for each county/division.**

** e.g. Hywel Dda health board is separated into counties - Carmarthenshire, Ceredigion, Pembrokeshire and Betsi Cadwaladr is split into 3 divisions (East, central and West.) **

Response:

1. Hywel Dda University Health Board (UHB) provides within the table below the current waiting list times and numbers for the commencement of adult mental health (MH) treatments:

Current waiting times	Numbers
0-11 weeks	488
12-17 weeks	142
18-25 weeks	218
26-35 weeks	172
36-51 weeks	170
Over 52 weeks	317

2. The UHB confirms the average waiting time to see a psychologist or therapist for psychological therapies is 27 weeks.
3. The UHB provided within the table below, the longest individual wait time for mental health treatments in weeks for the periods requested to date:

Calendar year	Wait in weeks
2016	158
2017	169
2018	154
2019	138