

<b>Reference:</b>	FOI.13568.24
<b>Subject:</b>	Mental Health waiting lists
<b>Date of Request:</b>	15 January 2024

**Requested:**

The requested period is the most current available or the most recent position.

Child and Adolescent Mental Health Services (CAMHS) Assessment:

1. What is the current number of people waiting for a CAMHS assessment?
2. What is your average waiting time for CAMHS treatment?
3. Who is the person responsible for managing these waiting lists?
4. Has Hywel Dda used independent providers to carry out work on the waiting list?

Neurodevelopment Assessment:

5. What is the average waiting time for a Neurodevelopmental assessment for children and adults?
6. What is the current number of children and adults waiting for a Neurodevelopmental assessment?
7. Who is the person responsible for managing this waiting list?
8. Has Hywel Dda used independent providers to carry out work on the waiting list?

Psychological Therapies:

9. What is the average waiting time for psychological therapies?
10. What is the current number of adults awaiting psychological therapy?
11. Who is the person responsible for managing this waiting list?
12. Has Hywel Dda used independent providers to carry out work on the waiting list?

**Response:**

Hywel Dda University Health Board (UHB) is unable to provide you with all of the information requested for question 5, as it is estimated that the cost of answering your request would exceed the “appropriate limit” as stated in the Freedom of Information and Data Protection (Appropriate Limit and Fees) Regulations 2004. The “appropriate limit” represents the estimated cost of one person spending 18 hours (or 2½ working days) in determining whether the UHB holds the information, and locating, retrieving and extracting the information.

The UHB does not centrally record information relating to Attention Deficit Hyperactivity Disorder (ADHD) assessments for Children and Young People (CYP). Therefore, in order to provide you with

all of the requested data for question 5, the UHB would need to undertake a manual trawl of all CYP patient records, to identify the information that would fulfil this part of your request.

The UHB is therefore applying an exemption under Section 12 of the Freedom of Information Act 2000 (FoIA), which provides an exemption from a public authority's obligation to comply with a request for information where the cost of compliance is estimated to exceed the appropriate limit.

However, under Section 16 of the FoIA, we are required as a public authority, to provide advice and assistance so far as it is reasonable to individuals who have made a request under the FoIA. Therefore, the UHB provides the accessible information it holds below.

1. The UHB confirms that the current number of CYP waiting for a Child and Adolescent Mental Health Services (CAMHS) assessment is sixty-seven (67).
2. The UHB confirms that the current average wait for CAMHS treatment is fifteen (15) weeks.
3. The UHB confirms that the Assistant Director of Mental Health and Learning Disabilities (MH&LD) and the Service Delivery Manager collectively have responsibility for managing the CAMHS waiting lists.
4. The UHB confirms that it has not used independent providers for its CAMHS waiting lists.
5. A Section 12 exemption has been applied for the CYP ADHD information. However, under Section 16 of the FoIA, the UHB provides, within the table below, the current average wait for a Neurodevelopmental assessment for adults and CYP for Autism Spectrum Disorder (ASD) and ADHD for adults.

	<b>ASD</b>	<b>ADHD</b>
Adult	84 weeks	73 weeks
CYP	89 weeks	Section 12

6. The UHB provides, within the table below, the current number of for adults and CYP awaiting a Neurodevelopmental assessment for ASD and ADHD.

	<b>ASD</b>	<b>ADHD</b>
Adult	1,632	2,440
CYP	2,918	485

7. The UHB confirms that the Assistant Director of Mental Health and Learning Disabilities (MH&LD) and the Service Delivery Manager for the individual service areas have responsibility for managing the adult and CYP ASD and adult ADHD waiting lists. The responsibility for the CYP ADHD waiting list is with the Consultant Community Paediatricians and the Service Delivery Manager for Community Paediatrics.
8. The UHB confirms that it has used independent providers for its adult and CYP ASD waiting lists. However, it has not used independent providers for its adult and CYP ADHD waiting lists.
9. The UHB confirms that the waiting time for Psychological Therapies is dependent on which modality waiting list a client is placed upon, as the service offers several types of therapy, including Cognitive Behavioural Therapy (CBT), Narrative Exposure Therapy (NET), Dialectical

Behaviour Therapy (DBT), Integrative, Schema, Systemic, etc. However, the UHB can confirm that there is currently a twelve (12) month waiting list for CBT therapy; to support those on the CBT waiting list, group therapy sessions are being introduced.

10. The UHB confirms that the current number of adults waiting for a Psychological Therapy assessment is nine hundred and thirteen (913).
11. The UHB confirms that the Assistant Director of Mental Health and Learning Disabilities (MH&LD) and the Service Delivery Manager collectively have responsibility for managing the adult Psychological Therapy waiting lists.
12. The UHB confirms that it has outsourced Eye Movement Desensitisation and Reprocessing (EMDR) to an external provider for its Psychological Therapies waiting lists.