

Reference:	FOI.20577.26
Subject:	Outsourced Mental Health Services (MHS)
Date of Request:	2 June 2026

Requested:

1. In the last 6 months (**December 25 - May 26**), please confirm if any Mental Health services have been outsourced.
2. If yes, please confirm:
 - a. The service provided e.g. ADHD, Autism etc (please provide breakdown for each service if applicable and include any alternative services such as yoga, pilates etc)
 - b. The name of the company each service was outsourced to
 - c. Is there a contract in place and the length of contract for each service provided (if applicable)
 - d. The value of each service in the last 6 months
3. Please confirm how this contract was procured E.G Tender, Direct Award etc
4. Please provide an email and contact name within the outsource provider

Response:

Hywel Dda University Health Board (UHB) has applied an exemption under Section 21 of the Freedom of Information Act 2000 (FOIA), as the information requested is already within the public domain and is accessible by another means. The UHB has answered a similar Freedom of Information request, FOI.19079.25 - Outsourcing Mental Health services, which is available on our disclosure log.

A link to the UHB's disclosure log webpage has been provided below.

[Disclosure Log - Hywel Dda University Health Board \(nhs.wales\)](https://www.nhs.uk/disclosure-log)

Please note:- when using the search function please search by title.