

<b>Reference:</b>	FOI.19079.25
<b>Subject:</b>	Outsourcing Mental Health services
<b>Date of Request:</b>	10 December 2025

**Requested:**

1. In the last 6 months (June 25- November 25), please confirm if any Mental Health services have been outsourced:
2. If yes, please confirm:
  - a. The service provided E.G ADHD, Autism etc (please provide breakdown for each service if applicable)
  - b. The name of the company each service was outsourced to
  - c. Is there a contract in place and the length of contract for each service provided (if applicable)
  - d. The value of each service in the last 6 months
3. Please confirm how this contract was procured E.G Tender, Direct Award etc
4. Please provide an email and contact name within the outsource provider

**Response:**

Hywel Dda University Health Board (UHB) has applied an exemption under Section 43 of the Freedom of Information Act 2000 (FoIA) to part of question 2, as the requested costs are outsourced contract costs relating to third parties and disclosure would be prejudicial to their commercial interests. Section 43(2) exempts information, where disclosure would or would be likely to prejudice the commercial interests of any company.

Commercial interests may be prejudiced where disclosure would, or would be likely to:

- Weaken a company's position in a competitive environment by revealing market sensitive information or information of potential usefulness to its competitors.
- Damage a company's business reputation or the confidence that customers/users, suppliers or investors may have in it.

This exemption is qualified; therefore, even if information falls within Section 43, public authorities must then apply the public interest test set out in Section 2(2)(b).

The information can only be withheld if the public interest in maintaining the exemption outweighs the public interest in disclosure.

The UHB has therefore considered the following:

**In favour of disclosure:** There is a public interest in transparency and in the accountability of public funds. Furthermore, it is in the public's interest that public funds be used effectively and that public sector bodies obtain the best value for money when contracting for the provision of services.

**Against Disclosure:** Disclosure of this information would have a direct impact and may cause substantial harm to the provider, as it would disclose their pricing, and it would be likely that this would damage their ability to work within a highly competitive sector. The information being requested is likely to be used by their competitors to gain a competitive advantage.

**Decision:** - The UHB has decided that releasing all of the information under the FoIA, to which the UHB is subject, will give an unfair advantage to the provider’s competitors. The UHB believes that there is wider established public interest in companies not being prejudiced merely because they have contracted with a public sector body, and that there is a public interest in ensuring that there is competition for public sector contracts.

The UHB considers that the public interest in withholding the contract costs for its outsourced mental health service providers, is greater than the interest in disclosing it.

However, whilst operating in accordance with the Section 45 Freedom of Information Code of Practice, the UHB has a duty to provide advice and assistance. Therefore, the UHB provides the information it holds in relation to the remainder of your request below.

1. The UHB confirms it has outsourced some mental health services between 1 June and 30 November 2025.
2. The UHB provides within the table below a list of the mental health services outsourced between 1 June and 30 November 2025, including the name of the contracted provider and the length of the contract.

Service	Provider	Contract Length	End date
Perinatal	Pembrokeshire Mind	48 Months	March 2027
Employment and Training	Pembrokeshire Mind	48 Months	March 2027
Employment and Training	Links	48 Months	March 2027
Learning Disability	Carmarthenshire People First	48 Months	March 2027
Learning Disability	Pembrokeshire People First	48 Months	March 2027
Community Advocacy	Advocacy West Wales	48 Months	March 2027
Wellbeing support	West Wals Action for Mental Health (WWAMH)	48 Months	March 2027
Social Inclusion	Age Cymru	48 Months	March 2027
Social Inclusion	Llanelli Mind	48 Months	March 2027
Social Inclusion	Adferiad	48 Months	March 2027
Day Opportunities - Carmarthenshire	Adferiad - Carmarthenshire	48 Months	March 2027
Day Opportunities - Carmarthenshire	Llanelli Mind	48 Months	March 2027
Day Opportunities - Carmarthenshire	Carmarthen Mind	48 Months	March 2027
Day Opportunities - Carmarthenshire	HUTS	48 Months	March 2027
Day Opportunities - Carmarthenshire	Arts Care	48 Months	March 2027

Day Opportunities - Pembrokeshire	Adferiad - Pembrokeshire	48 Months	March 2027
Day Opportunities - Pembrokeshire	Pembrokeshire Mind	48 Months	March 2027
Day Opportunities - Ceredigion	Adferiad - Ceredigion	48 Months	March 2027
Day Opportunities - Ceredigion	Pobl	48 Months	March 2027
Day Opportunities - Ceredigion	Kinora	48 Months	March 2027
Counselling	Carmarthenshire Counselling Service	48 Months	March 2027
Counselling	Pembrokeshire Counselling service	48 Months	March 2027
Community Wellbeing - Carmarthenshire	Adferiad - Carmarthenshire	48 Months	March 2027
Community Wellbeing - Carmarthenshire	Men2Men - Carmarthenshire	48 Months	March 2027
Community Wellbeing - Pembrokeshire	Adferiad - Pembrokeshire	48 Months	March 2027
Community Wellbeing - Pembrokeshire	VC Gallery	48 Months	March 2027
Community Wellbeing - Pembrokeshire	Men2Men - Pembrokeshire	48 Months	March 2027
Community Wellbeing - Pembrokeshire	Get The Boys A Lift	48 Months	March 2027
Community Wellbeing - Ceredigion	Mind Aberystwyth	48 Months	March 2027
Community Wellbeing - Ceredigion	Men2Men - unity	48 Months	March 2027
Sanctuary Services	Adferiad	48 Months	March 2027
Sanctuary Services	Pembrokeshire Mind	48 Months	March 2027
Sanctuary Services	Adferiad	48 Months	March 2027
Individual Placement and Support in Primary Care	Pembroke and Carmarthen Mind	24 Months	March 2026
Independent Mental Health Advocacy Services	Age Cymru	On going	On going
Children & Young People Sanctuary	Mind Pembrokeshire	36 Months	March 2026

3. The UHB can confirm that all of the contracts listed within question 2 above were awarded via a tendering process managed by NHS Wales Shared Services Partnership Procurement Team.
4. The UHB has applied an exemption under Section 21 of the Freedom of Information Act 2000 (FoIA), as the information is accessible by another means. The contact details of the mental health service providers listed in question 2 are available online.

For ease of reference, the UHB provides within the table below links to the websites for each of the mental health service providers listed in question 2.

<b>Provider</b>	<b>Contact Details</b>
Pembrokeshire Mind	<a href="#">Pembrokeshire and Carmarthen Mind   Mental Health Support in Pembrokeshire   Sir Benfro   Wales</a>
Links	<a href="#">LINKS   Llanelli Mental Health Charity, providing support and learning opportunities</a>
Carmarthenshire People First	<a href="#">Contact Us   Carmarthenshire People First</a>
Pembrokeshire People First	<a href="#">Home - Pembrokeshire People First</a>
Advocacy West Wales	<a href="#">Advocacy for Mental health Advocacy West Wales/Eiriolaeth Gorllewin Cymru Phone 01437 762935</a>
WWAMH	<a href="#">Home - West Wales Action for Mental Health</a>
Age Cymru	<a href="#">Age Cymru   We are the national charity for older people in Wales</a>
Llanelli Mind	<a href="#">Llanelli Mind - For Better Mental Health in Llanelli</a>
Adferiad	<a href="#">Adferiad Mental Health and Addiction Support Services</a>
Adferiad - Carmarthenshire	<a href="#">Carmarthenshire Carers and Family Support Service</a>
Carmarthen Mind	<a href="#">Llanelli Mind - For Better Mental Health in Llanelli</a>
HUTS	<a href="#">Helping adults with mental health problems, West Wales - Gweithdy HUTS Workshop</a>
Arts Care	<a href="#">Home - Arts Care</a>
Adferiad - Pembrokeshire	<a href="#">Pembrokeshire Mental Health Community Housing Support Project</a>
Adferiad - Ceredigion	<a href="#">Ceredigion Mental Health Sanctuary Service</a>
Pobl	<a href="#">Pobl Mental Health Services - Pobl</a>
Kinora	<a href="#">Kinora - West Wales Action for Mental Health</a>
Carmarthenshire Counselling Service	<a href="#">Carmarthenshire Counselling Service</a>
Pembrokeshire Counselling Service	<a href="#">Pembrokeshire Counselling Service</a>
Men2Men - Carmarthenshire	<a href="#">Carmarthenshire   Mysite</a>
VC Gallery	<a href="#">Veterans &amp; The Community</a>
Men2Men - Pembrokeshire	<a href="#">PembsMensHub   Mysite</a>
Get The Boys A Lift	<a href="#">Get The Boys A Lift – GTBAL</a>
Mind Aberystwyth	<a href="#">mindaberystwyth.org</a>
Men2Men - Ceredigion	<a href="#">Ceredigion   Mysite</a>