

<b>Reference:</b>	FOI.11144.23
<b>Subject:</b>	Premenstrual dysphoric disorder (PMDD)
<b>Date of Request:</b>	27 February 2023

**Requested:**

Could you please supply me with the following information regarding diagnoses of PMDD nationwide? For each of these questions, please supply the data separated into years.

Please provide data on the most recent year available, and on as many previous years to that one as possible under FOI time/cost constraints.

1. How many people have been diagnosed with PMDD in each year?
2. Regarding the total in question 1, how many of these individuals have committed or attempted suicide?
3. Regarding the total in question 1, how many of these individuals were diagnosed with PMDD more than five years after first reporting symptoms?
4. Regarding the total in question 1, how many of these individuals were diagnosed with PMDD more than ten years after first reporting symptoms?
5. Regarding the total in question 1, how many of these individuals were receiving a prescription at any time for the combined contraceptive pill, progesterone-only pill, fluoxetine, or other anti-depressants? (Please provide the data on each prescription separately if possible)

**Response:**

Hywel Dda University Health Board (UHB) does not hold the information for all GP Surgeries. With the exception of the Managed Practices which are directly managed by the UHB, they are all managed independently. These GP Practices hold their own information and consequently, the UHB does not have access to all of the details you require. Therefore, this information would need to be requested directly from the individual GP Practices. Contact details for each of them can be found via the following link:

<http://www.wales.nhs.uk/sitesplus/862/directory/gps/>

The UHB is unable to provide you with the exact number of patients diagnosed with PMDD in its Managed GP Practices for question 1 and consequently for questions 2 to 5, due to the low number of cases (5 and under), as there is a potential risk of identifying individuals if this information was disclosed. Therefore, the UHB is withholding these details under Section 40(2) of the Freedom of Information Act 2000 (FoIA).

This information is protected by the Data Protection Act 2018 and the UK General Data Protection Regulations (UK GDPR), as its disclosure would constitute unfair and unlawful processing and would be contrary to the principles and articles 6 and 9 of the UK GDPR. This exemption is absolute and therefore, there is no requirement to apply the public interest test.

In reaching this decision, the Data Protection Act 2018/UK GDPR define personal data as data which relates to a living individual who can be identified solely from that data, or from that data and other information, which is in the possession of the data controller.