Reference:	FOI.1337.19
Subject:	Psychological services for diabetic patients
Date of Request:	13 August 2019

## Requested:

- 1. How many clinical psychologists (both individuals and as a whole time equivalent) are employed by your health board?
- 2. How many specialist adult diabetes teams do you have across your health board?
- 3. How many patients are currently under the care of each specialist adult diabetes teams?
- 4. How many clinical psychologists (both individuals and as a whole time equivalent) are able to accept referrals from specialist adult diabetes teams for psychological therapies?
- 5. How many other mental healthcare professionals (both individuals and as a whole time equivalent), not including psychologists, are able to accept referrals from specialist adult diabetes teams?
- 6. How many mental healthcare professionals (both individuals and as a whole time equivalent) are embedded in a diabetes team?
- 7. How much, both in GBP and as a percentage of the total health board budget per annum, is spent on mental health (for the most recent full financial year available)?

## Response:

- 1. Hywel Dda University Health Board (UHB) employs 38 clinical psychologists equating to 33.4 Whole Time Equivalent (WTE).
- 2. The UHB has 4 specialist diabetes teams Health Board wide.
- 3. The UHB does not hold a central record of the patient lists for each of the four teams. However, it can confirm that there are currently 244 patients awaiting their first appointment following referral to the adult diabetes team and 4,690 patients on the follow up list.
- 4. The UHB has 4 Clinical Psychologists, equating to 3.2 WTE who are able to see patients for three long term conditions, respiratory, cardiovascular and diabetes.
- 5. The UHB only refer the patients to the Clinical Psychologists included within the answer to question 4.
- 6. The UHB does not have any Clinical Psychologists embedded within the diabetic teams.
- 7. The table overleaf provides the total budget and percentage of UHB funds spent on mental health services for the 2018/19 financial year.

Financial Year 2018/19	£	% of Budget
Budget		
Hywel Dda University Health Board Budget	826,975,938.30	
Expenditure		
Mental Health & Learning Disabilities total	71,706,376.63	8.67%
Broken down into:		
Learning disabilities	6,472,963.97	0.78%
Mental health services	26,850,677.63	3.25%
Mental Health & Learning Disability management	38,382,735.03	4.64%