

Reference:	FOI.4189.20
Subject:	Psychological Therapies waiting times
Date of Request:	5 October 2020

Requested:

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from April 2019 to September 2020:

The number of patients who are waiting to start a psychological therapy (end of month census snapshot).

- Patients waiting up to and including 84 days
- Patients waiting 85 days and over and up to and including 126 days
- Patients waiting 127 days and over and up to and including 182 days
- Patients waiting 183 days and over and up to and including 252 days
- Patients waiting 253 days and over and up to and including 364 days
- Patients waiting 365 days and over

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

Response:

Hywel Dda University Health Board (UHB) provides, within the tables below, the Intensive Psychological Therapies Service (IPTs) waiting times in days, by month, for the period April 2019 to September 2020 as requested.

2019	Up to 84 days	85 to 126 days	127 to 182 days	183 to 252 days	253 to 364 days	Over 365 days
April	564	205	183	156	172	224
May	591	231	191	162	178	240
June	549	237	232	129	174	254
July	507	235	227	129	167	262
August	429	236	231	159	156	271
September	443	189	229	178	149	298
October	488	142	218	172	170	317
November	471	150	159	178	187	319
December	430	170	165	179	216	340

2020	Up to 84 days	85 to 126 days	127 to 182 days	183 to 252 days	253 to 364 days	Over 365 days
January	397	164	183	160	215	362
February	386	158	218	161	234	388
March	404	152	209	182	198	378
April	309	171	210	211	209	408
May	235	189	201	235	219	421
June	236	123	230	219	248	489
July	233	104	197	241	299	533
August	212	111	142	273	326	581
September	196	115	120	243	336	632