

Reference:	FOI.7116.21
Subject:	Psychological Therapies waiting times
Date of Request:	7 October 2021

Requested:

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from September 2020 to September 2021 inclusive:

1. The number of patients who are waiting to start a psychological therapy (end of month census snapshot)
2. Patients waiting up to and including 84 days
3. Patients waiting 85 days and over and up to and including 126 days
4. Patients waiting 127 days and over and up to and including 182 days
5. Patients waiting 183 days and over and up to and including 252 days
6. Patients waiting 253 days and over and up to and including 364 days
7. Patients waiting 365 days and over

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

Response:

Hywel Dda University Health Board (UHB) provides the information requested within the table below.

Month	Days waiting					
	0-84	85-126	127-182	183-252	253-364	365+
September 2020	196	115	120	243	336	632
October 2020	117	93	133	185	358	663
November 2020	267	77	134	150	350	726
December 2010	246	102	107	165	327	776
January 2021	234	120	119	159	268	845
February 2021	219	109	149	127	233	852
March 2021	240	86	149	146	204	890
April 2021	177	70	74	125	143	406
May 2021	167	82	62	118	129	380
June 2021	180	72	80	76	139	355
July 2021	207	56	87	82	136	369
August 2021	202	75	78	90	142	359
September 2021	177	101	85	87	126	343

Please note:- The figures provided are as submitted to Welsh Government. However, in April 2021, it had been identified that the UHB had been including figures for a service that did not meet the definition of a high intensity therapy. Therefore, there is a large drop from March to April 2021.