

Reference:	FOI.18537.25
Subject:	Psychosexual Therapy services
Date of Request:	8 October 2025

Requested:

Please can you provide me with which of your Trusts / Hospitals provide Psychosexual Therapy and or Relationship or Couples Therapy.

The term therapy may also be referred to as counselling.

Our response

Hywel Dda University Health Board (UHB) confirms that it currently employs two (2) Psychosexual Counsellors within its Sexual Health department who provide Psychosexual Counselling and Counselling around Abortion Care only. Sessions are held in Pembroke Dock, Penlan in Carmarthen and the Elizabeth Williams Clinic in Llanelli.