

<b>Reference:</b>	FOI.16343.25
<b>Subject:</b>	Reasons for sickness absence
<b>Date of Request:</b>	13 January 2025

**Requested:**

I would like a table breaking down reasons for sickness leave for staff and the amount of times that reason was given for the 2024 calendar year.

**Response:**

Hywel Dda University Health Board (UHB) provides within the table overleaf, the staff sickness absence reasons and the number of occurrences, as recorded on the UHB's Electronic Staff Record (ESR) system, during the 2024 calendar year.

<b>Absence reason</b>	<b>Number</b>
Cold, Cough, Flu - Influenza	5,884
Gastrointestinal problems	4,158
Anxiety/stress/depression/other psychiatric illnesses	2,705
Headache / migraine	1,355
Chest & respiratory problems	1,278
Other musculoskeletal problems	913
Ear, nose, throat (ENT)	772
Back Problems	674
Genitourinary & gynaecological disorders	673
Injury, fracture	581
Pregnancy related disorders	538
Other known causes - not elsewhere classified	475
Dental and oral problems	295
Heart, cardiac & circulatory problems	289
Unknown causes / Not specified	256
Infectious diseases	208
Skin disorders	203
Eye problems	197
Benign and malignant tumours, cancers	139
Endocrine / glandular problems	110
Nervous system disorders	104
Asthma	43
Blood disorders	38
Burns, poisoning, frostbite, hypothermia	23
Substance abuse	6