

Reference:	FOI.9616.22
Subject:	Restrictive practices
Date of Request:	12 August 2022

Requested:

Please could you provide me with the following information in relation to restrictive practice within mental health inpatient settings:

1. Do you record each of the following pieces of information about uses of restrictive practice (please provide an answer for each item individually):
 - a. The type of restrictive practice used (e.g. physical, mechanical or chemical restraint, or the isolation of a patient);
 - b. If physical restraint was used, was the individual restrained in a prone or supine position,
 - c. The reason(s) for the use of restrictive practice;
 - d. Where (e.g. which ward) and when the restrictive practice was used;
 - e. The length of the restrictive practice;
 - f. The known impact on the individual, including any injuries, and any risks to their physical or mental wellbeing;
 - g. The protected characteristics of the individual, including age, gender, sex, disability, broken down by impairment type, and ethnicity);
 - h. The outcome of any incident review, including any measures that will be taken to avoid or minimise restrictive practices and the risk of harm in future;
 - i. The individual's involvement in the review;
 - j. A record to confirm that the relevant family members and carers have been informed and when this happened
2. If so, in what systems you record each of these pieces of information (for example: paper-based patient records, electronic patient records, incident reporting systems like Datix or the Once-for-Wales Concern Management System, ward-level spreadsheets)?
3. What reports do you routinely produce about the use of restrictive practices in mental health inpatient settings and what information do these reports include?

For example: "monthly reports to the mental health directorate board, including counts of uses of restrictive practice, counts of patients subjected to restrictive practice, rates of use of restrictive practice per 100 bed days by ward". (You are welcome to provide examples of reports, screenshots of dashboards etc.)

Response:

- 1a. Hywel Dda University Health Board (UHB) confirms that it does record the type of restrictive practice used.
- 1b. The UHB confirms that it does record the type of physical restraint used.
- 1c. The UHB confirms that it does record the reason(s) for the restrictive practice used.
- 1d. The UHB confirms that it does record where and when the restrictive practice was undertaken.

- 1e. The UHB confirms that it does record the length of the restrictive practice.
- 1f. The UHB confirms that it does record the impact on the individual, if any, including injuries and any risks to their physical or mental wellbeing, following the use of restrictive practice.
- 1g. The UHB confirms that the protected characteristics of individuals are not recorded in the incident reports. However, this information is available in the patient's electronic record which the reviewer/investigator of the incident can access.
- 1h. The UHB confirms that it does record the outcome of any incident review, including any measures that will be taken to avoid or minimise restrictive practices and the risk of harm in future.
- 1i. The UHB confirms that it does record the individual's involvement in the review.
- 1j. The UHB confirms that details of when members and carers have been informed of the incident will be recorded on the patient's electronic record.
2. The UHB confirms that incidents of restrictive practice are reported in the patient's electronic record and on UHB's Datix Cymru Concerns Management System, which are reviewed/investigated for causal factors and to identify any ongoing learning.
3. The UHB confirms that its Reducing Restrictive Practice Team produce quarterly reports on the use of restrictive practices in Mental Health inpatient settings. These reports highlight any themes/trends in data and include the following details:
- Ward
 - Type of restriction
 - Legal framework
 - Position of restraint (for physical restraint)
 - Reason for use of restriction
 - Gender (although limited by what gender identities can be captured on Datix)
 - Administration of medication
 - Post incident reviews