

<b>Reference:</b>	FOI.4835.20
<b>Subject:</b>	Sick leave
<b>Date of Request:</b>	22 December 2020

**Requested:**

- Total number of days taken as sick leave for mental health reasons by doctors and nurses in Wales in 2020, 2019, 2015, and 2010 respectively.
- Total number of days taken as sick leave by doctors and nurses in Wales in 2020, 2019, 2015, and 2010 respectively.

**Response:**

Hywel Dda University Health Board (UHB) does not hold the information requested for all of the Health Boards in Wales. We therefore suggest you contact the other Health Boards in Wales directly for this information. Contact details for each of the Health Boards can be found via the following link:

[Health in Wales | Local Health Boards](#)

The UHB provides, within the tables overleaf, the total number of Whole Time Equivalent (WTE) sickness absence for all reasons. This is further broken down into the number of absences with a reason recorded as mental health (MH), broken down by and Nursing and Midwifery (N&M) and Medical and Dental (M&D) staff groups, as recorded on the Health Board's Electronic Staff Record (ESR) system, for the calendar years 2010, 2015, 2019 and 2020 to the date of your request.

<b>N&amp;M</b>	<b>2010</b>	<b>2015</b>	<b>2019</b>	<b>2020 to date</b>
Number of all WTE absence days	49,168.94	56,971.83	52,278.00	58,086.56
Number of MH WTE absence days	9,016.10	15,162.71	16,327.07	19,956.34

<b>M&amp;D</b>	<b>2010</b>	<b>2015</b>	<b>2019</b>	<b>2020 to date</b>
Number of all WTE absence days	4,871.47	4,286.30	5,481.03	5,375.06
Number of MH WTE absence days	669.00	836.00	949.15	1,285.70

Please note: - The MH absence reason includes anxiety, stress, depression, psychiatric or psychological illness.

Additionally, whilst the number of sickness absence days has increased considerably over the reported period, the Health Board's staffing headcount has also increased.