

Reference:	FOI.4781.20
Subject:	Stress as a reason for absence
Date of Request:	16 December 2020

Requested:

How many NHS staff have cited stress as a reason for absence or quitting their job in Wales, between 1st March – 1st December 2019 and between 1st March – 1st December 2020?

Response:

Hywel Dda University Health Board (UHB) provides, within the table below, the number of staff with a stress related absence, as recorded on the UHBs Electronic Staff Record (ESR) system for the periods requested.

Period	Number
1 March to 30 November 2019	944
1 March to 30 November 2020	1,063

The UHB is unable to identify if staff terminations are as a result of stress, as this information is not recorded.