

Reference:	FOI.4911.21
Subject:	Stress cited as a reason for staff absences and terminations
Date of Request:	5 January 2021

Requested:

How many NHS staff have cited stress as a reason for absence or quitting their job in the Health Board per month from January 2020 until December 2020?

Response:

Hywel Dda University Health Board (UHB) provides, within the table below, the total headcount of staff and the number of stress related absences, as recorded on the UHB's Electronic Staff Record (ESR) system, by month, during the period 1 January to 30 November 2020.

2020	Total staff headcount	Number of stress related absences
January	9,972	289
February	9,984	315
March	10,128	322
April	10,737	284
May	10,776	308
June	10,879	347
July	10,695	325
August	10,561	319
September	10,481	294
October	10,432	299
November	10,469	287

The information requested for December 2020 is not currently available due to absences being recorded in the ESR system in arrears.

The UHB is unable to identify if staff terminations are as a result of stress, as this information is not recorded.