

Reference:	FOI.4105.20
Subject:	Structured diabetes education
Date of Request:	28 September 2020

Requested:

Please can you supply the following information:

1. What alternative arrangements for Structured Diabetes Education programmes have been commissioned/put in place by the CCG to support people living with diabetes due to the COVID-19 pandemic (e.g. virtual delivery via video conferencing tools, digital etc.)?
2. With the recent NHS primary care reorganisation, which organisation (if not your organisation) within your STP/ICS footprint is responsible for the commissioning of Structured Diabetes Education programmes for people living with diabetes?
3. Could you provide contact details for the main person responsible for commissioning Structured Diabetes Education programmes for people living with diabetes?

Response:

Clinical Commissioning Groups (**CCGs**) are a feature of the NHS in England. As the UHB is part of NHS Wales, it is an integrated Local Health Board responsible for the planning and provision of primary, community and in hospital services based on the needs of the local community across the three (3) counties, Carmarthenshire, Cardigan and Pembrokeshire.

1. Hywel Dda University Health Board (UHB) confirms that virtual programmes have been commenced with people who are happy to engage in this manner. The UHB's Education Programme for Patients (EPP) team started the virtual programmes with fewer numbers to ensure all participants could be seen on the screen at the same time. The EPP team continue to work with Primary Care who send lists of people who need to undertake an education/self-management programme.

The UHB's Diabetes and EPP teams have undertaken training sessions with our volunteer tutors to ensure they are comfortable delivering virtual sessions and have produced a guide to aid programme delivery. In addition, a pre session is offered for those who want to test logging on to the Microsoft Teams platform to reduce any stress and anxiety of logging on for the first time at the start of the programme.

To date the UHB has run one six week diabetes programme with 10 patients completing the programme, and three STANCE programmes for foot education for people with diabetes with 12 patients completing the programme.

The UHB have the following programmes scheduled for October 2020 to March 2021:

- Three virtual and two community diabetes education programmes
- Three virtual and two community STANCE 5 programmes
- Three virtual and two community Foodwise for Life, a prediabetes and weight management programme 5 booked 2 virtually and 3 community.

*Please note, community programmes are dependent on government guidelines when scheduled and will revert to virtual if needed.

2. Not applicable to NHS in Wales.
3. The UHB has a team that work together to deliver high quality diabetes care including structured education and self-management support. The Executive lead for Diabetes is Jill Paterson, Director of Primary Care, Community and Long Term Care and is contactable at:

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