

Reference:	FOI.8872.22
Subject:	Tier 3 and 4 Weight Management Services
Date of Request:	9 May 2022

Requested:

I would be grateful if you could answer a few questions about your Tier 3 and Tier 4 specialist weight management (obesity-related) services.

1. Do you have a Tier 3 specialist weight management service for obesity, with multi-disciplinary input?
2. How many patients have been referred to this service in the past year?
3. What medications are prescribed as part of this service? Specifically, are Orlistat (Xenical) and Saxenda (Liraglutide) prescribed? Or Wegovy (semaglutide) used for obesity management?
4. Do you have a Tier 4 weight management service (i.e. weight-loss surgery)?
5. How many bariatric surgeries have been conducted in the past year?
6. Is there an obesity care pathway for referral and if yes, can this be shared?

Response:

1. Hywel Dda University Health Board (UHB) confirms that it does have a Tier 3 Specialist Weight Management Service for obesity, with multi-disciplinary input.
2. The UHB confirms that 1,354 patients have been referred to the Tier 3 Specialist Weight Management Service, during the previous twelve (12) months.
3. The UHB confirms that the medications prescribed as part of the Tier 3 Specialist Weight Management Service are Orlistat and Saxenda. Semaglutide is not currently prescribed.
4. The UHB confirms that it does not have a Tier 4 Weight Management Service. UHB patients would be referred to the Tier 4 Service provided by Swansea Bay University Health Board (SBUHB).
5. The UHB confirms that no bariatric surgeries have been conducted, as the UHB does not have a Tier 4 Weight Management Service.

We therefore recommend that you redirect this part of your request to the Freedom of Information Team in SBUHB, who may be able to help you with your enquiry. The contact details are as follows:-

FOIA.Requests@wales.nhs.uk or alternatively, you can contact: FOIA Team, Swansea Bay University Health Board, Health Board Headquarters, 1 Talbot Gateway, Port Talbot, SA12 7BR.

6. The UHB confirms that it does have an Obesity Care pathway for referrals and has attached a copy, at Attachment 1.