

Reference:	FOI.4278.20
Subject:	Tier 3 Weight Management
Date of Request:	15 October 2020

Requested:

1. What is the name of the Tier 3 Weight Management Service available to your patients?
2. Do you commission the Tier 3 Weight Management Service? If not, who does?
3. What number of patients have been referred to this service in the last 12 months of available data?

Response:

1. Hywel Dda University Health Board (UHB) confirms that the Tier 3 Weight Management Service available to patients is the HDUHB Adult Weight Management Service, hosted by the Nutrition and Dietetics services.
2. The UHB confirms it does not externally commission Tier 3 Weight Management services. The HDUHB Adult Weight Management Service was established initially through service re-design and the re-allocation of resources with subsequent additional NHS Wales funding.
3. The UHB confirms that 709 referrals have been received in the HDUHB Adult Weight Management Service for the most recent 12 months as requested.

Please note, this includes a period of much lower than usual referrals due to the COVID-19 pandemic. For example, the total referrals for April and May 2020 combined were 24 whereas pre March we received an average of 95 referrals per month.