

Reference:	FOI.293.19
Subject:	Together for Mental Health Strategy
Date of Request:	11 March 2019

Requested

Please could you provide detail of total funding for the Together for Mental Health Strategy and proportion intended for children and young people both regionally and per local authority in Hywel Dda. Please include detail if funding for all projects intended to support early intervention with children & young people (up to age 18).

Response

The table below documents detail of the full funding allocated to NHS Wales, and the amount of this funding that was allocated to Hywel Dda University Health Board (UHB).

Purpose of Funding	NHS Wales	Hywel Dda UHB
Autism Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD)	£2 million	£235,972
To improve children and young people provision in Mental Health Local Primary Health Support Scheme	£800,000	£94,389
To further develop Psychological therapy for children and young people	£1.1 million	£129,785
to provide early intervention Psychosis	£800,000	£94,389
Additional investment in Specialist Child and Adolescent Mental Health Service (S-CAMHS), supporting Together for Children and Young People (CYP), enabling assessments to be made when a Young Person (YP) presents in crisis in Accident and Emergency (A&E) or arrested under Section 136 of the Mental Health Act (MHA) 1983	£2.7 million	£318,562
Improving access for Youth Offending Teams (YOTs) and those in the secure estate	£250,000	No individual allocation

The UHB has provided a breakdown of the improvements made to the CMAHS services, utilising the allocated funding.

Community Crisis and Assessment Team

- Recruited to capacity, 12 staff members, a mobile community based team who work in an assertive outreach model of intervention for families and children with high levels of complexity whose needs cannot be met by existing Tier 3 provision.
- Provision of emergency assessments within 4 hours of arrival at A&E, with the aim of reducing use of emergency police services and police custody and prevent detainment under Section 136.

- The team will offer specialist and extended support in mental health crisis with the stated intent of reducing/preventing admission to hospital.
- Provide assessments for self-harm including overdose assessment and follow up 7 days a week, promoting early discharge where appropriate and follow up within 5 days.
- Recruited 2 members of staff to work within the adult unscheduled care service to provide a crisis service available 24hours, 7 days a week.

Psychological Therapies Service

- Investment of £129,785 to further develop psychological therapy provision for children and young people.
- New Cognitive Behavioural Therapy (CBT) service developed , in addition to an increased provision of psychological therapy in primary and secondary care being developed across the 3 Counties
- Investment has enabled the recruitment of the following new additional staff :
 - Psychological Therapy Lead
 - Three Cognitive Behaviour Nurse Therapists

Autistic Spectrum Disorder Service

- New Integrated ASD Team recruited, delivering Diagnostic Assessments for referred patients. The team has a specifically tailored remit, their key tasks are to:
 - Meet the new 26 week performance target since April 2017
 - Develop post diagnostic service to support children and their families
 - Initiate close working relationship with Adult services to develop a new Integrated Autism Service.

Local Primary Mental Health Support Services

- Recruitment of two additional staff members.
- Development of a new integrated model across the age range working with adult mental health in co-located services.
- New Welsh Government pilot in Ceredigion commenced 2017 - 2020 to assess the impact of providing consultation to teachers/school nurses and deliver training on mental health and emotional wellbeing to improve resilience and early prevention.

Early Intervention Psychosis

- The UHB has introduced a new youth focused integrated service model, for patients aged 14-25.
- Two new roles have been created (not yet recruited) to provide a new service specification which will encompass a multitude of specialisms including Occupational Therapy, Social Work and Registered Mental Nurse.
- Further recurrent funding announced April 2016 of £33,000 for recovery workers, these roles have been developed in conjunction with the third sector.
- Plans in place to recruit staff to support dedicated 0.4 Full Time Equivalent (FTE) Consultant Psychiatric sessions.