

Reference:	FOI.20570.26
Subject:	Treatment guidelines
Date of Request:	1 June 2026

Your request and our response

Please could you confirm if Hywel Dda University Health Board has any local guidelines for the treatment of these conditions.

Obesity

Has Hywel Dda University Health Board published or updated any guidelines for the non-surgical treatment of obesity using oral or injectable medications since June 2024?	Yes
	No
	If yes, please provide a copy

Hywel Dda University Health Board (UHB) confirms that it has updated it's guidelines for the non-surgical treatment of obesity using oral or injectable medications since June 2024. A copy of its 'Prescribing Notice Interim Position on Mounjaro® (Tirzepatide)' has been provided at Attachment 1.

Chronic Kidney Disease/Diabetic Kidney disease

Has Hywel Dda University Health Board published or updated any guidelines for the treatment of chronic kidney disease or diabetic kidney disease since June 2023?	Yes
	No
	If yes, please provide a copy

Type 2 Diabetes

Has Hywel Dda University Health Board published or updated any guidelines for the treatment type 2 diabetes since June 2023? (Note: We are focused on guidelines for the pharmaceutical control of blood sugars rather than guidelines for the management of diabetic patients prior to hospital procedures etc)	Yes
	No
	If yes, please provide a copy

Heart Failure

Has Hywel Dda University Health Board published or updated any guidelines for the treatment of heart failure with reduced, preserved or mildly reduced ejection fraction since June 2023?	Yes
	No
	If yes, please provide a copy

The UHB does not hold any local guidelines for Chronic Kidney Disease/Diabetic Kidney disease, Type 2 Diabetes or Heart Failure. However, Clinicians are aware of and adhere to the relevant national guidance, including that published by the National Institute for Health and Care Excellence (NICE).