

<b>Reference:</b>	FOI.19757.26
<b>Subject:</b>	Vaccination materials
<b>Date of Request:</b>	13 March 2026

**Requested:**

You have just sent me a recommendation that my 10 year old get vaccinated for flu.

1. Please, in accordance with your obligations under the act, supply all materials that justify your claim that "Flu vaccines are very safe".  
This evidence should include an objective analysis of the use of the words "safe" ad "very" in that advice.
2. Please also supply all materials that were used to make the same claim about the COVID vaccines, with reference to all the versions of that vaccine.

**Response:**

1. Hywel Dda University Health Board (UHB) provides a copy of the leaflet produced by Public Health Wales (PHW), which is sent to parents regarding the nasal flu programme, at Attachment 1. Details on the safety of the vaccine can be found on pages 5 and 13.

[Childhood influenza vaccination programme - Public Health Wales](#)

Further information on the childhood influenza vaccination programme is available on the PHW website. A link to the relevant webpage has been provided below.

[Childhood influenza vaccination programme - Public Health Wales](#)

2. The UHB does not hold the information requested, as the UHB adheres to the COVID-19 guidelines provided by PHW, Public Health England (PHE) and the UK Government. When information is updated and new information is published previous information is withdrawn.

We therefore recommend that you redirect your request to the Freedom of Information Teams in PHW and PHE, who may be able to help you with your enquiry. Contact details for PHW and PHE are as follows:-

[Foi.phw@wales.nhs.uk](mailto:Foi.phw@wales.nhs.uk) or alternatively, you can contact: Freedom of Information Office, Public Health Wales, Floor 3, 2 Capital Quarter, Tyndall Street, Cardiff, CF10 4BZ.

[www.gov.uk/phe](http://www.gov.uk/phe) or alternatively, you can contact: Freedom of Information Team, Public Accountability Unit, Public Health England, 7<sup>th</sup> Floor North, Wellington House, 133-155 Waterloo Road, London, SE1 8UG.

Additionally, information on COVID-19 vaccine safety is available on the UK Government website. A link to the relevant webpage has been provided below.

[COVID-19 vaccine - NHS](#)