

Reference:	FOI.18960.25
Subject:	Weight Management Service (WMS)
Date of Request:	27 November 2025

Requested:

1. Would you please be able to confirm how many patients are currently on the waitlist for weight adult management under the Hywel Dda University Health board please? It would also be hugely appreciated if you could provide the stats on how the current wait list compares year on year to previous wait times, please?
2. Also, in regard to injectable medication, could you please share who qualifies to receive this treatment and how is it decided who receives it please?

Response:

1. Hywel Dda University Health Board (UHB) provides within the table below, the number of adults on the waiting list for weight management services, as at 30 November 2025 and the number on the waiting lists as at 30 November 2022, 2023, and 2024.

Date	Number
30 November 2022	1,667
30 November 2023	318
30 November 2024	2,179
30 November 2025	4,458

2. Individuals being considered for weight management medication need to have undertaken a minimum of twelve (12) weeks active intervention with evaluation of the dietary, exercise and behavioural approaches applied, before onward referral into the specialist Multidisciplinary Team (MDT). To qualify for weight loss injectable medication, patients must meet the Level 3 criteria in the All Wales Weight Management Pathway and engage with a behavioural intervention in advance of, and in parallel with any medication prescription.

The All Wales Weight Management Pathway (2021) and Weight Management Medication Pathway Addendum for the All Wales Weight Management Pathway (2024) are available on the Welsh Government (WG) website; links to the relevant webpages have been provided below:

[All-wales-weight-management-pathway-2021.pdf](#)

[Weight Management Medication Pathway: Addendum for the All Wales Weight Management Pathway](#)

In addition, the UHB adheres to the Overweight and Obesity Management National Institute for Health and Care Excellence (NICE) guidance. A link to the guideline has been provided below.

[Overview | Overweight and obesity management | Guidance | NICE](#)