

Reference:	FOI.19039.25
Subject:	Weight Management Services (WMS)
Date of Request:	8 December 2025

Requested:

1. Do you commission a specialist weight management service? Is it located within your catchment area?
2. If not, where are people within your area requiring specialist weight management services typically referred?
3. If you commission a specialist weight management service, is it currently accepting new referrals?
4. And if it is not accepting new referrals, when did this come into effect?
5. Does the specialist weight management service you commission prescribe GLP-1RA weight loss drugs?
6. And if yes, does this include the following (please specify all those it includes):
 - Liraglutide (Saxenda®)
 - Semaglutide (Wegovy®)
 - Tirzepatide (Mounjaro®)
7. If yes, how many patients have been prescribed a GLP-1RA for weight loss through the service you commission?
8. If the service does not prescribe GLP-1RAs, is there a planned start date for when the services may begin prescribing GLP-1RAs for weight loss?
9. Do you fund bariatric surgery for people living in your catchment area?
10. Please list all the current criteria that are used for funding decisions regarding bariatric surgery - for example, but not limited to, BMI cut-offs, type 2 diabetes status, time in weight management service, requirement for preoperative weight loss, comorbidities etc.
11. Is there a commissioned/designated bariatric surgery service located within your catchment area?
12. If not, where are people requiring bariatric surgery within your area typically referred?

Response:

1. Hywel Dda University Health Board (UHB) does not commission a WMS.
2. The UHB delivers its own WMS, covering the counties of Carmarthenshire, Ceredigion and Pembrokeshire.
3. The UHB's WMS is currently accepting new referrals.

4. Not applicable.
5. The UHB confirms its WMS does prescribe GLP-1RA weight loss medications.
6. The UHB confirms it prescribes all three (3) of the listed medications.
7. The UHB confirms that one hundred and twenty (120) patients have been prescribed GLP-1RA injectable medication for weight loss, during the period 6 July 2021 to the date of your request.
8. Not applicable.
9. The UHB confirms that it does fund bariatric surgery for people living within its geographical area.
10. The UHB provides below the current criteria used for funding decisions regarding bariatric surgery:
 - The individual is eighteen (18) years of age or over
 - The individual has a Body Mass Index (BMI) of forty (40) or greater
 - Severe obesity has been present for at least five (5) years
 - The individual has received, and complied with, an intensive weight management programme at a multi-disciplinary weight management clinic, Level 2/3 of the All Wales Weight Management Pathway, for a duration of twenty-four (24) months but has been unable to achieve and maintain a healthy weight.

Further information on the All Wales Weight Management Pathway is available on the Welsh Government website. For ease, a link to the relevant webpage has been provided below:

[All-wales-weight-management-pathway-2021.pdf](#)

11. No, there is not a commissioned/designated bariatric surgery service located within the UHB's geographical area.
12. UHB patients requiring bariatric surgery are referred to the Welsh Institute of Metabolic and Obesity Surgery (WIMOS) in Swansea Bay University Health Board (UHB).