

Reference:	FOI.20356.26
Subject:	Woman's health guidelines
Date of Request:	5 May 2026

Requested:

1. The latest version of the local guidelines used for the treatment of Uterine Fibroids.
 - If there are no local guidelines written, then which National Guidelines are your clinicians directed to use?
2. The latest version of the local guidelines used for the treatment of Endometriosis.
 - If there are no local guidelines written, then which National Guidelines are your clinicians directed to use?
3. Which Hospitals within your catchment area are centres for the treatment of Uterine Fibroids and Endometriosis?
4. Can I have a link to the formulary of formularies that cover the hospitals listed in Question 3.

Response:

1. Hywel Dda University Health Board (UHB) does not hold the requested information, as it does not have local guidelines for the treatment of Uterine Fibroids.

The UHB adheres to the following National Institute for Health and Care Excellence (NICE) guidance for the treatment of Uterine Fibroids:

- NG88 Heavy menstrual bleeding: assessment and management.
- As this information is already in the public domain, the UHB has applied an exemption under Section 21 of the Freedom of Information Act 2000 (FoIA) as the information is accessible by another means. The guidance referred to is available on the NICE website, a link to which is provided below:

[Homepage | NICE](#)

2. The UHB does not hold the requested information, as it does not have local guidelines for the treatment of Endometriosis.

The UHB adheres to the following NICE guidance:

- NG73 Endometriosis: diagnosis and management
- NG257 Fertility problems: assessment and treatment
- QS172 Endometriosis

The UHB has applied an exemption under Section 21 as the above guidance is also available on the NICE website and can be accessed via the link provided in response to question 1.

3. The UHB confirms all four (4) of its acute hospitals, Bronglais General Hospital, Glangwili General Hospital, Prince Philip Hospital and Witybush General Hospital treat patients with Uterine Fibroids and Superficial Endometriosis.

However, patients requiring more complex care e.g. deeply infiltrating Endometriosis, are referred to Swansea Bay University Health Board for surgical management.

4. The UHB provides below a link to the NHS Wales Inform website, where the UHB's formularies can be accessed.

[Inform Formulary](#)