

Reference:	FOI.2542.20
Subject:	Workplace stress
Date of Request:	18 February 2020

Requested:

I'm writing to request information on the number of Hywel Dda University Health Board employees that have felt unwell as a result of workplace stress over the course of the past 12 months.

Response:

Hywel Dda University Health Board (UHB) is unable to answer this question exactly as posed. The phrase "felt unwell" could imply situations where a concern has been raised between an employee and a manager that didn't involve absence from work which would not be formally recorded on our central Electronic Staff Record (ESR). In this connection, we would not have a central recording system which can capture all episodes of when an employee has "felt unwell".

However, we are able to report sickness absences due to stress/anxiety/depression/other psychiatric illnesses between 1 February 2019 and 31 January 2020 which is recorded on ESR. Of the 1,480 such absences recorded due to this reason in this period, 36 were recorded on ESR as work related.