

Adeiladu dyfodol iachach yn dilyn COVID-19

Mai 2021

Building a healthier future after COVID-19

May 2021



Cyflwyniad

- Mae'r pandemig byd-eang wedi cael effaith fawr ar bob agwedd ar ein bywydau
- Mae'n hanfodol bod y bwrdd iechyd yn ystyried, yn myfyrio ac yn dysgu o'r cyfnod eithriadol hwn



Nod ein cyflwyniad

Rhoi diweddariad ar ein strategaeth hirdymor **Canolbarth a Gorllewin Cymru Iachach: Cenedlaethau'r Dyfodol yn Byw'n Dda**, a gymeradwywyd ym mis Tachwedd 2018.

Egluro sut y gallwch ein helpu i lunio gwasanaethau'r dyfodol yn ystod ein cyfnod nesaf o ymgynghori (10 Mai tan 21 Mehefin 2021).

➤ Rydym am ddysgu sut mae'r pandemig wedi effeithio ar eich iechyd a gofal, a'ch mynediad at y gwasanaethau hyn.

➤ Rydym am gael eich adborth mewn perthynas â'n strategaeth hirdymor i ddatblygu ac adeiladu ysbyty gofal brys a gofal wedi'i gynllunio newydd yn ne ardal Hywel Dda. Rydym hefyd yn gofyn i chi enwebu safleoedd ar gyfer ysbyty newydd yn seiliedig ar bedwar maen prawf.

Introduction



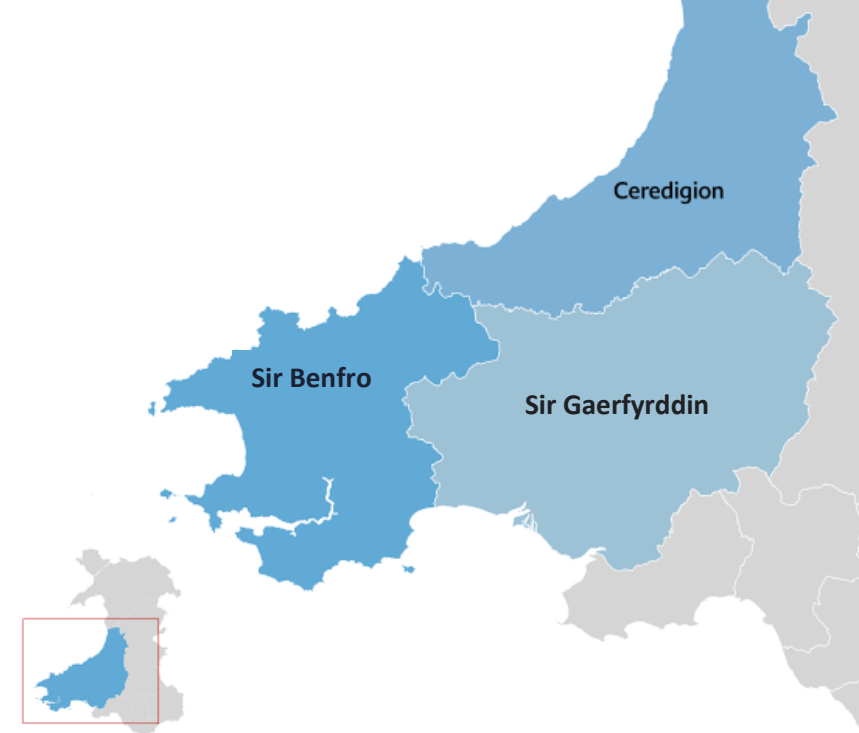
- The global pandemic has had a major impact on all areas of our lives
- Crucial that the health board considers, reflects and learns from this extraordinary period.

Aim of presentation

- To update on our long term strategy **A Healthier Mid and West Wales: Our Future Generations Living Well**, approved in November 2018.
 - To explain how you can help us shape future services during our next engagement period (10th May, to 21st June, 2021).
- We want to learn how the pandemic has affected your health and care, and access to it.
- We want your feedback in relation to our long-term strategy which includes building a new urgent and planned care hospital in the south of the Hywel Dda area. We are also asking you to nominate sites for the new hospital based on four criteria.

Beth yw ein rôl?

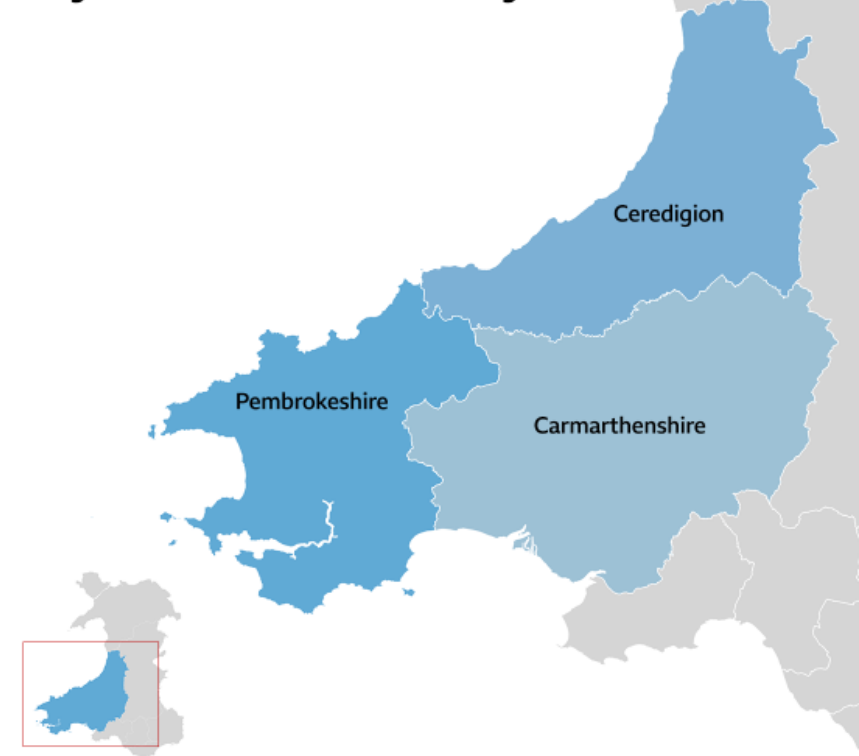
- Mae'r Bwrdd Iechyd yn gyfrifol am ddarpariaeth uniongyrchol y canlynol: **Bwrdd Iechyd Prifysgol Hywel Dda**
 - gofal anarbenigol mewn ysbyty
 - gwasanaethau gofal iechyd cymunedol
 - gwasanaethau iechyd meddwl ac anableddau dysgu
 - rhai gwasanaethau iechyd cyhoeddus
- Mae'r Bwrdd Iechyd hefyd yn gyfrifol am gomisiynu'r canlynol ar ran ei boblogaeth (tua 380,000 o bobl):
 - Holl wasanaethau gofal sylfaenol (Meddygaeth Gyffredinol, Deintyddiaeth Gyffredinol, Offthalmeg Gyffredinol a fferylliaeth gymunedol)
 - Holl arbenigeddau (gwasanaethau trydyddol) fel cancer arbenigol, llawfeddygaeth a lleoliadau Iechyd Meddwl diogel
- 4 ysbyty cymunedol dosbarth bach sy'n rhoi gofal brys a gofal wedi'i gynllunio
- Rhwydwaith o ysbytai cymunedol llai dan arweiniad nyrsys a Meddygon Teulu a chanolfannau gofal integredig
- Poblogaeth gymharol oedrannus gyda phocedi o amddifadedd a materion ynysu gwledig



What is our role

- The Health Board is responsible for the direct provision of:
 - non-specialist hospital based care
 - community healthcare services
 - mental health and learning disability services
 - Some public health services
- The Health Board is also responsible for commissioning the following on behalf of its resident population (c380,000 people):
 - All primary care services (General Medical, General Dental, General Ophthalmic and community pharmacy)
 - All specialist (tertiary services) such as specialist cancer, surgery and secure Mental Health placements
- 4 small district general hospitals running emergency and planned care
- Network of smaller nurse and GP led community hospitals and integrated care centres
- Relatively elderly population with pockets of deprivation and rural isolation issues

Hywel Dda University Health Board



Beth yw'r heriau?

Pobl yn byw'n hirach
gyda chyflyrau
tymor hwy



Cynnydd mewn
meddygaeth, triniaethau
a thechnoleg



Anghydraddoldebau ac amrywiad mewn gofal e.e.
bwlch o 10 mlynedd mewn disgwyliad oes

Pobl yn byw'n hirach

Recriwtio a chadw staff

Pwysau perfformiad e.e. amseroedd aros

Rhai adeiladau a chyfleusterau / T.G. / isadeiledd
sydd wedi dyddio

Mannau anghysbell a gwledig –
mynediad at wasanaethau

What are our challenges?

People are living longer with longer term conditions



Advancing medicine and treatment and technology



Inequalities and variation in care e.g. 10 years life expectancy gap

People live for longer

Recruitment and retention of our staff

Performance pressures e.g. waiting times

Some outdated buildings and facilities / I.T. / infrastructure

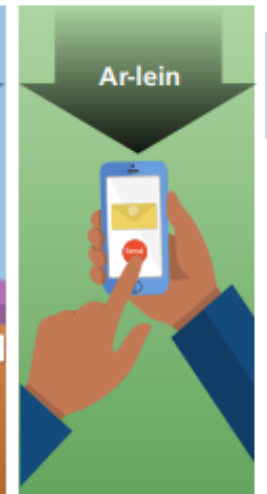
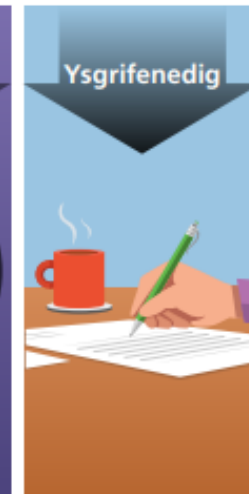
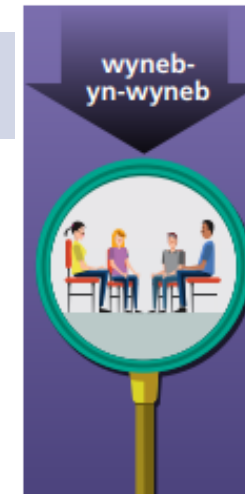
Remoteness and rurality - access to services

Sut wnaethon ni ddatblygu ein strategaeth?

- Cyn penderfynu unrhyw beth, gwnaethom ymgysylltu â'r boblogaeth leol. Gwnaethom ofyn y canlynol:

- Sut mae'n teimlo i dderbyn ein gwasanaethau?
- Beth ydyn ni'n ei wneud yn dda, ble ydyn ni'n methu?
- Beth fyddai'n eich helpu chi?

- Gwnaethom gynnal **ymarfer ymgysylltu** yn ystod haf **2017**
- Gwnaethom ddatblygu 4 egwyddor i danategu ein strategaeth: **Diogel, Cynaliadwy, Hygyrch a Charedig**
- Gwnaethom ddatblygu **32 opsiwn gwahanol** i fynd i'r afael â'r materion a godwyd
- Gwnaethom sefydlu grŵp i ddatblygu **meini prawf** a gwerthuso opsiynau
- Erbyn dechrau 2018, o'r 32 opsiwn daeth **3 opsiwn**
- Gwnaethom weithio gyda'r **Consultation Institute** i gynllunio ein ymgynghoriad
- Enw'r ymgynghoriad yn **2018** oedd 'Trawsnewid ein Gwasanaeth Iechyd'
- Cynhaliwyd tua **10 sesiwn ymgysylltu** yr wythnos am **12 wythnos**
- Gwnaethom ddatblygu y **Teulu Jones**



Diogel
Safe



Cynaliadwy
Sustainable



Hygyrch
Accessible



Caredig
Kind



Diogel
Safe



Cynaliadwy
Sustainable



Hygyrch
Accessible



Caredig
Kind



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board

Canolbarth a Gorllewin Iachach / A Healthier Mid and West Wales
Cenedlaethau'r dyfodol yn byw bywydau iach / Our Future Generations Living Well

How did we develop our strategy?

Before deciding anything, we engaged with the local population. We asked:

- How does it feel to be at the receiving end of our services?
- What do we do well, where are we failing?
- What would help you?

- We ran a formal wide scale **engagement exercise** over the summer of **2017**
- We developed 4 principles to underpin our strategy: **Safe, Sustainable, Accessible, and Kind**
- We developed **32 different options** to address all the issues we heard
- We established a group to develop **evaluation criteria** and evaluate options
- By early 2018 the 32 options were honed down to **3 options**
- We worked with the **Consultation Institute** to plan our consultation
- We called this consultation in **2018 'Our Big NHS Change'**
- We held an average of **10 engagement sessions** per week for **12 weeks**
- We developed **Teulu Jones**



Cymeradwyaeth y Bwrdd o argymhellion clinigol

- Integreiddio iechyd a gofal cymdeithasol i ddarparu **model cymunedol integredig**, yn seiliedig ar fodel cymdeithasol integredig ar gyfer iechyd a llesiant (y model), ar gyflymder.
- Gweithio gyda gofal cymdeithasol a phartneriaid eraill, bydd hwn yn ymrwymiad hirdymor, yn canolbwyntio ar **atal, llesiant, ymyrraeth gynnar** a helpu i adeiladu gwytnwch er mwyn galluogi pobl i fyw'n dda o fewn eu cymunedau.
- Datblygu **cynllun ar gyfer yr Ysbytai Cymunedol presennol**, gan weithio gyda chymunedau lleol.
- Bydd y cynllun hwn yn canolbwyntio ar ddarparu gofal ambiwladol gan gynnwys gwasanaethau cleifion allanol, diagnosteg, triniaethau, arsylwi, adfer a gofal diwedd oes.
- **Ysbyty gofal brys a gofal wedi'i drefnu newydd yn ne ardal y Bwrdd Iechyd;**
- Meddygaeth aciwt yn parhau yn **Ysbyty Tywysog Philip**;
- **Addasu Ysbyty Cyffredinol Glangwili ac Ysbyty Cyffredinol Llwynhelyg at ddibenion gwahanol** a fydd yn cynnig ystod o wasanaethau i gefnogi model cymdeithasol ar gyfer iechyd a llesiant, wedi'i ddylunio gyda phobl leol i ddiwallu eu hanghenion.

Board approval of clinical recommendations

- The integration of health and social care to deliver **an integrated community model**, based on an integrated social model for health and well-being (the model), at a pace.
- Working with social care and other partners, this will be a long term commitment, focused on **prevention, well-being, early intervention** and help build resilience to enable people to live well within their own communities.
- The development of **a plan for the existing Community Hospitals**, working with local communities.
- This plan will be focussed on the provision of ambulatory care including out-patient services, diagnostics, treatment, observation, rehabilitation and end of life care.
- **A new urgent and planned care hospital in the South of the Health Board area;**
- Acute medicine continues at **Prince Philip General Hospital;**
- **A repurposed Glangwili General Hospital and Withybush General Hospital** offering a range of services to support a social model for health and well-being, designed with local people to meet their needs.

Canolbarth a Gorllewin Cymru Iachach: Cenedlaethau'r Dyfodol yn Byw'n Dda Cymeradwywyd ym mis Tachwedd 2018

Strategaeth Iechyd a Gofal

- Gweledigaeth 20 mlynedd
- Ymagwedd system gyfan – wedi'i alinio at 'Cymru Iachach'
- Symud o fodel meddygol at fodel cymdeithasol o iechyd a gofal



Cymru Iachach: Ein Cynllun ar gyfer Iechyd a Gofal Cymdeithasol: Mehefin 2018

Strategaeth Iechyd a gofal

- Cynllun 10 mlynedd
- Ymagwedd system gyfan yn canolbwyntio ar iechyd, llesiant ac atal salwch



A Healthier Mid and West Wales: Our Future Generations Living Well

Approved November 2018

Health & Care Strategy

- 20-year vision
- Whole system approach - aligned to 'A Healthier Wales'
- Shift from medical to social model of health and care



A Healthier Wales: Our Plan for Health and Social Care:

June 2018

Health & Care Strategy

- 10-year plan
- Whole system approach focused on health, wellbeing, and preventing illness



Canolbarth a Gorllewin Iachach: Ein Gweledigaeth, Nodau Strategol a Chanlyniadau Hirdymor

‘Ein gweledigaeth cytûn yw canolbarth a gorllewin lle mae unigolion a chymunedau a’r amgylcheddau maen nhw’n byw, chwarae a gweithio ynddynt yn addasol, yn gysylltiedig ac yn gefnogol i’w gilydd. Golyga hyn bod pobl yn wydn ac yn ddyfeisgar ac wedi’u galluogi i fyw bywydau llawen, iach a phwrrpasol gydag ymdeimlad cryf o berthyn.’



Starting and Developing Well

Every child will have the best start in life through to working age, supporting positive behaviour and outcomes across the life-course

- I am happy and confident, feel safe and that I belong and have help if I need it
- I am listened to and understood enabling me to reach my full potential
- I have meaningful opportunities and feel empowered to influence decisions about my life.



Living and Working Well

Every adult will live and work in resilient communities that empower personal and collective responsibility for health and wellbeing

- I am supported and I contribute to creating the environment that enables me to look after myself, others and take responsibility for my independence
- My life counts, has purpose and I live a meaningful life with opportunity
- My community is connected, inclusive and supports life-long learning through the promotion of understanding and respect between generations.



Growing Older Well

Every older person will be supported to sustain health and wellbeing across older age, living as well and as independently as possible within supportive networks

- I feel positive about my health and live an independent, healthy life where I feel valued
- I live my life to the full and have opportunities to participate and contribute to my community
- If I have specific needs they are understood and I am enabled to make choices.



A Healthier Mid and West Wales: Our Shared Vision, Strategic Goals and Long Term Outcomes

‘Our shared vision is a mid and west Wales where individuals, communities and the environments they live, play and work in are adaptive, connected and mutually supportive. This means people are resilient and resourceful and enabled to live joyful, healthy and purposeful lives with a strong sense of belonging.’



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Living life to the full



Crynodeb o gynnwys ein strategaeth

Mae'r strategaeth yn nodi ein huchelgeisiau i:

- Gwella iechyd a llesiant y boblogaeth
- Sefydlu rhwydweithiau cymunedol integredig
- Darparu rhwydwaith ysbyty cynaliadwy
- Trawsnewid iechyd Meddwl ac Anableddau Dysgu
- Symud at fodel cymdeithasol o iechyd a llesiant

Community Model

To build strong communities,
keeping people supported closer to home
and only admitting to hospital when necessary.



Beth ydyn ni'n ei feddwl wrth 'model cymdeithasol o iechyd a llesiant'?

Mae llawer o bethau'n effeithio ar iechyd a llesiant pobl. Gan gynnwys **ein dechrau mewn bywyd, ein hamgylchedd, lle'r ydym yn byw, ein haddysg, incwm, cysylltiadau cymdeithasol, perthnasoedd ac ymddygiadau iach**, sef y penderfyniaddion iechyd ehangach, a weithiau gelwir y ffordd hon o feddwl yn 'fodel cymdeithasol o iechyd a llesiant'.

What is in our strategy? A summary

The strategy sets out our ambitions to:

- Improve population health and wellbeing
- Establish integrated community networks
- Deliver a sustainable hospital network
- Transform Mental Health and Learning Disabilities

Community Model

To build strong communities, keeping people supported closer to home and only admitting to hospital when necessary.



What do we mean by ‘a social model of health and wellbeing?’

Many things affect people’s health and wellbeing. This includes **our start in life, our environment, where we live, our education, income, social connections, relationships and healthy behaviours**. These are known as the wider determinants of health and this way of thinking is sometimes called the ‘social model of health and wellbeing’.

Ein Hamcanion Strategol

1

Rhoi pobl
wrth galon
popeth a
wnawn

2

Cydweithio i
fod y gorau
gallwn fod

3

Ymdrechu i
ddarparu a
datblygu
gwasanaethau
rhagorol

4

Yr iechyd a'r
llesiant gorau
i'n
cymunedau

5

Gofal diogel,
cynaliadwy,
hygyrch a
charedig

6

Defnydd
cynaliadwy o
adnoddau

Our Strategic Objectives

1

Putting people
at the heart of
everything we
do

2

Working
together to be
the best we
can be

3

Striving to
deliver and
develop
excellent
services

4

The best
health and
wellbeing for
our
communities

5

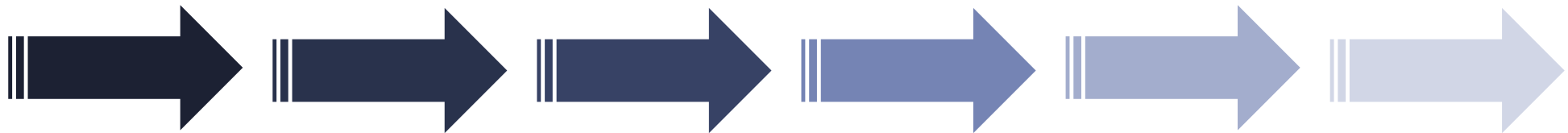
Safe,
sustainable,
accessible and
kind care

6

Sustainable
use of
resources

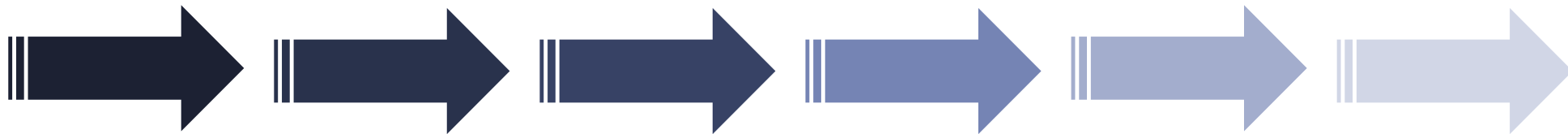
Amcanion Cynllunio

- Datblygu rhwydweithiau a hybiau cymunedol integredig
- Datblygu model cymdeithasol ar gyfer iechyd a llesiant
- Cynhyrchu achos busnes terfynol erbyn mis Mawrth 2024 ar gyfer ysbyty newydd yn ne ardal Hywel Dda ar gyfer darparu gofal brys a gofal wedi'i gynllunio
- Cynhyrchu a chytuno ar yr achos busnes terfynol erbyn Mawrth 2024 ar gyfer addasu safleoedd Ysbyty Cyffredinol Glangwili ac Ysbyty Cyffredinol Llwynhelyg at ddibenion gwahanol
- Gyda phartneriaid perthnasol, datblygwch gynllun erbyn 2024 i fynd i'r afael â mynediad, teithio, trafnidiaeth a'r seilwaith angenrheidiol i gefnogi cyfluniad newydd yr ysbyty gan ystyried y dysgu o bandemig COVID
- Gweithredu Strategaeth Ysbyty Bronglais yn llawn dros y 3 blynedd nesaf fel y cytunwyd yn y Bwrdd ym mis Tachwedd 2019 gan ystyried y dysgu o bandemig COVID.

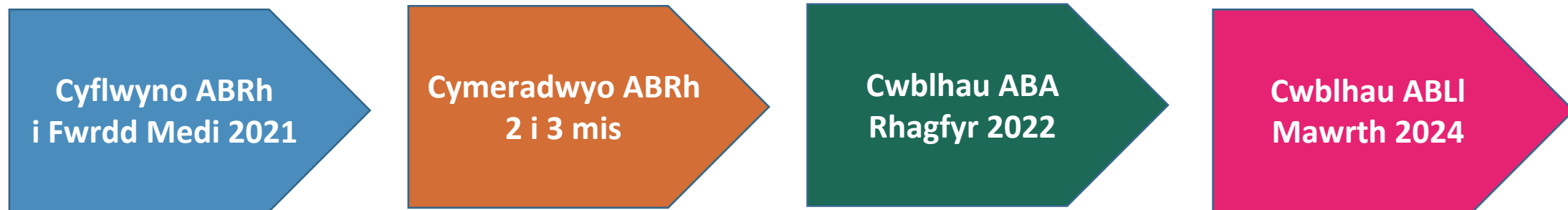


Planning Objectives

- Develop integrated community networks and hubs
- Develop a social model for health and wellbeing
- Produce a final business case by March, 2024 for the implementation of a new hospital in the south of the Hywel Dda area for the provision of urgent and planned care
- Produce and agree the final business case by March 2024 for the repurposing of the Glangwili and Withybush General Hospital sites
- With relevant partners, develop a plan by 2024 to address access, travel, transport and the necessary infrastructure to support the new hospital configuration taking into account the learning from the COVID pandemic
- Fully implement the Bronglais Hospital Strategy over the coming 3 years as agreed at Board in November, 2019 taking into account the learning from the COVID pandemic.



Rhaglen CGCI - Y Broses Achos Busnes – Llinell Amser Trosfwaol



Datblygu seilwaith gymunedol yn gyfochrog

Trawsnewid Gwasanaeth a Datblygiadau Seilwaith Cyfalaf eraill

AHMWW Programme - Business Case Process - Overarching Timeline Assuming Capital Solution



Community Infrastructure Development in Parallel

Service Transformation and other Capital Infrastructure Developments

Uchelgeisiau allweddol

- Darparu amgylcheddau addasol, cysylltiedig a chefnogol y nail i'r llall ar gyfer cleifion a staff, gan ein galluogi i gyflawni ein gweledigaeth strategol o ddarparu gwasanaethau iechyd a gofal diogel, cynaliadwy, hygyrch a charedig.
- Newid system gyfan i ffocysu ar weithio mewn partneriaeth â phobl a chymunedau i gadw pobl yn iach yn eu cartrefi eu hunain neu'n agos at eu cartrefi
- Cyfleusterau, gan gynnwys yr ysbyty newydd ac ysbytai wedi'u haddasu, sydd wrth wraidd y gymuned a lle mae staff a chymunedau yn rhan o'r dyluniad
- Cyfleusterau sy'n ddiogel ac yn hyblyg trwy ddyluniad
- Hyfforddiant ac addysg yn gonglfeini'r cyfleusterau ac yn rhan allweddol o'r dyluniad
- Defnyddio datblygiadau arloesol diweddaraf a bod ar flaen y gad o ran datblygiadau technoleg ddigidol i ddarparu'r canlyniadau gorau i bobl
- Gwneud y budd mwyaf o gysylltu â natur (iechyd gwyrdd) ac effeithlonrwydd carbon

Key ambitions

- Provide adaptive, connected and mutually supportive environments for patients and staff, enabling us to achieve our strategic vision of providing, safe, sustainable, accessible and kind health and care services.
- Whole system change to a focus on working in partnership with people and communities to keep people well in or close to their own homes
- Facilities including the new hospital and repurposed hospitals that are at the heart of the community and where staff and communities are involved in the design
- Facilities that are safe and flexible by design
- Training and education at cornerstone of facilities and is a key part of design
- Utilise the latest innovations and be at the forefront of digital technology developments to provide the best outcomes for people
- To maximise benefit of connecting with nature (green health) and carbon efficiency

Cyflawni ein strategaeth: yr hyn gyflawnwyd cyn y pandemig (Mawrth 2020)

Ein Rhwydwaith Cymunedol Integredig

- Gwelliannau i fferyllfeydd cymunedol gan gynnwys brysbennu a thrin, canolfannau cerdded mewn a phodiau gwybodaeth
- Darparu rhagnodi cymdeithasol fel blaenoriaeth clwstwr meddygon teulu sy'n cefnogi ffyrdd amgen o chwarae rôl weithredol yn eich iechyd a'ch llesiant eich hun
- Uwch-ymarferwyr Parafeddygol yn gweithio mewn meddygfeydd a reolir gan y Bwrdd Iechyd mewn cydweithrediad ag Ymddiriedolaeth Gwasanaethau Ambiwylans Cymru
- Gweithredu gwaith amlddisgyblaethol integredig Gofal Cymunedol a Gofal Sylfaenol gan gynnwys rolau gwell Uwch-ymarferwyr Iechyd
- Arloesedd wedi'i alluogi gan y Gronfa Drawsnewid - Gofal Rhagweithiol Technegol / Gwasanaeth Ymateb i Argyfwng / Cysylltiadau i Bawb

Ein Rhwydwaith Ysbyty

- Gwasanaethau therapi drws blaen wedi'u sefydlu ym mhob un o'r 4 safle ysbyty aciwt
- Datblygu strategaeth "Ysbyty Cyffredinol Bronglais: Cyflwyno Gofal Acíwt Gwledig Rhagorol"
- Datblygu unedau Gofal Ambiwyladol yn hyrwyddo rolau newydd – Cymdeithion Meddygol, Uwch-ymarferwyr Nyrsio a Pharafeddygol
- Datblygu unedau adsefydlu ac adfer yn ein hysbytai aciwt gan ganolbwyntio ar eiddilwch
- Datblygu model gofal ar gyfer pobl hŷn sy'n cyflwyno gyda phroblemau iechyd meddwl a meddygol
- Cytundeb ar fodel trawma aciwt fel rhan o Rwydwaith Trawma Mawr Cymru

Ein Canolfannau Iechyd a Llesiant

- Agor Canolfannau Iechyd a Llesiant Aberaeron ac Aberteifi sy'n cynnig ystod o wasanaethau a chefnogaeth iechyd a llesiant
- Ehangu darpariaeth adsefydlu pwlmonaidd "prif ganolfan a lloerennau" rhithwir mewn cymunedau lleol i'w ymestyn ar gyfer adsefydlu aml-forbidrwydd
- Darparu rheolaeth o gyflyrau cronig trwy'r Rhaglen Cleifion Arbenigol (Foodwise; Camau cyntaf diabetes; rheoli pwysau)
- Cynnydd tuag at ddarparu model cymdeithasol arddangos ar gyfer iechyd yn natblygiad Pentref Llesiant Llanelli
- Achos busnes wedi'i gyflwyno i Lywodraeth Cymru ar gyfer Canolfan Iechyd a Llesiant Cross Hands

Ein Rhwydwaith Cymorth a Gofal Iechyd Meddwl ac Anableddau Dysgu

- Datblygu Canolfan Iechyd Meddwl Cymunedol 24 awr Gorwelion gan gynnwys man diogel a mentora cymheiriaid
- Agor Noddfa Iechyd Meddwl Twilight yn Llanelli ar y cyd â MIND, Hafal, Ymddiriedolaeth Gwasanaeth Ambiwylans Cymru a'r Awdurdod Lleol
- Peilot Tîm Cymorth Dwys Anableddau Dysgu i gefnogi pobl yn eu cartrefi, gan osgoi derbyniadau diangen
- Datblygiad siarter Anableddau Dysgu "Tîm Breuddwydion" i egluro beth sydd bwysicaf i bobl ag anabledd dysgu
- Gwella darpariaeth gwasanaeth Therapi Seicolegol a mynediad ato
- Datblygu rolau Ymarferwyr Iechyd Meddwl Sylfaenol
- Datblygu peilot model gofal cydweithredol yn Ysbyty Bronglais i ddod â'r timau aciwt ac iechyd meddwl at ei gilydd ar gyfer pobl hŷn sy'n cyflwyno gyda phroblemau iechyd meddwl a meddygol aciwt

Delivering our strategy: what we achieved before the pandemic (March 2020)

Our Integrated Community Network

- Community pharmacy enhancements including triage and treat, walk-in centres and information pods
- Provision of social prescribing as a GP cluster priority supporting alternative ways to take an active role in own health and wellbeing
- Advanced Paramedic Practitioners working in Health Board managed GP practices in collaboration with Wales Ambulance Service Trust
- Implementation of integrated Community and Primary Care multi-disciplinary team working including enhanced Advanced Health Practitioner roles
- Transformation Fund enabled innovation - Proactive Tech Enabled Care / Crisis Response Service / Connections 4 All

Our Health and Wellbeing Centres

- Opening of Aberaeron and Cardigan Health and Wellbeing Centres offering a range of health and well-being services and support
- Provision of hub & spoke virtual pulmonary rehabilitation in local communities to be extended for multi-morbidity rehabilitation
- Provision of chronic condition management through the Expert Patient Programme (Foodwise; Diabetes first steps; weight management)
- Progress towards delivery of showcase social model for health at the Llanelli Wellness Village development
- Business case submitted to Welsh Government for Cross Hands Health and Wellbeing Centre

Our Hospital Network

- Front door therapy services established at all 4 acute hospital sites
- Development of the “Bronglais General Hospital: Delivering Excellent Rural Acute Care” strategy
- Development of Ambulatory Care units promoting new roles – Physicians Associates, Advanced Nurse & Paramedic practitioners
- Development of rehabilitation and reablement units at our acute hospitals with a focus on frailty
- Care model development for older people with a mental health and medical presentation
- Agreement on acute trauma model as part of national Major Trauma Network

Our Mental Health and Learning Disability Care and Support Network

- Development of the Gorwelion 24hr Community Mental Health Centre including place of safety and peer mentoring roles
- Opening of the Mental Health Twilight Sanctuary in Llanelli jointly with MIND, Hafal, Welsh Ambulance Service Trust and Local Authority
- The pilot of a Learning Disabilities Intensive Support Team to support people at home, avoiding unnecessary admissions
- The Learning Disability “Dream Team” development of a charter to explain what matters most to people with a learning disability
- Enhancement of Psychological Therapy service provision and access
- Development of Primary Mental Health Practitioner roles
- The development of pilot collaborative care model in Bronglais Hospital to bring together the acute and mental health teams for older people with a mental health and acute medical presentation

Cyflawni ein strategaeth: yr hyn gyflawnwyd yn ystod y pandemig (Awst 2020)

Ein Rhwydwaith Cymunedol Integredig

- Yn Sir Gaerfyrddin, darparodd Llesiant Delta wasanaethau rhithwir i bobl a chleifion oedd yn cysgodi oedd yn 'camu i lawr' o ysbyty aciwt, gan weithredu fel yr un pwynt mynediad ar gyfer aelodau'r gymuned
- Gwelsom dwf mewn mentrau a arweinir gan y gymuned yn ystod y pandemig. Sefydlwyd hyb cymunedol yn Sir Benfro a gefnogodd bron i 100 o grwpiau cymunedol newydd i ddod yn gynaliadwy
- Nododd ein hymchwiliad a'n hymgysylltiad ar gyfer yr adroddiad Darganfod nifer o gymunedau a allai fod ag anghenion ychwanegol o ganlyniad i'r pandemig, gan gynnwys gofalmwr di-dâl, cymunedau BAME, plant a phobl ifanc, pobl sydd wedi'u hynysun ddigidol, a phobl sy'n byw mewn ardaloedd o amddifadedd cymdeithasol mawr

Ein Rhwydwaith Ysbyty

- Adeiladu llwybrau ysbyty cyfan: ymhen ychydig ddyddiau, ail-ffurfweddwyd ein safleoedd aciwt mewn ymateb i fygythiad COVID-19
- Roedd yna lawer o enghreifftiau o wasanaethau a llwybrau gafodd eu hailstrwythuro, gan gynnwys sifftiau a darparu gwasanaethau mewn lleoliadau cymunedol
- Enghreifftiau o lwybrau wedi'u hailstrwythuro sy'n cefnogi osgoi derbyn i ysbyty, a ryddhau â chymorth yn gynnar o ysbytai
- Enghreifftiau o lwybrau symlach rhwng gofal sylfaenol, cymunedol a gofal aciwt, gyda staff yn gweithio ar draws ffiniau / sectorau traddodiadol
- Llawer o newidiadau i wasanaethau (e.e. cleifion allanol) a gefnogir gan Ofal a Alluogir gan Dechnoleg a ffyrdd digidol o weithio
- Astudiaethau'n rhagweld ymchwydd yn y galw am adsefydlu hirdymor



Iechyd a Llesiant Poblogaethau

- Profwyd nifer o ddatblygiadau arloesol mewn perthynas â sgrinio a hunanreolaeth - e.e. Profion Endosgopi FIT
- Profwyd Gofal a Alluogwyd gan Dechnoleg a monitro cleifion o bell hefyd - e.e. monitro occsimetreg cleifion COVID yn eu cartrefi
- Addasodd rhai gwasanaethau ataliol eu dulliau darparu - e.e. cylchredwyd pecyn llesiant emosiynol i hybiau addysg (adnodd papur a digidol), ac mae fideos hybu iechyd yn cael eu datblygu ar hyn o bryd
- Er bod y rhaglen frechu '6 mewn 1' wedi llwyddo i aros yn unol â'r targed, mae'r risg o COVID-19 wedi codi pryderon ymhlith rhieni / gwarcheidwaid, a allai oedi cyn dod â'u plentyn am imiweiddiadau plentynod arferol, gan arwain at ostyngiad yn y nifer sy'n cael imiweiddiad plentynod

Rhwydwaith Cymorth a Gofal Iechyd Meddwl ac Anableddau Dysgu

- Gan adeiladu ar ddatblygiad Canolfan Iechyd Meddwl Cymunedol 24 awr Gorwelion, yn ystod y pandemig gwnaethom gydeoli ac integreiddio ein Timau Datrys Creisis a'n Timau Iechyd Meddwl Cymunedol yn Hwlfordd, Caerfyrddin a Llanelli i ddarparu gwasanaethau iechyd meddwl 7 diwrnod yr wythnos.
- Mae cynllun peilot cludo i gefnogi defnyddwyr gwasanaeth i ac o leoliadau cleifion mewnol bellach yn weithredol; bydd hyn yn darparu dysgu ar gyfer model trafndiaeth newydd, yn cefnogi llif cleifion mewnol a chynyddu capasiti'r gweithlu
- Mae datblygiad Gwasanaeth Cyswllt Brys Iechyd Meddwl ac Anableddau Dysgu yn parhau ar gyflymder
- Mae model Uned Asesu Canolog wedi'i ddatblygu a'i brofi dros dro yn uned cleifion mewnol Bryngofal yn Llanelli a bydd y dysgu o hyn yn llywio datblygiad yn uned cleifion mewnol Morlais, Caerfyrddin
- Awgryma astudiaethau bod afiechyd meddwl yn debygol o gynyddu o ganlyniad i'r pandemig a'r effeithiau economaidd-gymdeithasol cysylltiedig

Canolbarth a Gorllewin Iachach / A Healthier Mid and West Wales

Cenedlaethau'r dyfodol yn byw bywydau iach / Our Future Generations Living Well



Diogel
Safe

Cynaliadwy
Sustainable

Hygyrch
Accessible

Caredig
Kind

Delivering our strategy: what we achieved during the pandemic (August 2020)

Our Integrated Community Network

- In Carmarthenshire Delta Wellbeing provided virtual services for shielded people and patients stepping down from our acute hospital, acting as the single point of access for community members
- We saw a growth in community-led initiatives during the pandemic. A community hub was established in Pembrokeshire, which supported almost 100 new community groups to become sustainable
- Our research and engagement for the Discover report identified a number of communities which may have additional needs as a result of the pandemic, including unpaid carers, BAME communities, children and young people, people who are digitally excluded, and people living in areas of high social deprivation

Our Hospital Network

- Building whole-hospital pathways: in a matter of days our acute sites reconfigured to meet the emerging threat of COVID-19
- There were many examples of restructured services and pathways, including shifts to delivering services in community settings
- Examples of restructured pathways supporting admission avoidance or early supported discharge from hospitals
- Examples of streamlined pathways between primary, community, and acute care, with staff working across traditional boundaries / sectors
- Many changes to services (e.g. outpatients) supported by Technology Enabled Care and digital ways of working
- Studies predict surge in long-term rehabilitation demand due to COVID



Our Population Health and Wellbeing

- A number of innovations were tested in relation to screening and self- management – e.g. Endoscopy FIT tests
- Technology Enabled Care (TEC) and remote patient monitoring were also tested – e.g. remote oximetry monitoring of COVID patients at home
- Some preventative services adapted their delivery methods – e.g. an emotional wellbeing pack was circulated to education hubs (paper and digital resource), and health promotion videos are currently being developed
- Whilst the '6 in 1' vaccine programme has managed to remain on target, the risk of COVID-19 has raised concerns among parents / guardians, who may delay bringing their child for routine childhood immunisations, leading to a decrease in the uptake of all childhood immunisations

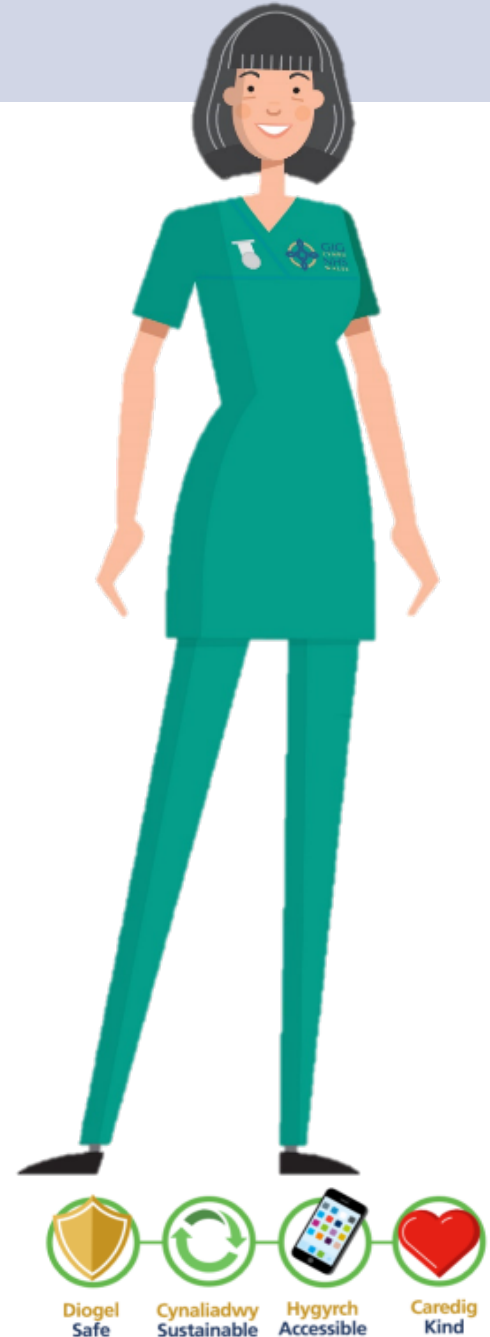
Our Mental Health and Learning Disability Care and Support Network

- Building on the development of the Gorwelion 24hr Community Mental Health Centre, during the pandemic we co-located and integrated our Crisis Resolution Teams (CRTs) and Community Mental Health Teams (CMHTs) in Haverfordwest, Carmarthen and Llanelli to provide 7-day mental health services.
- A pilot conveyance scheme to support service users to and from inpatient settings is now operational; this will provide learning for a new transport model, support inpatient flow and increase workforce capacity
- The development of a Mental Health and Learning Disabilities Emergency Liaison Service is continuing at pace
- A Central Assessment Unit (CAU) model has been temporarily developed and tested at Bryngofal inpatient unit in Llanelli and the learning from this will inform the CAU development at Morlais inpatient unit, Carmarthen
- Studies suggest that mental ill health is likely to increase as a result of the pandemic and associated socio-economic impacts

Pam ydyn ni am ymgysylltu â chi nawr?

Rydym am glywed eich barn am y canlynol:

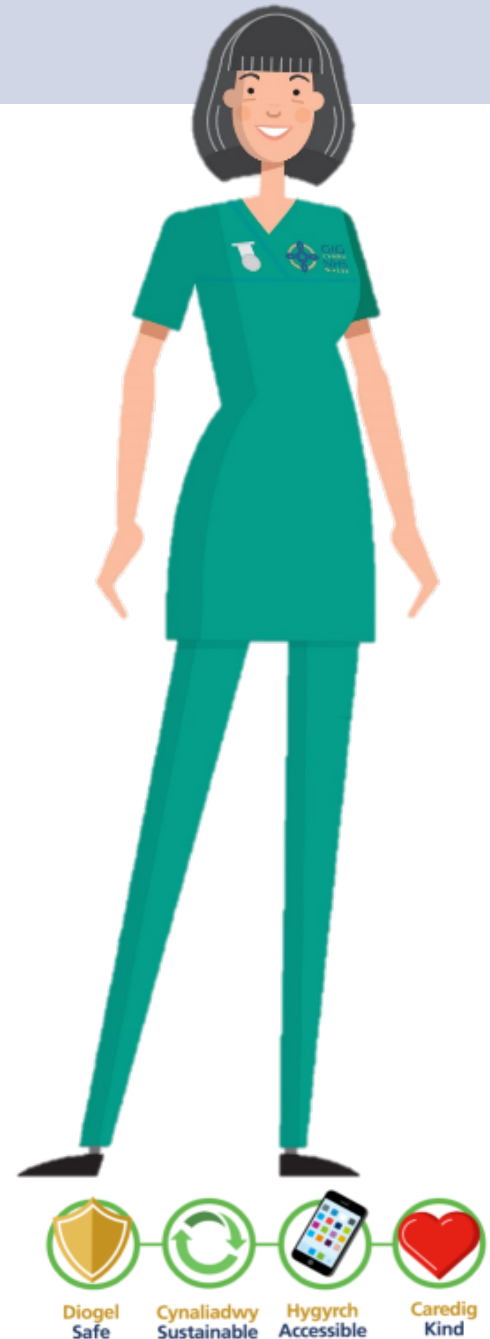
- **Beth sydd angen i Fwrdd Iechyd Prifysgol Hywel Dda ei ystyried mewn perthynas ag effaith pandemig COVID-19 ar iechyd a llesiant?**
- **Beth sydd angen i'r Bwrdd Iechyd ei ystyried am yr effaith ar fynediad at gymorth a gwasanaethau iechyd a llesiant oherwydd pandemig COVID-19?**
 - Beth sydd wedi gweithio'n dda?
 - Beth sydd heb weithio cystal?
- **A oes gennych brofiad personol o ddefnyddio gwasanaethau iechyd a llesiant yn ystod pandemig COVID-19?**
 - Pa wasanaeth(au)?
 - Os ydych wedi defnyddio gwasanaethau cyn COVID-19, a yw gwasanaethau wedi gwella neu wedi gwaethygu?
 - Nodwch unrhyw faterion y mae angen i'r Bwrdd Iechyd eu hystyried yn y dyfodol.



Why do we want to engage with you now?

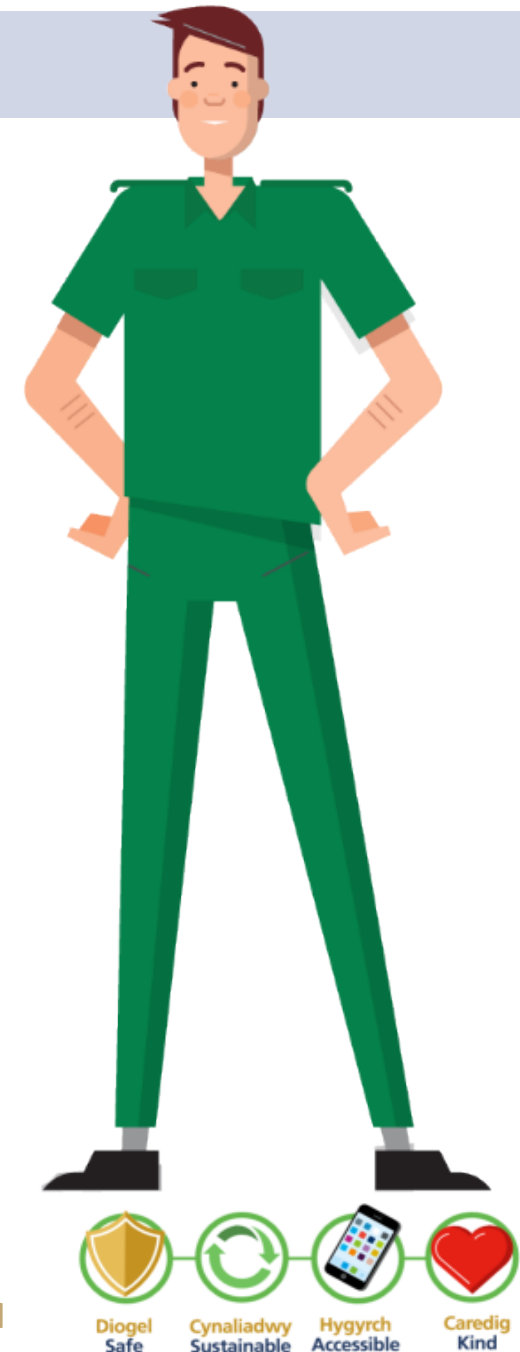
We want to hear your views about the following:

- **What does Hywel Dda University Health Board need to consider in relation to the impact on health and well-being of the COVID-19 pandemic?**
- **What does the Health Board need to consider about the impact on access to health and well-being support and services due to the COVID-19 pandemic?**
 - What has worked well?
 - What has worked less well?
- **Do you have personal experience of using health and well-being services during the COVID-19 pandemic?**
 - Which service(s)?
 - If you have used services before COVID-19, have services improved or got worse?
 - Please note any issues the Health Board needs to consider in the future.



Pam ydyn ni am ymgysylltu â chi nawr?

- Sut mae sicrhau bod ein gwasanaethau'n hygyrch?
- A ydych wedi profi unrhyw faterion yn ymwneud ag anfantais neu wahaniaethu y mae angen i ni fynd i'r afael â nhw?
- A ydy tlodi neu incwm isel wedi effeithio ar eich iechyd a'ch llesiant, neu eich mynediad at ofal?
- Beth sydd angen i'r Bwrdd Iechyd ei ystyried ynghylch y materion hyn?



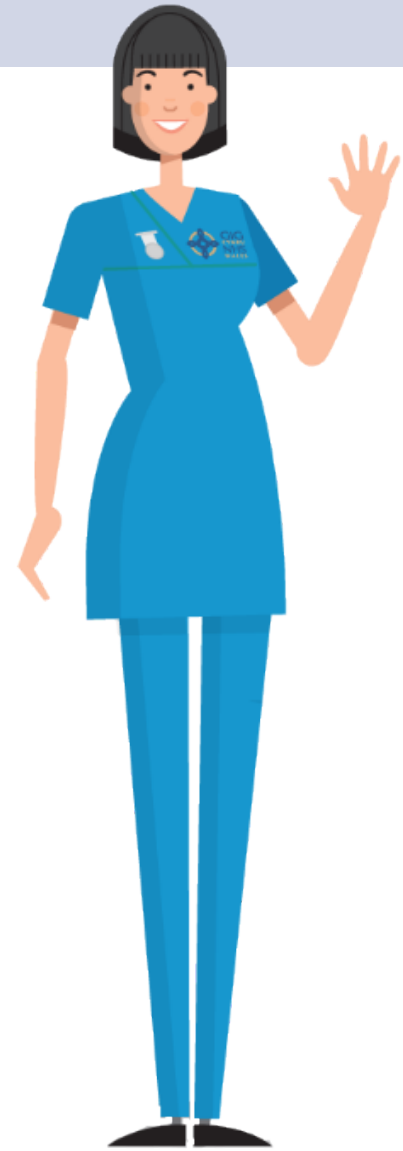
Why do we want to engage with you now?

- **How do we ensure our services are accessible?**
 - Have you experienced any issues around disadvantage or discrimination we need to address?
 - Has poverty or low income affected your health and wellbeing, or access to care?
 - What does the Health Board need to consider around these issues?



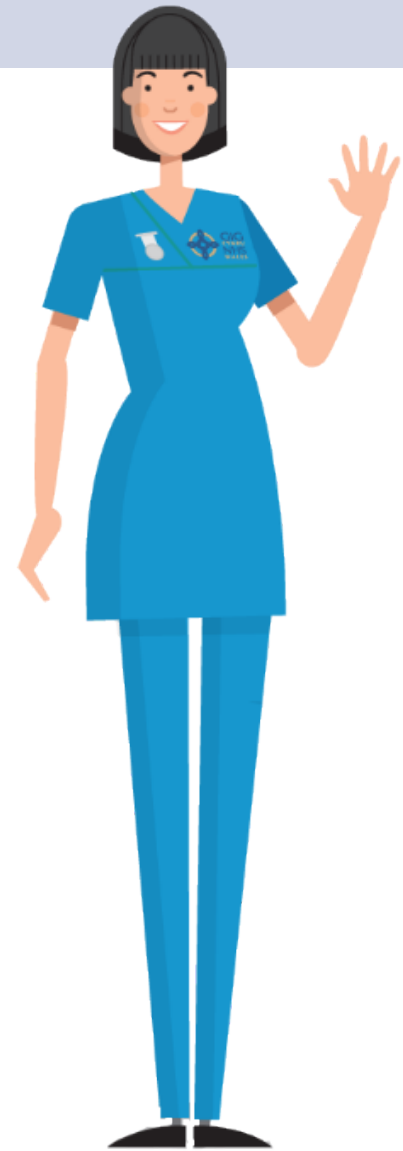
Pam ydyn ni am ymgysylltu â chi nawr?

- Rydym yn gofyn am enwebiadau ar gyfer safle rhwng a chan gynnwys trefi Sanclêr yn Sir Gaerfyrddin ac Arberth yn Sir Benfro, ar gyfer **yr ysbyty gofal brys a gofal wedi'i gynllunio newydd**, yn seiliedig ar bedwar maen prawf:
- Rhaid i'r safle enwebedig fod o fewn **y parth rhwng ac yn cynnwys Sanclêr yn Sir Gaerfyrddin ac Arberth yn Sir Benfro**. Y lleoliad hwn yw'r mwyaf canolog i'r rhan fwyaf o'r boblogaeth yn ne ardal Hywel Dda.
 - Dylai'r safle enwebedig fod yn **o leiaf 35 erw o dir y gellir ei ddatblygu'n rhesymol**.
 - Dylai fod i'r safle enwebedig **ragolygon realistig o gael caniatâd cynllunio** ar gyfer ysbyty newydd.
 - Dylai fod **seilwaith trafnidiaeth priodol** ar gyfer prif safle ysbyty.
- Unwaith y bydd gan y Bwrdd Iechyd rai enwebiadau safle sy'n bodloni'r pedwar maen prawf mae angen cymharu eu potensial.
 - Rydym hefyd yn gofyn i'r cyhoedd roi adborth ar beth yw'r pum peth pwysicaf y dylai'r Bwrdd Iechyd eu hystyried wrth benderfynu pa safle fydd orau i'n cymunedau.



Why do we want to engage with you now?

- We are asking for nominations for a site between and including the towns of St Clears in Carmarthenshire and Narberth in Pembrokeshire, **for the new urgent and planned care hospital**, based on four criteria:
 1. The nominated site must be within the **zone between and including St Clears in Carmarthenshire and Narberth in Pembrokeshire**. This location is the most central to most of the population in the south of the Hywel Dda area.
 2. The nominated site should be a **minimum of 35 acres of reasonably developable land**.
 3. The nominated site should have **realistic prospects of obtaining planning permission** for a new hospital.
 4. There should be **appropriate transport infrastructure** for a major hospital site.
- Once the Health Board has some site nominations that meet the four criteria their potential needs to be compared.
- We are also asking public to feedback on what are the five most important things the Health Board should consider in deciding which site will be best for our communities.



Pam ei bod yn bwysig cymryd rhan



“Byddwn yn annog cymaint o bobl â phosib i gymryd rhan oherwydd bydd yr adborth a gawn yn chwarae rhan fawr wrth helpu i lunio gwasanaethau yn y dyfodol. Bydd hyn yn ei dro yn caniatáu inni gyflawni ein hymrwymiad hirdymor ar gyfer canolbarth a gorllewin Cymru iachach.”

“Byddwn hefyd yn pwysleisio bod yr ymarfer ymgysylltu hwn yn rhan o broses barhaus. Dros y misoedd a'r blynnyddoedd nesaf, rydym yn bwriadu ymgysylltu â'r cyhoedd, rhanddeiliaid a phartneriaid ar amrywiaeth eang o faterion, megis modelau gwasanaeth. Bydd pawb yn cael eu cyfle i rannu eu barn oherwydd ein bod wedi ymrwymo i ymgysylltu'n barhaus â'r cyhoedd i sicrhau ein bod yn darparu'r gofal gorau posib.”



Why it's important to get involved



"I would encourage as many people as possible to participate because the feedback we receive will play a major role in helping shape future services. This in turn will allow us to deliver on our long-term commitment for a healthier mid and west Wales."

"I would also stress that this engagement exercise is part of an ongoing process. Over the coming months and years, we plan to engage with the public, stakeholders and partners on a wide variety of issues, such as service models. Everyone will have their chance to give their views and opinions because we are committed to continuous engagement with the public to ensure we provide the best possible care."



Sut allwch chi gymryd rhan?

Bydd yr ymarfer ymgysylltu yn rhedeg tan
ddydd Llun 21 Mehefin 2021

Gwybodaeth bellach:

- **Gwefan:** www.haveyoursay.hduhb.wales.nhs.uk
- **Ebost:** hyweldda.engagement@wales.nhs.uk
- **Ffôn:** 01554 899 056
- **Post:** FREEPOST HYWEL DDA HEALTH BOARD



How can you get involved?

The engagement exercise will run until
Monday 21st June 2021

Further information is available by:

- **Visiting:** www.haveyoursay.hduhb.wales.nhs.uk
- **Emailing:** hyweldda.engagement@wales.nhs.uk
- **Calling:** 01554 899 056
- **Writing to:** FREEPOST HYWEL DDA HEALTH BOARD



Beth yw'r camau nesaf?

- Bydd yr adborth yn cael ei ddadansoddi a'i adolygu gan y bwrdd iechyd
- Byddwn yn ei ddefnyddio i lywio ein gwaith yn y dyfodol
- Byddwn yn eich diwddaru trwy ymgysylltu'n barhaus â'r cyhoedd a staff
- Cofrestrwch i 'Dweud Eich Dweud' gael y wybodaeth ddiweddaraf.



What are the next steps?

- ▶ The feedback will be analysed and reviewed by the health board
- ▶ We will use it to inform our future work
- ▶ We will update you through continuous engagement with the public and our staff
- ▶ Sign up to '*have your say*' to keep informed and updated.



Diolch yn fawr / Thank you

