

# DIRECTORY OF PROJECTS

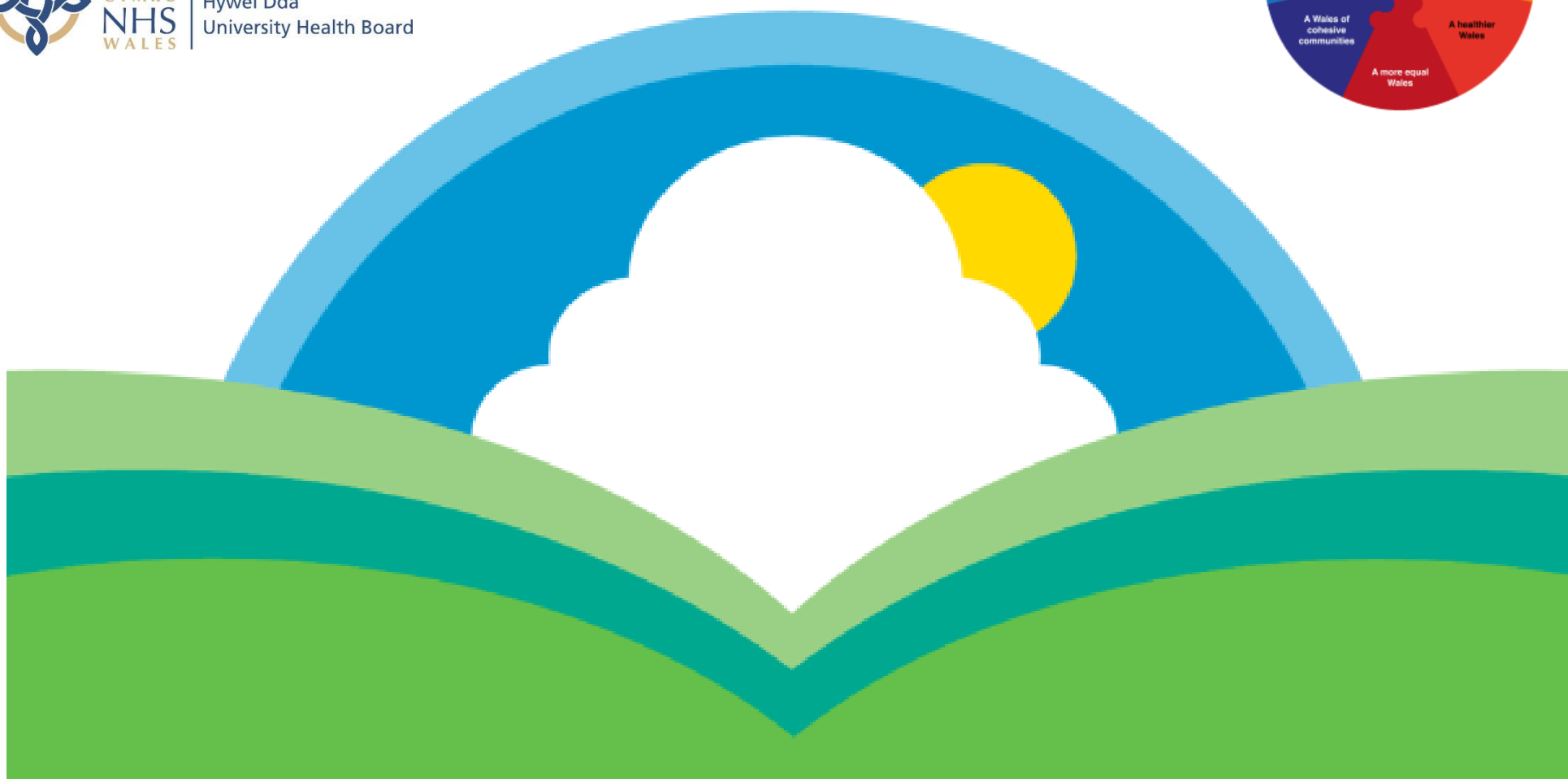
## CONTRIBUTING TO THE WELLBEING OF FUTURE GENERATIONS (WALES) ACT 2015

*Last updated: 09/07/20*



**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd Prifysgol  
Hywel Dda  
University Health Board



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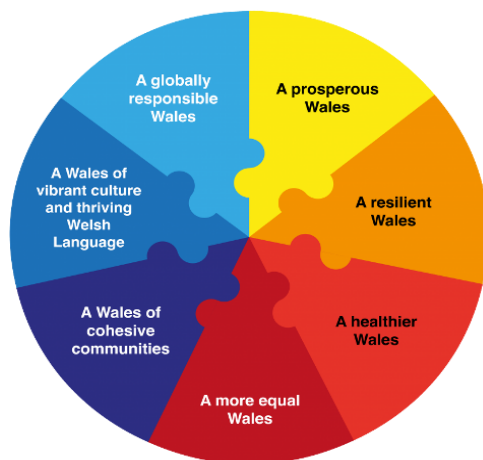
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## Background

The aim of the Well-being of Future Generations Act is to improve the social, economic, environmental and cultural wellbeing of Wales by tasking 44 Public Bodies, including Hywel Dda University Health Board to think about the long-term impact of their decisions, to work better with people, communities and each other, and to prevent persistent problems such as poverty, health inequalities and climate change.

The Act is unique to Wales attracting interest from countries across the world as it offers a huge opportunity to make a long-lasting, positive change to current and future generations.

The Act sets out **seven national well-being goals and five ways of working** that public bodies are required to work collaboratively to address.



### Long term



The importance of balancing short-term needs with the need to safeguard the ability to also meet long-term needs.

### Prevention



How acting to prevent problems occurring or getting worse may help public bodies meet their objectives.

### Integration



Considering how the public body's well-being objectives may impact upon each of the well-being goals, on their other objectives, or on the objectives of other public bodies.

### Collaboration










Acting in collaboration with any other person (or different parts of the body itself) that could help the body to meet its well-being objectives.

### Involvement



The importance of involving people with an interest in achieving the well-being goals, and ensuring that those people reflect the diversity of the area which the body serves.





The Act has placed a duty on us to define and deliver our own **well-being objectives** which will demonstrate our commitment to achieving the seven national well-being goals.












UHB Well-being objectives 2019/20 onwards	Wales' National Well-being Goals
1. Plan and deliver services to increase our contribution to low carbon. 2. Develop a skilled and flexible workforce to meet the changing needs of the modern NHS.	 <b>A prosperous Wales</b>
3. Promote the natural environment and capacity to adapt to climate change.	 <b>A resilient Wales</b>
4. Improve population health through prevention and early intervention, supporting people to live happy and healthy lives.	 <b>A healthier Wales</b>
5. Offer a diverse range of employment opportunities which support people to fulfil their potential.	 <b>A more equal Wales</b>
6. Contribute to global well-being through developing international networks and sharing of expertise.	 <b>A globally responsible Wales</b>
7. Plan and deliver services to enable people to participate in social and green solutions for health. Encouraging community participation through the medium of Welsh.	 <b>A Wales of vibrant culture and thriving Welsh language</b>
8. Transform our communities through collaboration with people, communities and partners.	 <b>A Wales of cohesive communities</b>











## Hywel Dda University Projects (A-Z)














This directory gives an overview of projects which are being developed, or have been established in Hywel Dda University Health Board that are supporting delivery of our eight Well-being Objectives. We've provided details of different projects, how they link to our own Wellbeing Objectives as well as the National Well-being Goals and 5 Ways of Working. We've also provided contact details so you can find out further information.







If you are involved with or know about any project or pieces of work which you think should be highlighted here please contact [inclusion.hdd@wales.nhs.uk](mailto:inclusion.hdd@wales.nhs.uk)










Project Name	Description	UHB Well- being Objectives	5 Ways of Working	National Well-being Goals	Want more information?
<b>Carer Confident</b>	The Employers for Carers Task and Finish group is chaired by the Health Board vice chair. The group are identifying and supporting staff who have caring responsibilities outside of their work within the Health Board, as well as working to identify actions that demonstrate the carer confident award. The group is also developing a Carers Policy and undertaking listening and engagement activities to support Carers of patients and working Carers.	This project is helping us to embed the following objective: <b>5. Offer a diverse range of employment opportunities which support people to fulfil their potential.</b>	 Collaboration  Long Term	 A Resilient Wales  A Healthier Wales	<b>Clare Hale</b> <a href="mailto:Clare.hale@wales.nhs.uk">Clare.hale@wales.nhs.uk</a>










<p><b>Carers Officers - Hospitals Project</b></p>	<p>Providing support to unpaid carers and ensuring their involvement in the hospital discharge is a priority.</p> <p>A pilot project was established and delivered in partnership with the third sector. Four Carers Officers are employed, one in each acute hospital to support staff and unpaid Carers with information and support. They also provide training for staff to promote carer recognition and awareness.</p>	<p>This project us helping us to embed the following objectives:</p> <p><b>4.</b> Improve population health through prevention and early intervention, supporting people to live happy and healthy lives.</p> <p><b>8.</b> Transform our communities through collaboration with people, communities and partners.</p> <p>The project is focused on early intervention and support for unpaid Carers so that that they are fully involved in the discharge of the person they care for.</p>	 Collaboration  Long Term  Prevention	 A Resilient Wales  A Healthier Wales	<p><b>Clare Hale</b>  <a href="mailto:Clare.hale@wales.nhs.uk">Clare.hale@wales.nhs.uk</a></p>
<p><b>CONNECT prevention programme</b></p>	<p>Delivered in partnership with Delta Well-being, the project, which is the first of its kind in Wales, has been implemented to support a prevention and early-intervention care system through pro-active wellbeing calls. CONNECT also offers flexible support packages tailored towards an individual's specific needs to help them live independently for as long as possible utilising the latest Technology Enabled Care (TEC). This includes red button lifelines, fall detectors, GPS tracking devices, door sensors, medication dispensers to remind someone when their medication is due and many more useful devices.</p>	<p>This project us helping us to embed the following objective:</p> <p><b>4.</b> Improve population health through prevention and early intervention, supporting people to live happy and healthy lives.</p> <p>The project has been implemented as part of our Regional Partnership Board Transformation Programme to support prevention and early intervention, helping users of the service to live independently at home.</p>	 Collaboration  Long Term  Prevention	 A Resilient Wales  A Healthier Wales  A Wales of Cohesive Communities	<p><b>Julia Wilkinson</b>  <a href="mailto:JWilkinson@carmarthenshire.gov.uk">JWilkinson@carmarthenshire.gov.uk</a></p>









<p><b>Clwb Clonc</b></p>	<p>'Clwb Clonc' is a pilot project providing Welsh learners with the opportunity to practice their Welsh language skills with others. Following the initial success of the Clwb Clonc it is likely to be rolled out at all hospital sites during 2020/2021.</p>	<p>This project us helping us to embed the following objective:  <b>7.</b> Plan and deliver services to enable people to participate in social and green solutions for health. Encouraging community participation through the medium of Welsh.</p> <p>The project encourages community participation through the medium of Welsh by providing a place for learners to practice their skills alongside others.</p>	 Long Term	 A Wales of Vibrant Culture Welsh Language  A Wales of Cohesive Communities	<p><b>Welsh Language Team</b>  <a href="mailto:welshtranslation.services@wales.nhs.uk">welshtranslation.services@wales.nhs.uk</a></p>
<p><b>Early Intervention in Psychosis – Employment Support</b></p>	<p>The project is in partnership with MIND Cymru who provides employment Support Workers that work closely with young people and Occupational Therapists within the Early Intervention In Psychosis Service.</p>	<p>This project us helping us to embed the following objectives:  <b>4.</b> Improve population health through prevention and early intervention, supporting people to live happy and healthy lives.</p> <p>This project is aimed at improving the work, education and training outcomes of young people, supporting them to fulfil their full potential.</p>	 Involvement  Collaboration  Integration  Long Term	 A Resilient Wales  A Healthier Wales  A Wales of Cohesive Communities	<p><b>Nicky Thomas</b>  <a href="mailto:Nicky.Thomas@wales.nhs.uk">Nicky.Thomas@wales.nhs.uk</a></p>





<p><b>Education Programme for Patients</b></p>	<p>The Education Programme for Patients (EPP) team provide a range of free self-management health and wellbeing programmes and workshops for people living with a health condition or for those who care for someone with a health condition.</p>	<p>This project us helping us to embed the following objectives:  <b>4.</b> Improve population health through prevention and early intervention, supporting people to live happy and healthy lives.</p> <p>The project helps improve population health by allowing people to actively participate in their own care.</p>	 Collaboration  Involvement  Long Term  Prevention	 A Resilient Wales  A Healthier Wales	<p><b>EPP Team</b>  <a href="mailto:eppcymru.hyweldda@wales.nhs.uk">eppcymru.hyweldda@wales.nhs.uk</a></p>
<p><b>Green Health Network</b></p>	<p>The Green Health Network meets twice a year and provides an opportunity for staff to come together to share updates and ideas about Green Health projects, meet partner organisations and hear from external speakers. A number of projects have been developed to create more green spaces on hospital sites and improve staff wellbeing.</p> <p>The network has stimulated the establishment of Green Health Groups.</p>	<p>This project us helping us to embed the following objectives:  <b>7.</b> Plan and deliver services to enable people to participate in social and green solutions for health. Encouraging community participation through the medium of Welsh.  <b>8.</b> Transform our communities through collaboration with people, communities and partners.</p>	 Collaboration  Involvement  Long Term	 A Prosperous Wales  A Resilient Wales  A Globally Responsible Wales  A Wales of Cohesive Communities	<p><b>Well-being Team</b>  <a href="mailto:Wellbeing.HDD@wales.nhs.uk">Wellbeing.HDD@wales.nhs.uk</a></p>







<p><b>Grow Your Own Initiative</b></p>	<p>The 'Grow Your Own' initiative offers a unique education pathway for Health Care Support Workers from bands 2 and 3, assistant practitioners at band 4 and flexible options to becoming a registered nurse in all areas of nursing, adult, mental health and learning disabilities and paediatric services.</p>	<p>This project us helping us to embed the following objectives:  <b>2.</b> Develop a skilled and flexible workforce to meet the changing needs of the modern NHS.  <b>5.</b> Offer a diverse range of employment opportunities which support people to fulfil their potential.</p>	 Long Term	 A Prosperous Wales   A More Equal Wales	<p><b>Tina Coleman</b>  <a href="mailto:tina.coleman@wales.nhs.uk">tina.coleman@wales.nhs.uk</a></p>
<p><b>Health Care Apprentice Programme</b></p>	<p>The programme launched in May 2019, enabling those who need to earn and learn to become a fully registered nurse through work-based learning. 53 apprentices were recruited onto the programme in 2019.</p> <p>The project is an innovative way to recruit a skilled workforce, training those who may not have been able to attend university for various reasons to become part of our workforce.</p>	<p>This project us helping us to embed the following objectives:  <b>2.</b> Develop a skilled and flexible workforce to meet the changing needs of the modern NHS.  <b>5.</b> Offer a diverse range of employment opportunities which support people to fulfil their potential.</p>	 Long Term	 A Prosperous Wales   A More Equal Wales	<p><b>Amanda Glanville or Shelley Dony</b>  <a href="mailto:ApprenticeshipAcademy.HDD@wales.nhs.uk">ApprenticeshipAcademy.HDD@wales.nhs.uk</a></p>

<p><b>Investors in Carers Scheme</b></p>	<p>The Investors in Carers quality assurance scheme supports staff and partner organisations to increase their knowledge of unpaid Carers and provides ways of helping and supporting them. To date 122 settings in Hywel Dda have achieved accreditation through our scheme, with another 76 settings working on the scheme.</p> <p>Increasing the recognition and support for Carers is a priority both nationally and locally as the numbers of unpaid Carers continues to grow.</p>	<p>This project us helping us to embed the following objective:  <b>2.</b> Develop a skilled and flexible workforce to meet the changing needs of the modern NHS.  <b>4.</b> Improve population health through prevention and early intervention, supporting people to live happy and healthy lives.</p>	 Long Term	 A Resilient Wales  A More Equal Wales	<p><b>Pennie Muir</b>  <a href="mailto:pennie.muir@wales.nhs.uk">pennie.muir@wales.nhs.uk</a></p>
<p><b>Learning Disabilities Dream Team</b></p>	<p>The Learning Disabilities Dream Team was established by a group of adults with learning disabilities, supported by People First advocacy services. The group was established to provide advice and support to the Learning Disabilities Programme Group (a strategic group of service managers from Health and Social Care across the 3 counties of Carmarthenshire, Ceredigion and Pembrokeshire). They have also developed a Learning Disabilities Charter.</p>	<p>This project us helping us to embed the following objectives:  <b>8.</b> Transform our communities through collaboration with people, communities and partners.</p>	 Involvement  Integration  Long Term  Collaboration	 A More Equal Wales  A Wales of Cohesive Communities	<p><b>Nigel Miller</b>  <a href="mailto:Nigel.Miller@wales.nhs.uk">Nigel.Miller@wales.nhs.uk</a></p>

<p><b>Overseas Doctors Recruitment project</b></p>	<p>The UHB have developed a recruitment campaign to recruit overseas doctors. The Arabic campaign is an innovative campaign to help grow our workforce, whilst also establishing international networks to share learning</p> <p><a href="https://www.youtube.com/watch?v=MajVdmrdxo4">https://www.youtube.com/watch?v=MajVdmrdxo4</a></p>	<p>This project us helping us to embed the following objectives:</p> <p><b>2.</b> Develop a skilled and flexible workforce to meet the changing needs of the modern NHS.</p> <p><b>5.</b> Offer a diverse range of employment opportunities which support people to fulfil their potential.</p> <p><b>6.</b> Contribute to global well-being through developing international networks and sharing of expertise.</p>	 Long Term  Involvement	 A Prosperous Wales  A Globally Responsible Wales	<p><b>Tina Coleman</b>  <a href="mailto:tina.coleman@wales.nhs.uk">tina.coleman@wales.nhs.uk</a></p>
<p><b>QR Code Hubs in Community Pharmacies</b></p>	<p>QR code hubs are being used by our Community pharmacies to share the most up to date health advice and information with their patients, such as the Common Ailments Scheme, as well as links to self-help leaflets for chronic diseases. The information hubs can be updated remotely and therefore the detail behind each QR code will always be kept up to date.</p>	<p>This project us helping us to embed the following objectives:</p> <p><b>4.</b> Improve population health through prevention and early intervention, supporting people to live happy and healthy lives.</p>	 Long Term  Prevention	 A Resilient Wales  A Healthier Wales  A Wales of Cohesive Communities	<p><b>Local Pharmacies can provide information:</b></p> <p><a href="http://www.hyweldda hb.wales.nhs.uk/communitypharmacy">http://www.hyweldda hb.wales.nhs.uk/communitypharmacy</a></p>

<p><b>Roof mounted Photovoltaic Panels (PV)</b></p>	<p>Roof mounted Photovoltaic Panels (PV) are to be installed on 3 community sites; Amman Valley Hospital, Tenby Cottage Hospital and the Elizabeth Williams Clinic, Llanelli. To reduce its carbon footprint and contribute to the Welsh Government's 2030 net carbon neutral ambition. We plan to deliver further roof mounted PV scheme and LED lighting projects on another four community sites in 20/21, along with a ground mounted solar farm project in Hafan Derwen, Carmarthen.</p>	<p>This project us helping us to embed the following objective:  <b>1.</b> Plan and deliver services to increase our contribution to low carbon.</p> <p>In total the three schemes are estimated to save approximately 77,379 Kwh of electricity and £12.5K per annum. Carbon savings from these projects are expected to be approx. 76 tCo2e over the life time of the project payback period (8 years).</p>	 Long Term	 A Prosperous Wales  A Resilient Wales	<p><b>Terri Shaw</b>  <a href="mailto:Terri.Shaw@wales.nhs.uk">Terri.Shaw@wales.nhs.uk</a>  <a href="https://www.hs.uk">hs.uk</a></p>
<p><b>Sustainable Parenting Project</b></p>	<p>This project was created by Becci Johnson, a Midwife in our Health Board. Becci came up with the idea of creating a poster containing 10 climate change actions, to encourage new parents to be more sustainable. As part of this project the health board also planted 1300 trees in partnership with Pembrokeshire County Council and Pembrokeshire Coastal National Park which is the start of a Pembrokeshire woodland for Pembrokeshire babies, representing the number of babies born annually in the county.</p>	<p>This project us helping us to embed the following objective:  <b>3.</b> Promote the natural environment and capacity to adapt to climate change.</p>	 Long Term  Collaboration	 A Prosperous Wales  A Resilient Wales  A Healthier Wales	<p><b>Becci Johnson</b>  <a href="mailto:Rebecca.Johnson2@wales.nhs.uk">Rebecca.Johnson2@wales.nhs.uk</a></p>

<p><b>Transforming Mental Health Programme – Twinning with Trieste</b></p>	<p>Core to the Twinning with Trieste project is a staff exchange programme and the exchange of learning. The UHB and Trieste Mental Health Services in Italy signed the first Mental Health International Twinning Agreement in Wales. The Trieste mental health model of care is proven to deliver excellent outcomes for both service users and staff.</p> <p>This project has not only created a great international network but this learning has provided a wide range of staff and stakeholders the opportunity to reflect on current practices, explore new ways of working and have contributed to the evidence base that supports the development of the Transforming Mental Health programme.</p>	<p>This project us helping us to embed the following objectives:</p> <p><b>2.</b> Develop a skilled and flexible workforce to meet the changing needs of the modern NHS.</p> <p><b>6.</b> Contribute to global well-being through developing international networks and sharing of expertise.</p>	 Collaboration  Integration	 A Prosperous Wales  A Globally Responsible Wales	<p><b>Thomas Alexander</b>  <a href="mailto:Thomas.Alexander@wales.nhs.uk">Thomas.Alexander@wales.nhs.uk</a></p>
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<p><b>The Twilight Sanctuary</b></p>	<p>The UHB launched the Twilight Sanctuary in Llanelli in September 2019, working in partnership with Dyfed Powys Police and Carmarthenshire County Council. The Twilight Sanctuary is a ground breaking out of hours mental health service for adults in Llanelli. The Twilight Sanctuary is the first of its kind in Wales, open Thursday to Sunday from 6pm to 2am, offering early access to help and a place of sanctuary for adults at risk of deteriorating mental health, when other support based services are closed.</p>	<p>This project us helping us to embed the following objectives:</p> <p><b>4.</b> Improve population health through prevention and early intervention, supporting people to live happy and healthy lives.</p> <p><b>8.</b> Transform our communities through collaboration with people, communities and partners.</p> <p>This innovative project has provided a mental health service which is focused on early intervention, giving patients access to a service before crisis point. It is a great example of the benefit on communities when services collaborate.</p>	 Collaboration  Long Term  Prevention	 A Healthier Wales	<p><b>Marie Kathrens</b>  <a href="mailto:marie.kathrens@wales.nhs.uk">marie.kathrens@wales.nhs.uk</a></p>
<p><b>Waste Action Reuse Programme (WarpIT)</b></p>	<p>A web-based tool for reusing surplus furniture and equipment. The platform allows users to find what they need without submitting new procurement requests, helping to save money as well as being better for the environment.</p>	<p>This project us helping us to embed the following objective:</p> <p><b>1.</b> Plan and deliver services to increase our contribution to low carbon.</p> <p>The outcomes of this project show that this programme significantly improves our contribution to low carbon. As of April 2020, 165,261 kg of CO2 had been saved.</p>	 Long Term	 A Prosperous Wales	<p><b>Stuart Jones</b>  <a href="mailto:stuart.jones@wales.nhs.uk">stuart.jones@wales.nhs.uk</a></p>