



A Healthier Mid and West Wales



This report is to find out what care and support services people in Mid and West Wales need during the next 20 years.



It is **approved** by Hywel Dda University Health Board.



Why we are doing it?



We asked people to say what they think about improving their health and **well-being**.



We want services that:



- treat illness



- keep people well



- prevent poor health or stop illness getting worse



- give the help you may need early on



We want to support people to:



- help babies and children do well



- live and work well



- grow old well



Many things in life affect a person's health and **well-being**.



So, we want **professionals** from different organisations to work together.



That way they can support people to live healthy and more independent lives.



We know we need to do this because we have many challenges:



- more people with different needs, including more older people



- staffing the right services



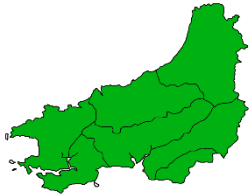
- providing care from old buildings



- making the best of our money and **resources**



What will it mean for you?



We will work with people and organisations from 7 areas:



1. North Ceredigion



2. South Ceredigion



3. North Pembrokeshire



4. South Pembrokeshire



5. Taf, Tywi, Teifi



6. Amman and Gwendraeth



7. Llanelli



You will be able to contact one person to link with the different health and care services you need.



Hospitals



A new hospital for the south of the Hywel Dda area.

The hospital:



- will have the area's biggest Accident and Emergency Department



- will do specialist treatments and big operations for adults and children



Bronglais Hospital, Aberystwyth will have:



- Accident and Emergency



- hospital beds with doctor care



- will do some operations



- babies will be delivered from here by midwives and doctors



- cancer care (chemotherapy)



- care at the end of their life



Prince Philip Hospital in Llanelli will have:



- services for adults in a medical emergency



- a minor injuries unit and testing services



- hospital beds with doctors giving care



- some smaller surgery



- cancer care



- care at the end of life



Glangwili and Withybush Hospitals will have:



- units for small injuries



- beds for people who need care from nurses



- cancer care



- care at the end of life



We will also work with the ambulance service and other health boards to make transport services better.



We want there to be Air Ambulances at all times of the day and doctors who can come to you if you have a serious accident.



We will use **technology** to do things quickly and easily and check on long-term health problems.



How to get involved



We want to keep talking to as many people as possible to improve health and care services.



We want to include people who experience **barriers** and **exclusion**.



We want to have a person in each area to make sure these talks happen.



For more information

Phone: 01554 899 056

Web: www.hywelddahb.wales.nhs.uk



What the words mean



Approved is when someone believes this is a good thing.



A **barrier** is something that makes things difficult or impossible.



Exclusion is when someone has been left out on purpose.



A **Health Board** is the organisation that plans and pays for health services in their area



Resources are the things an organisation has to work with, like money and staff.



Professionals are the people working in health and support services. They may be doctors, dentists, nurses, or care workers.



Technology means things like mobiles, video calls, computers and the internet.



Well-being is about being happy, healthy and liking life and what you do. It includes all the things that make life good like:



- health
- where you live
- family and friends
- how safe you feel
- and going out

