

## Learning Disabilities – Improving Lives Programme

<b>NHS Organisation</b>	Hywel Dda University Health Board
<b>Date of Report</b>	30/10/20
<b>Report Prepared By</b>	Laura Andrews Professional Lead Learning Disability Nursing

The learning disability transformation programme 'Improving Lives' <https://gov.wales/sites/default/files/publications/2019-03/learning-disability-improving-lives-programme-june-2018.pdf> outlines the priority areas that will strengthen services and subsequently improve the lives of people with learning disabilities. The delivery of these priority areas involves collaborative working across NHS Wales, Regional Partnership Boards, Public Service Boards, Local Authorities and the third and private sectors. NHS organisations are required to evidence how they are contributing towards the priority areas of the 'Improving Lives' programme and in particular, the recommendations/actions outlined in this reporting template.

**Reporting Schedule:** Progress for the current operational year is to be reported bi-annually. This form is to be submitted on 30 October 2020 and 30 April 2021. **The completed form is to be returned to:** [hss.performance@gov.wales](mailto:hss.performance@gov.wales)

Within Hywel Dda University Health Board everything that we do to meet the needs of individuals with a learning disability is led by the Learning Disability Charter which was developed by people with a learning disability and is led by the Dream Team who hold services to account for their progress towards the charter 'wants'.

**Recommendation:** Implementation of evidence based interventions e.g. Positive Behavioural Support (PBS) and active support training programmes and awareness sessions across services and the lifespan. Starting with guidance for children and parents and carers and linking to the ACE awareness training and learning from the English STOMP (STop Over Medicating People) programme.

**Key Action:** Promote the use of PBS in all settings and raise awareness of the appropriate and safe use of restraint.

Achievements	Risk to Delivery	Corrective Actions
<b>Reporting Period: 1 April 2020 to 30 September 2020</b>		
<ul style="list-style-type: none"> <li>All Health Board staff employed to work within Learning Disability Services receive mandatory training in Positive Behaviour Management, which promotes the use of PBS throughout the service.</li> <li>A training programme is currently in development that will provide learning disability training to all HCSW within the service. As part</li> </ul>	<ul style="list-style-type: none"> <li>Unfortunately the ICF funded children's behaviour team has been disbanded as staff sought permanent positions within other areas.</li> <li>The impact of covid-19 has delayed progression in many of the developments due to staff being deployed to direct care or being unable to provide training.</li> </ul>	, lessons learned for the HB have been around time limited contracts and the need to ensure that staff feel secure in the long-term.

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<p>of this programme Carmarthen Peoples First (Learning disability self-advocacy group) will deliver a session on active support. This session has been delivered previously and is well received by staff.</p> <ul style="list-style-type: none"> <li>• Part of the work of the Health Action Team have been supporting children's services within the acute sector. The children's services have been fully engaged in the process and have developed a health passport for use with all children in receipt of acute services, which they developed in conjunction with widget and is available on the widget website.</li> <li>• Part of the All Wales primary care education pack focuses on the stomp project. Primary liaison nurses will be providing this training to primary care staff and are engaged with Public Health Wales in development of a Welsh version.</li> <li>• Representatives of the learning disability service have been engaged in the development of additional learning need action plans.</li> </ul>	<ul style="list-style-type: none"> <li>• There is a risk that services will return to a new normal and as such the needs of people with a learning disability will be missed</li> </ul>	<p>Ensure that any change in practice/access to services is assessed for the impact it may have on access for people with a learning disability</p>

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Achievements	Risk to Delivery	Corrective Actions
<ul style="list-style-type: none"> <li>• The HB are fully engaged in the reducing restrictive practice agenda and staff are engaged in the work of PPRICE</li> <li>• A challenging behaviour pathway is in development in line with NICE guidelines</li> <li>• The formation of the Intensive Support Team has allowed individuals to be supported within the community preventing hospital admission; the Bevan Commission is supporting its development/progress.</li> <li>• The admission and treatment service has supported individuals who had been long stay hospital in-patients to move out of hospital and four gentlemen who had been living in the Autism unit are now living happy and fulfilling lives in the community. The last gentleman has plans to leave hospital within the next month.</li> <li>• Developed an audit that encourages care providers to measure themselves against the West Wales Charter and creates an action plan as a result.</li> </ul>		
<b>Reporting Period: 1 October 2020 to 31 March 2021</b>		

**Recommendation:** Develop integrated housing, health, social care models and guidance, learning from previous examples that provide accessible services for vulnerable people especially those with a learning disability. Utilising part of the potentially expanded integrated capital and revenue care fund.

**Key Action:** As a member of the Regional Partnership Board drive integrated services across health, housing, social services and the third sector. People with a learning disability are one of the key priority groups for funding under the Integrated Care Fund.

Achievements	Risk to Delivery	Corrective Actions
<b>Reporting Period: 1 April 2020 to 30 September 2020</b>		
<p>All work undertaken by the Learning Disability service is led by the West Wales Learning Disability Charter and the team report to the Dream Team on progress and action thus ensuring that all work of is informed by the people the service is intended to serve and meets the requirements of 'Improving Lives.</p> <ul style="list-style-type: none"> <li>This is the 2nd year of a joint project between the 3 LA's and health to jointly review residential care placements. The reviews will see if individuals are well supported in their placement and if they could progress into more independent living options. The project will align with the ICF capital community living project by identifying people who require different accommodation and will assist in identifying future need to inform service development. The project links with the ICF capital community living project by identifying people who require supported accommodation</li> </ul>	<ul style="list-style-type: none"> <li>The pandemic has reduced the ability to carry out face to face reviews although some have continued via video conferencing this is not ideal</li> <li>Health staff have continued to link with providers to undertake reviews and ensure that people are safe. They have also ensured up to date information and advice is provided on managing the pandemic, use of PPE and any other issues arising.</li> <li>The team have also delivered covid testing to MHLd homes in the region with 1700 tests delivered.</li> </ul>	

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<p>The project will also help to make sure that placements are suitable and safe. It could also reduce overall cost and allow for alternative investment in community based services.</p> <ul style="list-style-type: none"> <li>•</li> </ul>		

Reporting Period: 1 October 2020 to 31 March 2021		

**Recommendation:** To enable a person centred approach through developing models of funding to enable joint packages of care through social care funding and health care funding to prevent delayed transfers of care and inappropriate placements/ accommodation.

**Key Action:** As a member of the Regional Partnership Board jointly assess, plan and provide efficient and effective integrated and sustainable care and support services. Their purpose is to improve the outcomes and well-being of people with care and support needs.

Achievements	Risk to Delivery	Corrective Actions
Reporting Period: 1 April 2020 to 30 September 2020		
<p>As above all work is currently directed by the 'Dream Team' and is occurring jointly with the 3 Local Authorities the projects in place are the progression project as described above and 2 projects which look at independent living and joint commissioning of services, these are being led by the local authority leads.</p>		

Reporting Period: 1 October 2020 to 31 March 2021		

**Recommendation:** Primary Health Care: Improve the take up and quality of annual health checks to monitor and identify health needs (target: 75% of all individuals registered with their GP practise who have a diagnosed learning disability are to have an annual health check).

**Key Action:** (1) Review the role of community learning disability teams to support delivery of the annual health checks (primary care cluster level), supporting step-down and children and young people's services. (2) Establish a community learning disability link nurse for every primary care cluster.

Achievements	Risk to Delivery	Corrective Actions
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Reporting Period: 1 April 2020 to 30 September 2020		
<ul style="list-style-type: none"> <li>With a successful bid for further Welsh Government monies via an ICF grant the Health Board has been able to reconfigure the liaison services provided to people with a learning disability with the formation of a Health Action Team (HAT). The HAT team will provide training and support to general health services in both primary and secondary care and consists of               <ul style="list-style-type: none"> <li>4 x 0.5 wte band 6 Acute Liaison nurses</li> <li>1 x1wte band 5 Acute Liaison nurse</li> <li>4x 0.5 wte band 6 primary liaison nurses</li> <li>4 x 0.2 wte health check champions</li> </ul> </li> <li>Current work is focused on cleansing GP data to ensure that all those entitled to an AHC are invited</li> <li>There is a service review ongoing which is reviewing the set up and function of CTLD</li> </ul>	<ul style="list-style-type: none"> <li>Changes in service delivery due to covid-19 have made setting up a new service difficult with many changes to service delivery becoming the new 'normal'. How these changes will affect people with a learning disability are being evaluated regularly.</li> <li>Due to winter pressures and the second wave of covid the team are focussing on education packs for carers and people with a learning disability over the winter period</li> </ul>	

<ul style="list-style-type: none"> <li>• An action plan for the launch of the health profile is in development</li> <li>• As part of the development of a training resource for primary care staff across Wales members of the team were due to present the pack at a national conference in Belfast in April 2020 which was unfortunately cancelled.</li> <li>• Members of the team have been shortlisted for the Nursing Times Awards in the Learning Disability Nursing category</li> <li>•</li> </ul>		
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**Reporting Period: 1 October 2020 to 31 March 2021**

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**Recommendation:** Secondary Health Care: To ensure reasonable adjustments are made for people with a learning disability through using care bundles, having learning disability champions, system flagging and increasing the number of learning disability liaison nurses across Wales. To ensure traffic light systems/health passports are put in place. Roll out of the health equalities framework.

<b>Achievements</b>	<b>Risk to Delivery</b>	<b>Corrective Actions</b>
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**Reporting Period: 1 April 2020 to 30 September 2020**

<ul style="list-style-type: none"> <li>• The recent appointment of 2 more nurses means that for the first time since it's creation the team will have a representative in each general hospital in HDUHB area.</li> <li>• From September 2019 the liaison team have provided a 20 min session weekly on the HB induction programme this means all new starters regardless of role will receive training in the</li> </ul>	<ul style="list-style-type: none"> <li>• The pandemic has meant that most training has been put on hold</li> </ul>	<ul style="list-style-type: none"> <li>• The team are looking at creative ways of providing training with some being done by MS Teams</li> </ul>
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Achievements	Risk to Delivery	Corrective Actions
<p>reasonable adjustments needed for people with a learning disability.</p> <ul style="list-style-type: none"> <li>• The team are carrying out a follow-up research project to show the economic value of a health liaison service.</li> <li>• The team are currently developing the set-up of a reasonable adjustment clinic that will meet the needs of some of the most challenging people with a learning disability</li> <li>• The paediatric service have fully engaged with the team resulting in all children's departments having resources and signage available with the recent launch of a children's health passport that meets the needs of all children not just children with a learning disability..</li> <li>• The team have been audited for student nurse placement and have supported 10 learning disability nursing students to date with positive feedback from all students, .In addition they provided a week placement to an adult nursing student who had requested the experience.</li> <li>• Meet monthly with senior managers in acute services to discuss learning</li> </ul>		



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<p>disability issues and to share learning from patient admissions.</p> <ul style="list-style-type: none"> <li>• The team have provided training sessions to preceptors, junior doctors, nursing and bespoke sessions to various wards and departments, in total they have <u>trained 920</u> staff across the acute service.</li> <li>• Learning Disability champion training sessions have been run with the Paul Ridd Foundation for each hospital site. At a recent meeting with the Paul Ridd Foundation the team were commended for their efforts in training champions having trained <u>159 champions</u> across the health board area, this is the highest number of champions in Wales. In addition the team are the only team in Wales who include children's services in all training and support.</li> <li>• They have also provided training to both the University of South Wales and Swansea university student nurses.</li> <li>• The team have presented at 2 national conferences on constipation awareness in people with a learning disability</li> <li>• Have helped develop a training package for GP's with Public Health Wales which was due to be launched in April 2020 but due to Covid-19 has been delayed the primary</li> </ul>		

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<p>facilitation nurses are looking at how it can be adapted to provide on-line training while restrictions remain in place.</p> <ul style="list-style-type: none"> <li>• Referrals are steadily increasing as acute staff become more aware of the service.</li> <li>• To date the team have supported <u>222 people</u> within the 4 hospitals.</li> <li>• The team have received <u>51 referrals</u> for direct contact, <u>118 referrals</u> for Advice and consultation and there have been <u>53 identified admissions</u>.</li> <li>• Hospital staff report positive experience of the health liaison nurses</li> <li>• Completed a patient story with the patient experience team</li> <li>• </li> </ul>		
<b>Reporting Period: 1 October 2020 to 31 March 2021</b>		

**Recommendation:** To ensure that people with complex needs have timely and easy access to learning disability specialist services through mainstreaming multi-disciplinary teams, reviewing health's bed placed provision and developing appropriate care services e.g. trauma informed care, PBS, mental health and out of hours access.

Achievements	Risk to Delivery	Corrective Actions
<b>Reporting Period: 1 April 2020 to 30 September 2020</b>		
<p>The set up of the Intensive Support Team to work with individuals at risk of placement breakdown and avoid hospital admission has resulted in a timely response for individuals in crisis. This in turn has allowed the HB to reduce the number of admission beds to 3.</p> <p>Liaison between acute mental health services and learning disability services has improved and the Intensive Support Team work into and out of the acute admission wards to support individuals with a learning disability and acute mental health needs as required.</p> <p>There is a service review in place looking at CTLD function and make-up.</p>		
<b>Reporting Period: 1 October 2020 to 31 March 2021</b>		