



**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd Prifysgol  
Hywel Dda  
University Health Board

# Ein Hadroddiad Blynyddol Our Annual Report

## 2022-2023



# Amdanom ni

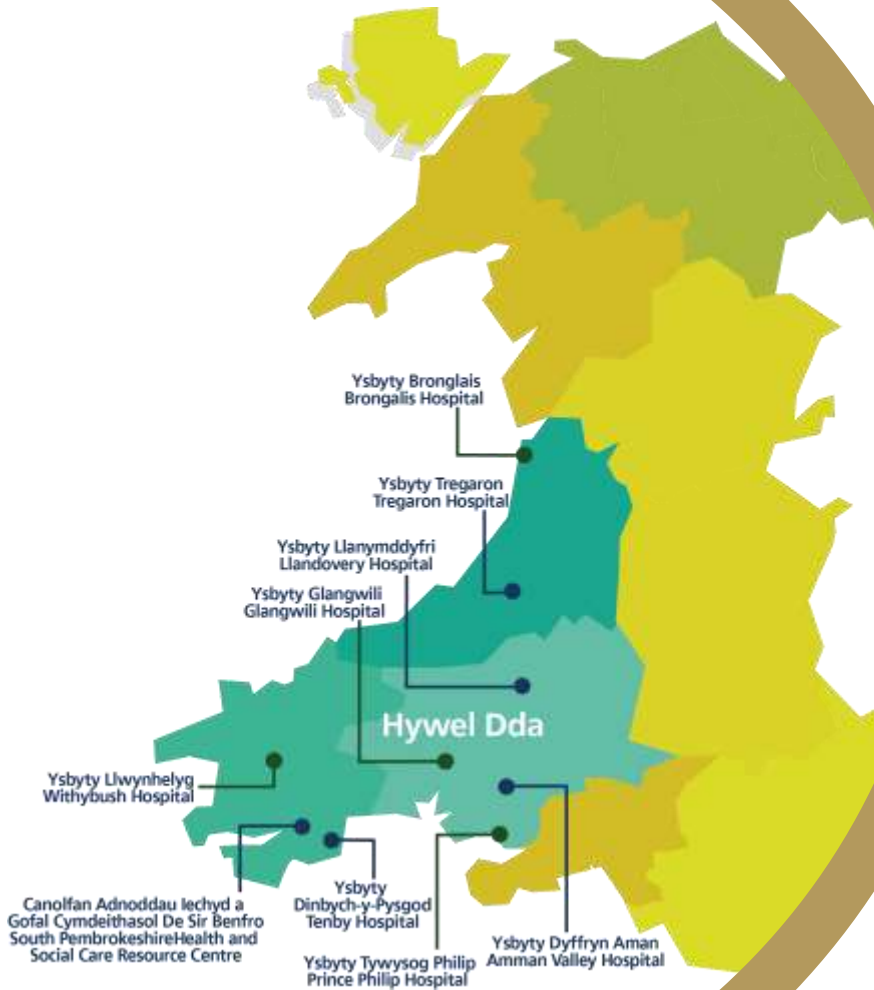
## About us

Gwasanaethau gofal iechyd y GIG ar draws Sir Gaerfyrddin, Ceredigion, Sir Benfro, a'r ffiniau, gan gefnogi a darparu gofal mewn:

- cartrefi pobl eu hunain
- gofal sylfaenol a chymunedol – mewn pentrefi a strydoedd mawr
- ysbytai
- gwasanaethau arbenigol

NHS healthcare services across Carmarthenshire, Ceredigion, Pembrokeshire, and borders, supporting and providing care in:

- people's own homes
- primary and community care – in villages and high streets
- hospitals
- specialist services



# Amdanom ni About us

# 13,143

o staff yn cadw pobl yn iach ac yn  
darparu gofal a chefnogaeth

staff keeping people well and  
providing care and support





# Gyda'n gilydd yn creu llefydd iach a charedig i fyw a gweithio yng Nghanolbarth a Gorllewin Cymru

## Together we are building kind and healthy places to live and work in Mid and West Wales



# Gofal wedi ei gynllunio

## Planned care

Cefnogi cleifion a lleihau y nifer o gleifion sy'n aros am driniaeth

- Uned Llawfeddygaeth Ddydd £20m yn Ysbyty Tywysog Philip
- Cyflwyno technoleg AI (Deallusrwydd Artiffisial) i ragweld hyd arhosiad claf yn yr ysbyty
- Gwasanaeth Cymorth Rhestr Aros

Supporting patients and reducing the number of patients waiting for treatment

- £20m Day Surgery Unit at Prince Philip Hospital
- Introducing AI (Artificial Intelligence) technology to predict the length of a patient's stay in hospital
- Waiting List Support Service





# Gofal brys ac argyfwng

## Urgent and emergency care

Gwella trosglwyddiadau ambiwlans i'n hadrannau brys

- Gweithio ar y cyd gyda WAST
- Gofal Brys yr Un Dydd (SDEC)
- Rôl Uwch Ymarferydd Parafeddygol
- Mentrau mewn gofal sylfaenol a chymunedau
- Cynllun Gartre'n Gyntaf

Improving ambulance handovers to our emergency departments

- Joint working with WAST
- Same Day Emergency Care (SDEC)
- Advanced Paramedic Practitioner role
- Initiatives in primary care and communities
- Home First approach



# Cancer

Gwella llwybrau cancer ac amseroedd aros cleifion

- Clinig diagnosis cyflym
- Sgrinio Profion Imiwnocemegol ar Ysgarthion (FIT)
- Rhaglen LUMEN ar gyfer diagnosis cynnar o ganser yr ysgyfaint
- Gweithio gyda'n gilydd i daclo tagfeydd yn y system
- Canolbwyntio ar gynllunio a pherfformiad

Improving cancer pathways and patient waiting times

- Rapid diagnosis clinic
- Faecal Immunochemical Testing (FIT) screening
- LUMEN programme for early lung cancer diagnosis
- Working together tackle bottlenecks in the system
- More focus on planning and performance





# iechyd meddwl

## Mental health

Gwella perfformiad ein gwasanaethau iechyd meddwl, gan gynnwys therapi seicolegol

- Sesiynau therapi grŵp
- Gwasanaeth negeseuon testun
- Ymgyrch recriwtio a chefnogaeth y trydydd sector

a gwasanaethau niwroddatblygiadol

- Gwella Gyda'n Gilydd
- Gwasanaeth Cymorth Rhestr Aros
- System archebu ganolog

Improving the performance of our mental health services, including psychological therapy

- Group therapy sessions
- Text message service
- Recruitment drive and third sector support

and neurodevelopmental services

- Improving Together
- Waiting List Support Service
- Centralised booking system



# Atal a rheoli heintiau

## Infection prevention and control

Lleihau heintiau sy'n gysylltiedig â gofal iechyd

- Addysg a hyfforddiant ar draws lleoliadau gofal aciwt, sylfaenol a gofal chymunedol
- Codi ymwybyddiaeth sefydliadol o atal a rheoli heintiau
- Adolygu a gwella ein polisiau a'n canllawiau

Reducing healthcare associated infections

- Education and training across acute, primary and community care settings
- Raise organisational awareness of infection prevention and control
- Review and improve our policies and guidance





# Ein gweithlu Our workforce

## Canolbwyntio ar ein heriau recriwtio

- Croesawu dros 100 o nyrsys rhyngwladol
- Wedi rhagori ar ein huchelgais ar gyfer cynyddu ein staff nyrsio a bydwreigiaeth
- Llwyddiant parhaus ein Hacademi Brentisiaeth
- Gwella ein harferion recriwtio

## Focusing on our recruitment challenges

- Welcomed over 100 international nurses
- Exceeded our ambition for increasing our nursing and midwifery staff
- Continued success of our Apprenticeship Academy
- Improved our recruitment practices

# Ymateb parhaus i COVID-19

## Ongoing response to COVID-19

Amddiffyn y rhai mwyaf agored i niwed rhag COVID-19 a heintiau anadlol eraill

- Addasu ein rhaglenni profi, olrhain cysylltiadau a brechu
- Cyd-weinyddu brechlynnau COVID-19 a'r fflw
- Darparu brechiad atgyfnerthu y gwanwyn a'r hydref, ac annog cwblhau cyrsiau brechlyn cyntaf

Protecting the most vulnerable from COVID-19 and other respiratory infections

- Adapting our testing, contact tracing and vaccination programmes
- Co-administration of COVID-19 and flu vaccines
- Delivering Spring and Autumn boosters, and encouraging completion of primary vaccine courses







# Canolbarth a gorllewin iachach A healthier mid and west Wales

Mae yna heriau, ond rydym yn obeithiol am y dyfodol

- Strategaeth Canolbarth a Gorllewin Cymru Iachach
- Achos Busnes Rhaglen am fuddsoddiad cyfalaf o £1.3 biliwn gan Lywodraeth Cymru
- Ymgynghoriadau cyhoeddus ar leoliad ysbyty Newydd ar gyfer gofal brys a gofal wedi'i gynllunio, a gwasanaethau pediatriig yn y dyfodol

There are challenges, but we are optimistic for the future

- Healthier Mid and West Wales strategy
- Programme Business Case for £1.3billion capital investment by Welsh Government
- Public consultations on location of new urgent and planned care hospital, and future paediatric services

# Gweithio gyda'n partneriaid

## Working with our partners

Gweithio gyda'n gilydd er lles cymunedol

- Gofal sylfaenol a chymunedol, awdurdodau lleol ac asiantaethau'r trydydd sector yn cydweithio i gefnogi gofal cymdeithasol
- Cefnogi cyfleoedd ymchwil gyda phrifysgolion ac Ymchwil Iechyd a Gofal Cymru
- Rôl weithredol yn Fforwm Lleol Cymru Gydnerth Dyfed Powys

Working together for community well-being

- Primary and community care, local authorities and third sector agencies working to support social care
- Supporting research opportunities with universities and Health and Care Research Wales

- Active role in Dyfed Powys Local Resilience Forum





# Ein hystad Our estate

Cymryd camau hirdymor i fynd i'r afael ag adeiladau sy'n heneiddio a modelau gwasanaeth anghynnaladwy

- Strategaeth i ddatblygu model gofal integredig, sy'n canolbwyntio ar gleifion, yn y gymuned ac yn gymdeithasol
- lleihau ein hól troed carbon
- Gwneud defnydd cynaliadwy o'n hadnoddau

Taking long-term action to address ageing buildings and unsustainable service models

- Strategy to develop integrated, patient-centric, community-based and social model of care
- reducing our carbon footprint
- making sustainable use of our resources



# Hybu'r Gymraeg

## Promoting our Welsh language

Darparu gwasanaethau gofal iechyd dwyieithog i gleifion a staff

- Annog mwy o ddefnydd o'r Gymraeg gan ein staff
- Penodi tiwtor iaith i helpu staff i wella eu sgiliau a'u hyder
- Ymgysylltu â phartneriaid a chymunedau i ddatblygu ein Cynllun Iaith a Diwylliant Cymraeg

Delivering bilingual healthcare services for patients and staff

- Encouraging an increased use of Welsh by our staff
- Appointing a tutor to help staff improve their Welsh language skills and confidence
- Engaging partners and communities to develop our Welsh Language and Culture Plan



# Cyflawniadau ein staff

## Our staff achievements

Balchder anhygoel yn ein gweithlu: mae eu penderfynoldeb yn parhau i'n synnu

- Ymrwymo i ddarparu'r gofal gorau posibl i gleifion mewn amgylchiadau anodd
- Nifer sylweddol o staff, timau a gwasanaethau wedi eu cydnabod mewn gwobrau a chynadleddau lleol a chenedlaethol

Incredible pride in our workforce: their resolve continues to astound us

- Committed to delivering the best possible patient care in difficult circumstances
- Significant number of staff, teams and services recognised in prestigious local and national awards and conferences



# Edrych ymlaen Looking ahead

Mae'r rhagolygon yn parhau i fod yn heriol iawn, ond mae ein strategaeth hirdymor a'n cynllun blynyddol 2023/24 yn disgrifio gweledigaeth glir i'n helpu ni

- Adfer o effaith y pandemig
- Mynd i'r afael â heriau ariannol hirsefydlog
- Adeiladu system iechyd gwydn a chynaliadwy

Forecast remains very challenging, but our long term strategy and annual plan 2023/24 describe a clear vision to help us

- Recover from the impact of the pandemic
- Address long-standing financial challenges
- Build a resilient and sustainable health system





# Darllen mwy Read more

Mae ein Hadroddiad Blynyddol llawn ar gael ar ein gwefan:

<https://biphdd.gig.cymru/adroddiad-blynyddol-2022-2023>

Our full Annual Report is available on our website:

<https://hduhb.nhs.wales/annual-report-2022-2023>