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Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board

Ein cyf / Our ref: StD/#2
Gofynnwch am / Please ask for: Communications Hub
Rhif Ffôn / Telephone: 0300 303 8322 (option 5)
E-bost / E-mail: ask.hdd@wales.nhs.uk
Dyddiad / Date: 10 May 2024

Ysbyty Cyffredinol Llwynhelyg
Heol Abergwaun, Hwlfordd,
Sir Benfro, SA61 2PZ

Withybush General Hospital
Fishguard Road, Haverfordwest,
Pembrokeshire, SA61 2PZ

Dear Patient of St David's Surgery

St David's Surgery – please share your views as a patient

As you will be aware from our previous letter, Dr Riley at St David's Surgery has made the difficult decision to resign the General Medical Services contract he holds with the Health Board to operate the Practice, with effect from 31 October 2024.

Patients registered with St David's Surgery should remain registered at the Practice and should continue to access services such as appointments and prescriptions as normal. Care will continue to be provided by the same Practice team until the end of October 2024.

The Health Board is engaging with local stakeholders to find a sustainable solution for the ongoing provision of General Medical Services for patients currently registered at St David's Surgery. As part of this work the Health Board wants to hear your views as a patient on what matters to you about the services you need from your GP Practice, and how any changes to the way services are delivered after October 2024 may affect you. You are invited to a public engagement drop-in event:

Date **Friday 14 June, 2pm – 7pm (call-in anytime)**
Venue **St David's City Hall, High Street, St David's, SA62 6SD**

Alternatively, you can contact the Health Board to feedback your views to us:

- By telephone to the Health Board's Communications Hub on 0300 303 8322 (option 5)
- By email to ask.hdd@wales.nhs.uk
- Online via our 'Have Your Say' website at www.haveyoursay.hduhb.wales.nhs.uk, or by scanning the QR code below with your mobile phone camera.



- By writing to us and/or completing the enclosed questionnaire and dropping it off at a collection box at St David's Surgery or St David's Pharmacy. Please also complete the equality monitoring questionnaire enclosed, as this helps us make sure that we are gathering views from all parts of the community. The questionnaire is anonymous. Alternatively, you can post it back to us via FREEPOST HYWEL DDA HEALTH BOARD, however this cost is recharged to the NHS.

In addition you can feed back your views to Llais at www.llaiswales.org

Swyddfeydd Corfforaethol, Adeilad Ystwyth,
Hafan Derwen, Parc Dewi Sant, Heol Ffynnon
Job, Caerfyrddin, Sir Gaerfyrddin, SA31 3BB

Corporate Offices, Ystwyth Building,
Hafan Derwen, St Davids Park, Job's Well Road,
Carmarthen, Carmarthenshire, SA31 3BB

Cadeirydd /
Interim Chair
Judith Hardisty

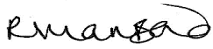
Prif Weithredwr/Interim Chief
Executive
Prof Phil Kloer

Bwrdd Iechyd Prifysgol Hywel Dda yw enw gweithredol Bwrdd Iechyd Lleol Prifysgol Hywel Dda
Hywel Dda University Health Board is the operational name of Hywel Dda University Local Health Board

Mae Bwrdd Iechyd Prifysgol Hywel Dda yn amgylchedd di-fwg Hywel Dda University Health Board operates a smoke free environment

Please feedback your views by 19 June 2024. All feedback will be collated and will form an important part of the consideration and decision-making by the Health Board on how services will be delivered from March onwards. The Health Board appreciates the continuing support given by the community to the team at St David's Surgery through this challenging period.

Yours sincerely



Rhian Bond
Assistant Director of Primary Care

Large print format are available at St David's Surgery and Well Community Pharmacy

St David's Surgery Patient Questionnaire – the future of services for registered patients

The Health Board is working with stakeholders to find a solution for how services can continue to be delivered to patients after October 2024. Recent attempts by the Practice to find another GP Partner to share the responsibilities and workload shouldered by Dr Riley have failed, and there has been no interest from local independent GP Practices. Small single-handed GP Practices can struggle with business pressures and with staffing which means they are at risk of becoming unsustainable. Unfortunately, both Solva Surgery and St David's Surgery have had contract terminations within the last eighteen months. There is also some uncertainty whether the St David's Surgery building would be available to lease once the current contract ends.

The Health Board has a responsibility to ensure that all patients continue to have access to General Medical Services. The Panel that is considering the contract termination has recommended that a managed dispersal of the patient list take place at the end of October. This would mean that all patients would be allocated to the next nearest surgery to them, and for the vast majority of patients this would be Solva Surgery as the closest. This would create a single GP Practice that would be larger, more stable and more resilient for the future. The Panel felt this is the most viable option to ensure that patients can continue to access GP services in the area. **It is important to note that no decision has been made at this stage and that this is a recommendation that is subject to Board decision later this summer following the conclusion of public and stakeholder engagement.**

As Solva Surgery is a Health Board Managed Practice, if the Board supported the proposal for a dispersal, the single combined Practice would be operated by the Health Board through a period of careful transition and may involve bringing together the staff from both Practices from November 2024. The new Practice would offer similar services as the Practices did before and would be large enough to be able to build a more diverse and specialist workforce to meet the needs of the population it would serve. It is hoped this single combined practice would ultimately return to being an Independent Contractor Practice in the future.

In the short and medium term, it is possible that the new combined practice would need to operate mainly from Solva Surgery because it is much larger and purpose-built, with sufficient internal space and parking. The potential to deliver some services from somewhere suitable in St David's is being considered.

While the vast majority of patients currently registered with St David's Surgery would be allocated to Solva Surgery in October as the next closest to their home address, the small number of patients living closer to Fishguard or Haverfordwest than to Solva may be transferred to another Practice which is closer to them than Solva Surgery (based on drive-time).

The decision on how to deliver services from November 2024 onwards will be taken by the Board later this summer. Ahead of this, the Health Board wants to understand how this recommendation to disperse the patient list may affect you.

Feedback is anonymous, please submit your views by 19 June 2024. All feedback will be collated and will form an important part of the consideration and decision-making by the Health Board on how services will be delivered from October onwards.

Please also complete the equality monitoring questionnaire, as this helps us to make sure that we are gathering the views from all parts of the community. Thank you

Please answer the questions below

1. Please let us know your full postcode eg. SA62 6SS



2. When was the last time you attended St David's Surgery?

- In the last month
- In the last six months
- In the last year
- More than a year ago

3. Thinking about the last time you went to the Surgery; how did you travel there?

- On foot
- By car
- By bus
- By taxi
- By bicycle
- Other (please state)

4. If you were transferred to another Practice, how would this affect you and the way you currently access services?

5. Under this proposal the vast majority of patients would transfer to Solva Surgery at the end of October as the next closest Practice to them. If you needed to access appointments and services at Solva Surgery how would this affect you?

6. What is most important to you about your GP Practice?

- Telephone access
- Appointment availability
- Seeing the same team
- Car parking
- Friendly staff
- Other (please state)

7. How easy or difficult do you find it to access care from other Primary Care providers in your area (community pharmacies, opticians, dentists). Please rate 1 – very difficult – 5 very easy.

	1 – very difficult	2	3	4	5 - very easy
Community Pharmacy					
Opticians					
Dentists					

8. Do you have any other comments or feedback?



Some information about you

The following questions are to ensure we take the views and needs of differing people into consideration and to further understand your responses to the questions we have asked. It is a legal requirement for us to ask these questions, but you are not obliged to answer any you do not wish to.

Age:

How old are you?

- | | | | |
|---------------|--------------------------|-------------------|--------------------------|
| 18 – 24 years | <input type="checkbox"/> | 65 – 74 years | <input type="checkbox"/> |
| 25 – 34 years | <input type="checkbox"/> | 75 and over | <input type="checkbox"/> |
| 35 – 44 years | <input type="checkbox"/> | Prefer not to say | <input type="checkbox"/> |
| 45 – 54 years | <input type="checkbox"/> | | |
| 55 – 64 years | <input type="checkbox"/> | | |

Gender Identity:

1. What best describes your gender? (Tick all that apply)

- Man
- Non-binary
- Woman
- I use another term
- Prefer not to say

2. Is this the same as the sex you were assigned at birth?

- Yes
- No
- Prefer not to say

Pregnancy and Maternity:

Are you currently pregnant or have you given birth within the last year?

- Yes
- No
- Not applicable
- Prefer not to say

Disability 1:

Section 6(1) of the Equality Act 2010 states that a person has a disability if:

- That person has a physical or mental impairment, and
- The impairment has a substantial and long-term adverse effect on that person's ability to carry out normal day-to-day activities.

Using this definition, do you consider yourself to be disabled?

- Yes
- No
- Prefer not to say

Disability 2:

Please can you tell us what your disability, long-term illness or health condition relates to?

- A long-standing illness or health condition (e.g. cancer, HIV, diabetes, chronic heart disease, epilepsy)
- A mental health difficulty (e.g. depression, schizophrenia, or anxiety disorder)
- A physical Impairment or mobility issues (e.g. difficulty using your arms or using a wheelchair or crutches)
- A social/communication impairment (e.g. a speech and language impairment or Asperger's syndrome / other autistic spectrum disorder)



- A specific learning difficulty (e.g. dyslexia, dyspraxia or AD(H)D)
- Blind or have a visual impairment uncorrected by glasses
- D/deaf or have a hearing impairment
- An impairment, health condition or learning difference that is not listed above
- Prefer not to say

Ethnic Group:

Which race or ethnicity best describes you?

- | | | | |
|----------------------------------|--------------------------|--|--------------------------|
| Arabic | <input type="checkbox"/> | Mixed Race: Asian & White | <input type="checkbox"/> |
| Asian/British Asian: Bangladeshi | <input type="checkbox"/> | Mixed Race: Black & Asian | <input type="checkbox"/> |
| Asian/British Asian: Chinese | <input type="checkbox"/> | Mixed Race: Other | <input type="checkbox"/> |
| Asian/British Asian: Indian | <input type="checkbox"/> | Traveller: Gypsy or Roma | <input type="checkbox"/> |
| Asian/British Asian: Pakistani | <input type="checkbox"/> | Traveller: Irish | <input type="checkbox"/> |
| Asian/British Asian: Other | <input type="checkbox"/> | White: British (English/Northern Irish/Scottish/Welsh) | <input type="checkbox"/> |
| Black/British Black: African | <input type="checkbox"/> | White: Irish | <input type="checkbox"/> |
| Black/British Black: Caribbean | <input type="checkbox"/> | White: European | <input type="checkbox"/> |
| Black/British Black: Other | <input type="checkbox"/> | Prefer not to say | <input type="checkbox"/> |
| Mixed Race: Black & White | <input type="checkbox"/> | Another race or ethnicity – please identify: | <input type="checkbox"/> |

Sexual Orientation:

Which of the following terms best describes your sexual orientation?

- | | | | |
|----------------------|--------------------------|--------------------------|--------------------------|
| Asexual | <input type="checkbox"/> | Heterosexual or Straight | <input type="checkbox"/> |
| Bisexual | <input type="checkbox"/> | Prefer not to say | <input type="checkbox"/> |
| Gay man | <input type="checkbox"/> | Other | <input type="checkbox"/> |
| Gay woman or lesbian | <input type="checkbox"/> | | |

Religion or Belief:

What do you consider your religion to be?

- | | | | | | |
|-----------|--------------------------|-------------|--------------------------|-------------------|--------------------------|
| Buddhist | <input type="checkbox"/> | Jewish | <input type="checkbox"/> | Sikh | <input type="checkbox"/> |
| Christian | <input type="checkbox"/> | Muslim | <input type="checkbox"/> | Other religion | <input type="checkbox"/> |
| Hindu | <input type="checkbox"/> | No religion | <input type="checkbox"/> | Prefer not to say | <input type="checkbox"/> |

Marriage / Civil Partnership:

Are you Married or in a Civil Partnership?

- | | | | |
|-----|--------------------------|-------------------|--------------------------|
| Yes | <input type="checkbox"/> | Prefer not to say | <input type="checkbox"/> |
| No | <input type="checkbox"/> | | |

Caring Responsibilities:

Do you provide unpaid care by looking after someone (a family member, friend or neighbour) who is older, disabled or seriously ill?

- Yes No Prefer not to say

If Yes, please tick any/all that apply:

- Primary Carer of a disabled child or children
- Primary Carer or assistant for a disabled adult or adults (aged 18+)
- Primary Carer or assistant for an older person/people (aged 65+)
- Secondary Carer (another person carries out main caring role)
- Prefer not to say

Household income:

Please tell us the total annual income of your household (before tax and deductions, but including any benefits and allowances)

Tick 1 box only:

- Below £10,000 £10,001 – £20,000 £20,001 – £30,000 £30,001 - £40,000 Over £40,001
- Prefer not to say

Language:

1. What is your main language spoken / used at home?

- English



Welsh
Prefer not to say
Other (Please state - including British Sign Language) _____

Thank you for completing this questionnaire.

Annwyl Glaf Meddygfa Tyddewi

Meddygfa Tyddewi – rhanwch eich barn fel claf

Fel y gwyddoch o'n llythyr blaenorol, mae Dr Riley ym Meddygfa Tyddewi wedi gwneud y penderfyniad anodd i ildio cytundeb Gwasanaethau Meddygol Cyffredinol sydd ganddo gyda'r Bwrdd Iechyd i weithredu'r Practis, o 31 Hydref 2024. **Dylai cleifion sydd wedi'u cofrestru â Meddygfa Tyddewi barhau i fod wedi'u cofrestru yn y Practis a dylent barhau i ddefnyddio gwasanaethau megis apwyntiadau a phresgripsiynau fel arfer. Bydd gofal yn parhau i gael ei ddarparu gan yr un tîm Practis tan ddiwedd mis Hydref 2024.**

Mae'r Bwrdd Iechyd yn ymgysylltu â rhanddeiliaid lleol i ddod o hyd i ateb cynaliadwy ar gyfer darpariaeth barhaus Gwasanaethau Meddygol Cyffredinol i gleifion sydd wedi'u cofrestru ar hyn o bryd ym Meddygfa Tyddewi. Fel rhan o'r gwaith hwn mae'r Bwrdd Iechyd am glywed eich barn fel claf ar yr hyn sy'n bwysig i chi am y gwasanaethau sydd eu hangen arnoch gan eich Practis Meddyg Teulu, a sut y gallai unrhyw newidiadau i'r ffordd y caiff gwasanaethau eu darparu ar ôl mis Hydref 2024 effeithio arnoch chi. Fe'ch gwahoddir i ddigwyddiad galw heibio ymgysylltu â'r cyhoedd:

Dyddiad **Dydd Gwener 14 Mehefin, 2pm – 7pm (galwch heibio unrhyw bryd)**
Lleoliad **Neuadd y Ddinas Tyddewi, Stryd Fawr, Tyddewi, SA62 6SD**

Fel arall, gallwch gysylltu â'r Bwrdd Iechyd i roi eich barn:

- Dros y ffôn i Hyb Cyfathrebu'r Bwrdd Iechyd ar 0300 303 8322 (opsiwn 5)
- Trwy e-bost i ask.hdd@wales.nhs.uk
- Trwy ysgrifennu atom a/neu lenwi'r holiadur amgaeedig a'i ollwng mewn blwch casglu ym Meddygfa Tyddewi neu Fferyllfa Tyddewi. Cwblhewch yr holiadur monitro cydraddoldeb amgaeedig hefyd, gan fod hyn yn ein helpu i sicrhau ein bod yn casglu safbwyntiau o bob rhan o'r gymuned. Mae'r holiadur yn ddiennw. Fel arall, gallwch ei bostio yn ôl atom drwy FREEPOST HYWEL DDA UNIVERSITY HEALTH BOARD
- Ar-lein drwy ein gwefan 'Dweud Eich Dweud' yn www.haveyoursay.hduhb.wales.nhs.uk, neu drwy sganio'r cod QR isod gyda chamera eich ffôn symudol.



Yn ogystal, gallwch roi eich barn yn ôl i Llais yn www.llaiswales.org

A fydddech cystal ag anfon eich adborth erbyn 19 Mehefin 2024. Bydd yr holl adborth yn cael ei goladu a bydd yn rhan bwysig o'r ystyriaeth a'r penderfyniadau a wneir gan y Bwrdd Iechyd ar sut y caiff gwasanaethau eu darparu o fis Mawrth ymlaen.

Mae'r Bwrdd Iechyd yn gwerthfawrogi'r gefnogaeth barhaus a roddir gan y gymuned i'r tîm ym Meddygfa Tyddewi yn ystod y cyfnod heriol hwn.

Yr eiddoch yn gywir

Rhian Bond Cyfarwyddwr Cynorthwyol Gofal Sylfaenol



Mae fformat print bras ar gael o Feddygfa Tyddewi a Fferyllfa Gymunedol Well

Meddygfa Tyddewi - dyfodol gwasanaethau i gleifion cofrestredig

Mae'r Bwrdd Iechyd yn gweithio gyda rhanddeiliaid i ddod o hyd i ateb ar gyfer sut y gellir parhau i ddarparu gwasanaethau i gleifion ar ôl mis Hydref 2024. Mae ymdrechion diweddar gan y Feddygfa i ddod o hyd i Feddyg Teulu partner arall i rannu'r cyfrifoldebau a'r llwyth gwaith a ysgwyddwyd gan Dr Riley wedi methu, a dyw dim Meddygfeydd Teulu annibynnol lleol heb ddangos diddordeb.

Gall Meddygfeydd Teulu bychain ag un meddyg gael brofi trafferthion gyda phwysau busnes a staffio sy'n golygu eu bod mewn perygl o ddod yn anghynnaladwy. Yn anffodus, terfynwyd contract Meddygfa Solfach a Meddygfa Tyddewi o fewn y deunaw mis diwethaf. Mae rhywfaint o ansicrwydd hefyd a fyddai adeilad Meddygfa Tyddewi ar gael i'w brydlesu unwaith y daw'r contract presennol i ben.

Mae gan y Bwrdd Iechyd gyfrifoldeb i sicrhau bod pob claf yn parhau i allu cyrchu Gwasanaethau Meddygol Cyffredinol. Mae'r Panel sy'n ystyried terfynu'r contract wedi argymhell gwasgaru'r rhestr cleifion, a hynny dan reolaeth, ddiwedd mis Hydref. Golyga hyn y byddai'r holl gleifion yn cael eu dyrannu i'r feddygfa agosaf atynt, ac ar gyfer y mwyaf helaeth o gleifion y feddygfa agosaf yw Meddygfa Solfach. Byddai hyn yn creu un Feddygfa a fyddai'n fwy o faint, yn fwy sefydlog ac yn gadarnach ar gyfer y dyfodol. Teimlai'r Panel mai dyma'r opsiwn mwyaf ymarferol i sicrhau bod cleifion yn gallu parhau i gyrchu gwasanaethau meddyg teulu yn yr ardal. **Mae'n bwysig nodi nad oes unrhyw benderfyniad wedi'i wneud ar hyn o bryd a bod hwn yn argymhelliad sy'n destun penderfyniad y Bwrdd yn ddiweddarach yr haf hwn yn Dilyn ymgysylltu â'r cyhoedd a rhanddeiliaid.**

Gan fod Meddygfa Solfach yn Feddygfa a Reolir gan y Bwrdd Iechyd, pe bai'r Bwrdd yn cefnogi'r cynnig i wasgaru, byddai'r Feddygfa gyfun yn cael ei gweithredu gan y Bwrdd Iechyd trwy gyfnod o drawsnewid gofalus a gallai olygu dod â staff y ddwy feddygfa ynghyd o fis Tachwedd 2024. Byddai'r Feddygfa newydd yn cynnig gwasanaethau tebyg i'r hyn oedd ar gael yn y ddwy feddygfa'n flaenorol a byddai'n ddigon mawr i allu adeiladu gweithlu mwy amrywiol ac arbenigol i ddiwallu anghenion y boblogaeth y byddai'n ei gwasanaethu. Y gobaith yw y bydd y Feddygfa gyfun hon yn y pen draw yn dychwelyd i fod yn Feddygfa Contractwr Annibynnol yn y dyfodol.

Yn y tymor byr a chanolig, mae'n bosibl y byddai angen i'r feddygfa gyfun newydd weithredu'n bennaf o Feddygfa Solfach oherwydd ei bod yn llawer mwy ac wedi'i adeiladu'n bwrpasol, gyda digon o le mewnol a pharcio. Mae'r potensial i ddarparu rhai gwasanaethau o rywle addas yn Nhyddewi yn cael ei ystyried.

Er y byddai'r mwyaf helaeth o gleifion sydd wedi'u cofrestru gyda Meddygfa Tyddewi ar hyn o bryd yn cael eu dyrannu i Feddygfa Solfach ym mis Hydref, mae'n bosibl y bydd y nifer fechan o gleifion sy'n byw'n nes at Abergwaun neu Hwlfordd nag i Solfach yn cael eu trosglwyddo i feddygfa arall sy'n nes atynt na Meddygfa Solfach (yn seiliedig ar amser gyrru).

Bydd y penderfyniad ar sut i ddarparu gwasanaethau o fis Tachwedd 2024 ymlaen yn cael ei wneud gan y Bwrdd yn ddiweddarach yr haf hwn. Cyn hyn, mae'r Bwrdd Iechyd am ddeall sut y gallai'r argymhelliad hwn i wasgaru'r rhestr cleifion effeithio arnoch chi.

Mae'r adborth yn ddiennw. Cyflwynwch eich barn erbyn 19 Mehefin 2024. Bydd yr holl adborth yn cael ei goladu a bydd yn rhan bwysig o'r ystyriaeth a'r penderfyniadau a wneir gan y Bwrdd Iechyd ar sut y caiff gwasanaethau eu darparu o fis Hydref ymlaen.

Llenwch yr holiadur monitro cydraddoldeb hefyd, gan fod hyn yn ein helpu i wneud yn siŵr ein bod yn casglu barn o bob rhan o'r gymuned. Diolch yn fawr.

Atebwch y cwestiynau isod.

9. Rhowch wybod i ni beth yw eich cod post llawn ee. SA62 6SS

10. Pryd oedd y tro diwethaf i chi fynychu Meddygfa Tyddewi?

- Yn ystod y mis diwethaf
- Yn ystod y chwe mis diwethaf
- Yn ystod y flwyddyn diwethaf
- Dros flwyddyn yn ôl

11. Gan feddwl am y tro diwethaf i chi fynd i'r Practis, sut wnaethoch chi deithio yno?

- Ar droed
- Car

- Bws
- Tacsi
- Beic
- Arall (nodwch)

12. Pe baech yn cael eich trosglwyddo i feddygfa arall, sut byddai hyn yn effeithio arnoch a'r ffordd yr ydych yn defnyddio gwasanaethau?

13. O dan y cynnig hwn, byddai mwyafrif helaeth y cleifion yn trosglwyddo i Feddygfa Solfach ar ddiwedd mis Hydref, gan mai dyma'r feddygfa agosaf atynt. Pe bai angen i chi gyrchu apwyntiadau a gwasanaethau ym Meddygfa Solfach, sut byddai hyn yn effeithio arnoch?

14. Beth sydd bwysicaf i chi am eich practis Meddyg Teulu?

- Mynediad dros y ffôn
- Argaeledd apwyntiadau
- Gweld yr un tîm
- Maes parcio
- Staff cyfeillgar
- Arall (nodwch)

15. Ydych chi'n ei chael hi'n hawdd cael mynediad at ofal gan ddarparwyr Gofal Sylfaenol eraill yn eich ardal (Fferyllfeydd Cymunedol, Optegwyr, Deintyddion)? Rhowch sgôr o 1 – anodd iawn – 5 hawdd iawn.

	1 – anodd iawn	2	3	4	5 – hawdd iawn
Fferyllfeydd Cymunedol					
Optegwyr					
Deintyddion					

16. A oes gennych unrhyw sylwadau neu adborth arall?

Peth gwybodaeth amdanoch chi

Diben y cwestiynau canlynol yw sicrhau ein bod yn ystyried barn ac anghenion gwahanol bobl ac i ddeall ymhellach eich ymatebion i'r cwestiynau a ofynnwyd gennym. Mae'n ofyniad cyfreithiol i ni ofyn y cwestiynau hyn, ond nid oes rheidrwydd arnoch i ateb unrhyw rai nad ydych yn dymuno eu hateb.

Oedran:



Beth yw eich oedran?

- | | | | |
|-------------|--------------------------|-----------------------|--------------------------|
| 18 – 24 oed | <input type="checkbox"/> | 65 – 74 oed | <input type="checkbox"/> |
| 25 – 34 oed | <input type="checkbox"/> | 75 oed neu'n hŷn | <input type="checkbox"/> |
| 35 – 44 oed | <input type="checkbox"/> | Gwell gennyf beidio â | <input type="checkbox"/> |
| 45 – 54 oed | <input type="checkbox"/> | dweud | |
| 55 – 64 oed | <input type="checkbox"/> | | |

Hunaniaeth Rhywedd:

3. Beth sy'n disgrifio'ch rhywedd orau? (Ticiwch bob un sy'n berthnasol)

- Dyn
- Anneuaidd
- Menyw
- Defnyddio term arall
- Gwell gennyf beidio â dweud

4. A yw hyn yr un fath â'r rhyw a neilltuwyd i chi adeg eich geni?

- Ydi
- Nad Ydi
- Gwell gennyf beidio â dweud

Beichiogrwydd a Mamolaeth:

A ydych yn feichiog ar hyn o bryd neu a ydych wedi rhoi genedigaeth yn ystod y flwyddyn ddiwethaf?

- Ydw
- Nac ydw
- Amherthnasol
- Gwell gennyf beidio â dweud

Anabledd 1:

Mae Adran 6(1) o Ddeddf Cydraddoldeb 2010 yn nodi bod gan berson anabledd os:

- (a) Mae gan y person hwnnw nam corfforol neu feddyliol, a
- (b) Mae'r nam yn cael effaith andwyol sylweddol a hirdymor ar allu'r person hwnnw i gyflawni gweithgareddau arferol o ddydd i ddydd.

Gan ddefnyddio'r diffiniad hwn, a ydych yn ystyried eich hun yn anabl?

- Ydw
- Nac ydw
- Gwell gennyf beidio â dweud

Anabledd 2:

A allwch chi ddweud wrthym beth mae eich anabledd, salwch hirdymor neu gyflwr iechyd yn gysylltiedig ag ef?

- Salwch neu gyflwr iechyd hirsefydlog (e.e. canser, HIV, diabetes, clefyd cronig y galon, epilepsi)
- Anhawster iechyd meddwl (e.e. iselder, sgitsoffrenia, neu anhwylder gorbryder)
- Nam corfforol neu broblemau symudedd (e.e. anhawster o ran defnyddio eich breichiau, neu rydych yn defnyddio cadair olwyn neu faglau)
- Nam cymdeithasol/cyfathrebu (e.e. amhariad lleferydd ac iaith neu syndrom Asperger/anhwylder arall ar y sbectrwm awtistig)
- Anhawster dysgu penodol (e.e. dyslecsia, dyspracsia neu AD(H)D)
- Yn ddall neu â nam ar y golwg heb ei gywiro gan sbectol
- Yn fyddar neu nam ar y clyw
- Nam, cyflwr iechyd neu wahaniaeth dysgu nad yw wedi'i restru uchod
- Gwell gennyf beidio â dweud

Grŵp Ethnig:

Pa hil neu ethnigrwydd sy'n eich disgrifio chi orau?

- | | | | |
|---|--------------------------|----------------------------|--------------------------|
| Arabaid | <input type="checkbox"/> | Hil Gymysg: Asiaidd a Gwyn | <input type="checkbox"/> |
| Asiaidd/Asiaidd Prydeinig: Bangladeshaidd | <input type="checkbox"/> | Hil Gymysg: Du ac Asiaidd | <input type="checkbox"/> |

Asiaidd/Asiaidd Prydeinig: Tsieinaidd	<input type="checkbox"/>	Hil Gymysg: Arall	<input type="checkbox"/>
Asiaidd/Asiaidd Prydeinig: Indiaidd	<input type="checkbox"/>	Teithiwr: Sipsi neu Roma	<input type="checkbox"/>
Asiaidd/Asiaidd Prydeinig: Pacistanaidd	<input type="checkbox"/>	Teithiwr: Gwyddel/Gwyddeles	<input type="checkbox"/>
Asiaidd/Asiaidd Prydeinig: Arall	<input type="checkbox"/>	Gwyn: Prydeinig (Prydeinig/Seisnig/Gogledd Iwerddon/Albanaidd/Cymreig)	<input type="checkbox"/>
Du/Du Prydeinig: Affricanaidd	<input type="checkbox"/>	Gwyn: Gwyddel/Gwyddeles	<input type="checkbox"/>
Du/Du Prydeinig: Caribïaidd	<input type="checkbox"/>	Gwyn: Ewropeaidd	<input type="checkbox"/>
Du/Du Prydeinig: Arall	<input type="checkbox"/>	Gwell gennyf beidio â dweud	<input type="checkbox"/>
Hil Gymysg: Du a Gwyn	<input type="checkbox"/>	Hil neu ethnigwydd arall – nodwch:	<input type="checkbox"/>

Cyfeiriadedd Rhywiol:

Pa un o'r termau canlynol sy'n disgrifio eich cyfeiriadedd rhywiol orau?

Anrhywiol	<input type="checkbox"/>	Heterorywiol neu syth	<input type="checkbox"/>
Deurywiol	<input type="checkbox"/>	Gwell gennyf beidio â dweud	<input type="checkbox"/>
Dyn hoyw	<input type="checkbox"/>	Arall	<input type="checkbox"/>
Menyw hoyw neu lesbiaidd	<input type="checkbox"/>		

Crefydd neu Gred:

Beth ydych chi'n ystyried yw eich crefydd?

Bwdhaidd	<input type="checkbox"/>	Iddewig	<input type="checkbox"/>	Sikh	<input type="checkbox"/>
Cristion	<input type="checkbox"/>	Mwslimaidd	<input type="checkbox"/>	Crefydd arall	<input type="checkbox"/>
Hindw	<input type="checkbox"/>	Dim crefydd	<input type="checkbox"/>	Gwell gennyf beidio â dweud	<input type="checkbox"/>

Priodas / Partneriaeth Sifil:

Ydych chi'n Briod neu mewn Partneriaeth Sifil?

Ydw	<input type="checkbox"/>	Gwell gennyf beidio â dweud	<input type="checkbox"/>
Nac ydw	<input type="checkbox"/>		

Cyfrifoldebau Gofalu:

Ydych chi'n darparu gofal di-dâl trwy ofalu am rywun (aelod o'r teulu, ffrind neu gymydog) sy'n hŷn, yn anabl neu'n ddifrifol wael?

Ydw Nac Ydw Gwell gennyf beidio â dweud

Os ydych, ticiwch unrhyw un/bob un sy'n berthnasol:

- Prif ofalwr plentyn neu blant anabl
- Prif ofalwr neu gynorthwydd ar gyfer oedolyn neu oedolion anabl (18+ oed)
- Prif ofalwr neu gynorthwydd ar gyfer person/pobl hŷn (65+ oed)
- Gofalwr eilaidd (person arall yn cyflawni'r brif rôl ofalu)
- Gwell gennyf beidio â dweud

Incwm y cartref:

Dywedwch wrthym beth yw cyfanswm incwm blynyddol eich cartref (cyn treth a didyniadau, ond gan gynnwys unrhyw fudd-daliadau a lwfansau)

Llai na £10,000 £10,001 – £20,000 £20,001 – £30,000 £30,001 - £40,000 Over £40,001

Gwell gennyf beidio â dweud

Iaith:

1. Beth yw eich prif iaith a siaredir / a ddefnyddir gartref?

Saesneg	<input type="checkbox"/>
Cymraeg	<input type="checkbox"/>
Gwell gennyf beidio â dweud	<input type="checkbox"/>
Arall (Nodwch – gan gynnwys iaith Arwyddion Prydain)	<input type="checkbox"/>

Diolch am lenwi'r holiadur hwn.