

## Gwasanaethau Fferylliaeth Cymunedol ger yr Eisteddfod

**Anhwylderau Cyffredin** – gall eich fferylllydd ddarparu cyngor a thriniaeth GIG cyfrinachol am ddim heb i chi orfod gwneud apwyntiad i weld eich meddyg teulu. Mae'r rhestr o anhwylderau cyffredin yn cynnwys: diffyg traul, rhwymedd, dolur rhydd, haemoroidau, clefyd y gwair, llau pen, torri dannedd, brech cewynnau, colig, brech yr ieir, llyngyr edau, dolur gwddf, tarwden y traed, heintiau llygaid, llid yr amrannau, intertrigo, wlserau ceg, dolur annwyd, acne, croen sych/dermatitis, llyngyr, ferwca, poen cefn, ewinedd traed sy'n tyfu i mewn, llindag y wain, llindag y geg a'r clefyd crafu.

**Dull atal cenhedlu brys (pilsen y bore wedyn)** - ar gael am ddim os bernir bod cyflenwad yn briodol ar ôl ymgynghori â fferylllydd achrededig.

**Brysbennu a Thrin** - gellir trin rhai anafiadau lefel isel e.e. briwiau/ clwyfau arwynebol, mân losgiadau, pigladau a thynnu fflewyn.

**Cyflenwad Meddyginiaeth Brys** – mae'r gwasanaeth hwn yn darparu ar gyfer cyflenwi meddyginiaeth sydd ei hangen ar frys i gleifion lle nad ydynt yn gallu cael presgripsiwn cyn bod angen iddynt gymryd eu dos nesaf.

**Gwasanaeth UTI Fferylliaeth Gymunedol** - Os ydych yn fenyw nad yw'n feichiog rhwng 16 a 64 oed a bod gennych symptomau UTI, fel poen llosgi wrth droethi, angen i droethi'n amlach neu wrin cymylog, gallech gael gwrthfotigau heb fod angen apwyntiad gyda'ch meddyg teulu.

**Cysylltwch â'r fferyllfa gymunedol cyn mynd i weld a oes fferylllydd achrededig ar gael ar gyfer y gwasanaethau hyn.**

I gael rhagor o wybodaeth am yr hyn y gall Fferylliaeth Gymunedol ei gynnig, sganwch y Cod QR.



## Community Pharmacy Services near the Eisteddfod

**Common Ailments** – your pharmacist can provide free confidential NHS advice and treatment without you having to make an appointment to see your GP. The list of common ailments includes: indigestion, constipation, diarrhoea, piles, hay fever, head lice, teething, nappy rash, colic, chicken pox, threadworms, sore throat, athlete's foot, eye infections, conjunctivitis, intertrigo, mouth ulcers, cold sores, acne, dry skin/dermatitis, ringworm, verruca, back pain, in-growing toenails, vaginal thrush, oral thrush and scabies.

**Emergency Contraceptive (morning after pill)** - is available free of charge if supply is deemed appropriate following a consultation with an accredited pharmacist.

**Triage + Treat** - certain low level injuries can be treated e.g. superficial cuts/wounds, minor burns, stings and the removal of splinters.

**Emergency Supply of Medication** – this service provides for the supply of urgently required medication to patients where they are unable to obtain a prescription before they need to take their next dose.

**Community Pharmacy UTI Service** - If you are a non-pregnant female aged 16 to 64 and have symptoms of a UTI, such as burning pain when urinating, needing to urinate more often or cloudy urine, you could receive antibiotics without the need for an appointment with your GP.

**Please contact the community pharmacy prior to attending to check an accredited pharmacist is available for these services.**

For more information on what Community Pharmacy can offer please scan the QR Code.



## Manylion cyswllt ac oriau agor fferyllfeydd lleol

### Local pharmacy contact details and opening times

				Anhwyliderau cyffredin Common ailments	Atal Cenhedlu Brys Emergency contraceptive	Cyflenwad brys Emergency supply	Brysennu a Thrin Triage and treat	Gwasanaeth UTI UTI service
Fferyllfa Tregaron Tregaron Pharmacy	Stryd y Capel, Tregaron, SY25 6HA	Llun ac Iau   Mon & Thurs 9:00-5:30; Maw a Gwe   Tues & Fri 9:00-5:00; Mer   Weds 9.00-6.30; Sad   Sat 9.00-12.00	01974 298265	✓	✓	✓		
Boots UK Ltd	5a Stryd y Bont, Aberaeron, SA46 0AP	Llun-Sad   Mon - Sat 9:00-5:30	01545 571231	✓	✓	✓		
Fferyllfa Lloyds Lloyds Pharmacy	2 Sgwâr Alban, Aberaeron, SA46 0AD	Llun-Gwe   Mon-Fri 9:00-6:00; Sad   Sat 9:00-5:30	01545 570324	✓	✓	✓	✓	✓
Boots UK Ltd	55-57 Ffordd y Môr, Aberystwyth, SY23 2AF	Llun-Gwe   Mon-Fri 9:00-6:00; Sad   Sat 9:00-5:30; Sul   Sun 10.00-4.00	01970 612292	✓	✓	✓		
Fferyllfa Lloyds Lloyds Pharmacy	Meddygfa Padarn, Ffordd Penglais, Aberystwyth, SY23 2NF	Llun-Gwe   Mon-Fri 8:30-6:00	01970 612694	✓	✓	✓		
Fferyllfa Morrisons Morrisons Pharmacy	Morrisons, Parc y Llyn, Aberystwyth, SY23 3TL	Llun-Gwe   Mon-Fri 8:30-8:00; Sad   Sat 8:30-7:00; Sul   Sun 10:00-4:00	01970 617108	✓	✓	✓	✓	
Fferyllfa Well Well Pharmacy	Meddygfa'r Llan, Stryd Portland, Aberystwyth, SY23 2DX	Llun-Gwe   Mon-Fri 9:00-6:00	01970 612587	✓	✓	✓		✓
Fferyllfa Adrian Thomas Adrian Thomas Pharmacy	3 Stryd Fawr, Llanbedr Pont Steffan, SA48 7BA	Llun-Gwe (ac eithrio dydd Mercher)   Mon-Fri (except Weds) 9:00-5:30; Mer   Weds 9:00-4:00; Sad   Sat 9:00-1:00	01570 422566	✓	✓	✓		✓
Boots UK Ltd	9a Sgwâr Harford, Llanbedr Pont Steffan, SA48 7DX	Llun-Gwe   Mon-Fri 9:30-5:30 Sad   Sat 9:00 - 5:00	01570 422568	✓	✓	✓		
Fferyllfa Lloyds Lloyds Pharmacy	Cwrt Taliesyn, Llanbedr Pont Steffan, SA48 7AA	Llun-Gwener   Mon-Fri 9:00-5:30; Sad   Sat 9:00-1:00	01570 422596	✓	✓	✓		

